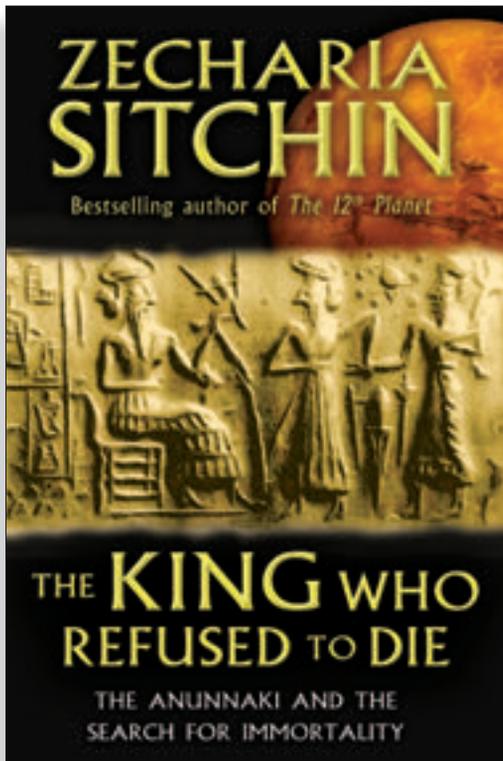




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Author  
Zecharia Sitchin

## The King Who Refused to Die

The Anunnaki and the Search for Immortality

ZECHARIA SITCHIN

Zecharia Sitchin's secret allegorical novel that brings to life the key concepts of his bestselling book *The 12th Planet*

- Reimagines the Epic of Gilgamesh in the context of Sitchin's discoveries
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Written in secret so as not to incite criticism about his controversial discoveries, this novel from the late Zecharia Sitchin brings to life the key themes of his bestseller *The 12th Planet*. The story begins in London as Astra arrives at the British Museum's opening for their new Gilgamesh exhibit. There she meets a handsome stranger who knows secrets about her that no stranger should know, including the source of the unusual scar on her hand. Taking her to his apartment, he reveals that she is descended from the goddess Ishtar and that he is the modern-day avatar of Gilgamesh seeking to claim the eternal life Ishtar denied him so long ago. Reenacting their sacred sex ritual from eons ago, they find themselves transported to ancient Sumer as Gilgamesh and Ishtar, where he is at last able to continue his quest for immortality.

But as Gilgamesh fulfills his sacred duties with Ishtar, something goes awry and the Oracle of Anu will not renew its blessing upon his kingship. Following the direction of his mother, the Anunnaki goddess Ninsun—the source of his partial divinity—Gilgamesh flees the city for the Anunnaki forbidden zone in search of a way to the planet Nibiru and eternal life. Travel alongside Gilgamesh and his immortal companion Enkidu as they escape the fate pronounced by the oracle, discover a Tablet of Destiny meant for Ishtar, fight off Marduk's raiders, and foil the plot of the high priest, Gilgamesh's half-brother who is seeking Gilgamesh's crown for himself.

Retelling the Epic of Gilgamesh in the context of his discoveries about the Anunnaki, Zecharia Sitchin weaves a tale of ancient ceremony, accidental betrayal, gods among men, interplanetary travel, and a quest for immortality spanning millennia.

One of the few scholars able to read and interpret ancient Sumerian and Akkadian clay tablets, Zecharia Sitchin (1920–2010) based his bestselling *The 12th Planet* on texts from the ancient civilizations of the Near East. Drawing both widespread interest and criticism, his controversial theories on the Anunnaki origins of humanity have been translated into more than 20 languages and featured on radio and television programs around the world.

### Also by Zecharia Sitchin



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# Contemporary Spirituality for an Evolving World

A Handbook for Conscious Evolution

NICOLYA CHRISTI

A practical guide to conscious evolution for personal, spiritual, and global transformation

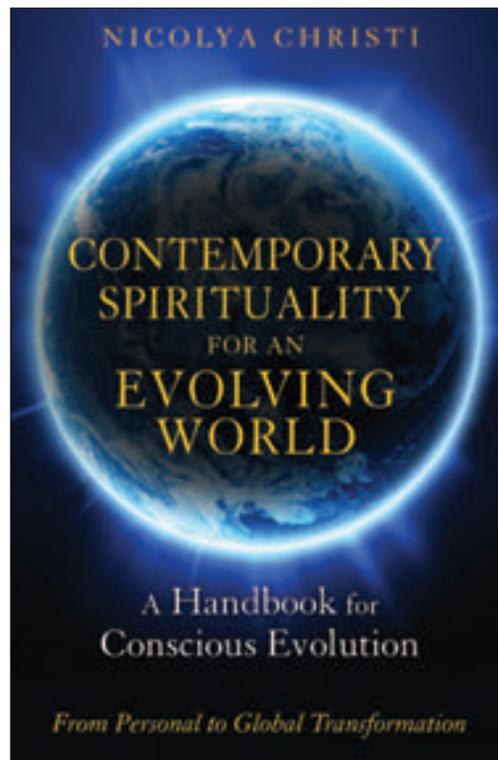
- Provides spiritual practices to manifest a meaningful connection between Self and God/Source/Creator and psychological exercises to heal the shadow self
- Offers an in-depth overview of religion and spirituality, both the old paradigm and the evolving new one
- Includes the first fully written account of the First Nations Peoples' oral wisdom teachings on the 7 Dark, 7 Light, and 7 Rainbow Arrows for evolving consciousness

We are living in an unprecedented time of change, a new epoch with a new consciousness. We have reached Zero Point in our personal and collective consciousness and are now in a phase of accelerated conscious evolution and manifestation of personal and collective vision. As the current political, economic, and social systems begin to collapse, people are instinctively and intuitively reevaluating their lives and asking what has real meaning and value and what brings them true peace and happiness. Humanity is now poised to establish a unified, co-creative new world that reflects the evolved consciousness of awakened hearts and minds, of collaboration, and of peace.

Presenting a guide for these auspicious times, Nicolya Christi offers psychological and spiritual tools to accelerate conscious and global evolution and initiate a New Consciousness for the post-December 21st, 2012, epoch. She gives an in-depth overview of religion and spirituality, both the old paradigm and the evolving new one, and explains how all trauma results from "empathic disconnection," which hinders our spiritual growth. She provides spiritual practices to manifest a meaningful connection between Self and God/Source/Creator as well as psychological exercises to heal and integrate the shadow self and dissolve psychological wounds. She offers the first fully written account of the First Nations Peoples' oral wisdom teachings on the 7 Dark, 7 Light, and 7 Rainbow Arrows for evolving consciousness. She also writes in depth about the evolution of relationship and aspiring to a higher love and sexuality.

Detailing several maps and models for conscious and global evolution, this handbook inspires each of us toward a consciously evolving spirituality and a true and authentic relationship with God/Source/Creator.

Nicolya Christi is an author, writer, visionary, and evolutionary guide. The founder of the New Consciousness Academy, cofounder of WorldShift International, and author of *2012: A Clarion Call*, she lives in Rennes-le-Chateau, southern France.



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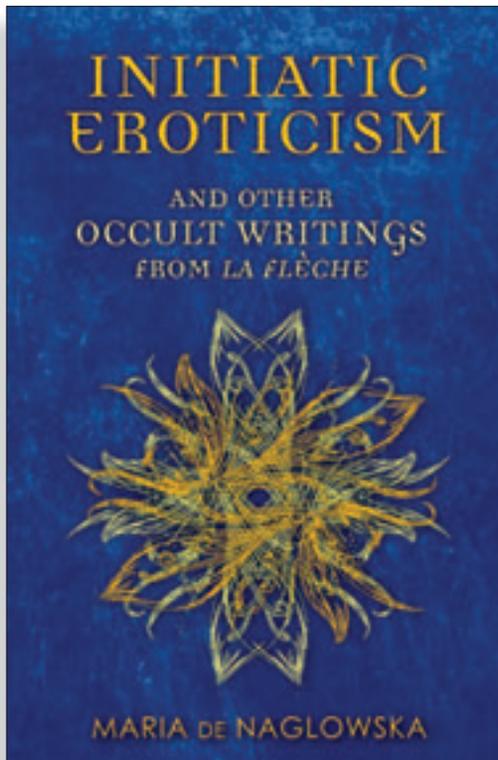
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## Initiatic Eroticism

and Other Occult Writings from *La Flèche*

MARIA de NAGLOWSKA

Translated from the original French with an Introduction and Notes by Donald Traxler

The first English translation of articles from Maria de Naglowska's newspaper, *La Flèche*

- Introduces Naglowska's advanced occult teachings on the Third Term of the Trinity and the spiritually transformative power of sex
- Includes two never-before-published essays by Julius Evola
- Contains the complete collection of articles from all 20 issues, from October 1930 to January 1935

From October 1930 to January 1935, Maria de Naglowska—Russian mystic, esoteric high priestess, and self-styled “Satanic Woman” of 1930s Paris—published 20 issues of her newspaper, *La Flèche*, which she sold on the streets of Montparnasse and by mail-order subscription. Bought by many now famous people, including André Breton and other Surrealists, the newspaper served as an introduction to Naglowska's revolutionary religious system called the Third Term of the Trinity, which considered the Holy Spirit of Christianity to be feminine and taught the importance of sex for the upliftment of humanity.

Available for the first time in English, this complete anthology of articles from all 20 issues of *La Flèche* includes an introduction and notes by translator Donald Traxler, who contextualizes Naglowska's life and teachings within the larger occult systems of the time, such as Julius Evola's Group of Ur. He explains how most of the articles were written by Naglowska herself, often under pseudonyms because of the controversial nature of her ideas. In addition to writings on sacred sexuality and religious philosophy, this collection includes essays on feminism and on other esoteric thinkers, such as René Guénon and Krishnamurti, as well as two never-before-published essays by Julius Evola on the magic of creation, the special power of symbols, and the march of progress and materialism.

Maria de Naglowska (1883–1936) was a Russian occultist, mystic, and founder of the Brotherhood of the Golden Arrow, whose conferences in Paris in the 1930s were attended by many now famous avant-garde and notorious writers and artists, such as Julius Evola, Man Ray, and André Breton. The author of *The Light of Sex*, she is also known for her translation of P. B. Randolph's *Magia Sexualis*, the classic occult text that has survived only through her translation. Donald Traxler is both a translator and student of the occult.

Also by Maria de Naglowska



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# Astrology and the Rising of Kundalini

The Transformative Power of Saturn, Chiron, and Uranus

BARBARA HAND CLOW

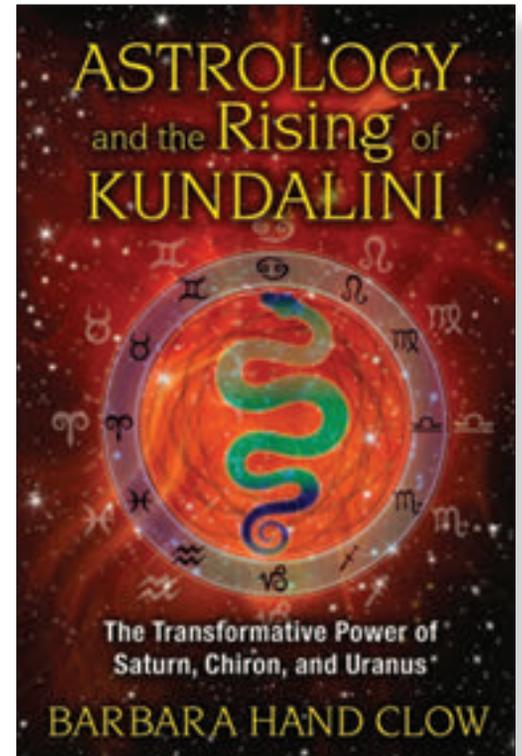
Revised and updated edition of the classic astrology text on predicting and navigating life crises

- Provides charts for the transits of Saturn, Uranus, and Chiron—now updated through 2050—to predict your personal growth cycles and timing of kundalini rising
- Shares tools to cope with the intensity of spiritual emergency and direct the kundalini energy released during planetary passages
- Includes a new preface by the author reflecting on 20 years of success stories since the book's initial publication
- No astrological chart needed to use this book

In this updated edition of *Liquid Light of Sex*, renowned astrologer and spiritual teacher Barbara Hand Clow explores the connection between life crises in your 30s, 40s, and 50s and the key astrological passages of Saturn, Uranus, and Chiron in your birth chart. She explains how kundalini energy, the “liquid light of sex” that lies at the base of the spine—is activated during these planetary transits, rising through the chakras and triggering the process of spiritual emergency, and in many cases, a cascade of health, emotional, and relationship problems as well as extreme anxiety. She shows that by understanding these astrological transits, you can be prepared for turbulent periods and successfully navigate them by creatively channeling the spiritual fire of kundalini.

Clow provides astrological charts—now updated through 2050 for those born between 1940 and 2000—detailing the cycles of Saturn, Uranus, and Chiron, so you do not need your birth chart to use this book. She explains how to use the charts to predict the onset and completion of each kundalini activation and corresponding crisis. She shares tools for individuals and therapists to cope with the intensity of spiritual emergency and too much fire energy, unblock the chakras, and integrate the power of kundalini for physical, emotional, and spiritual growth. Reflecting on 20 years of success stories since the book's initial publication, Clow presents a road map for using celestial cycles to navigate positively and productively in times of great life change.

Barbara Hand Clow is an internationally acclaimed ceremonial teacher, Mayan Calendar researcher, and the author of *The Mayan Code*, *The Pleiadian Agenda*, *Alchemy of Nine Dimensions*, and *Awakening the Planetary Mind*. A regular presenter at international conferences, she has taught at sacred sites throughout the world. She lives on an island near Vancouver, British Columbia.



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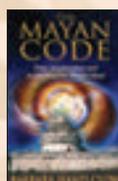


*Author*  
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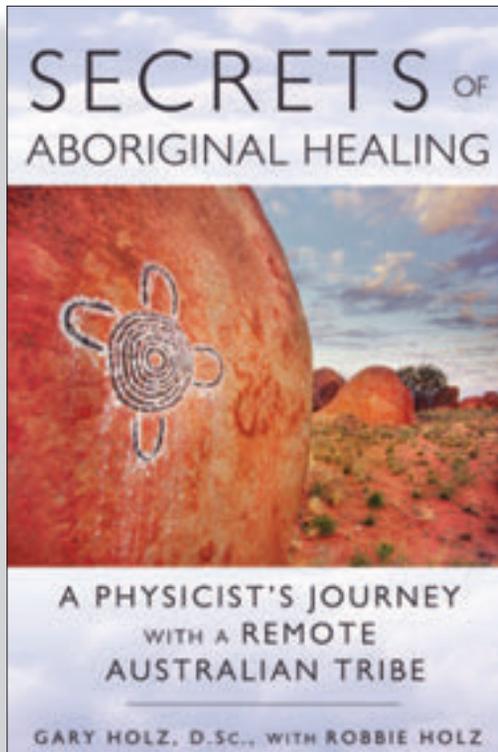
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## Secrets of Aboriginal Healing

A Physicist's Journey with a  
 Remote Australian Tribe

GARY HOLZ, D.Sc., with ROBBIE HOLZ

A guide to the 60,000-year-old healing system of the Aborigines revealed through one man's journey to overcome multiple sclerosis

- Written at the request of the Aboriginal people the author stayed with
- Explores the use of dreamtime, spirit guides, and telepathy to discover and reprogram the subconscious motivations, thought patterns, and beliefs behind illness
- Reveals how to tap in to healing support through the body/mind/spirit connection

In 1983 award-winning physicist Gary Holz was diagnosed with chronic progressive multiple sclerosis. By 1988 he was a quadriplegic. Then, in 1994, his doctors told him he had two years to live. Desperate and depressed, he followed a synchronistic suggestion and went to Australia to live with a remote Aboriginal tribe. Arriving in a wheelchair, alone, with almost no feeling left from the neck down, Holz embarked on a remarkable healing transformation of body, mind, and spirit and discovered his own gift for healing others.

Written at the request of the Aboriginal healers Holz worked with, this book reveals the beliefs and principles of the 60,000-year-old healing system of the Aborigines of Australia, the world's oldest continuous culture. Chronicling the step-by-step process that led to his miraculous recovery, he explains the role played by thought in the creation of health or disease and details the five essential steps in the Aboriginal healing process. He explores the use of dreamtime, spirit guides, and telepathy to discover and reprogram the subconscious motivations behind illness—a process that enacts healing at the cellular and the soul level, where the root of physical illness is found.

Supported by modern science, including quantum physics, Aboriginal medicine enables each of us to tap in to healing support through the power of the body/mind/spirit connection.

Gary Holz, D.Sc. (1950–2007), was an award-winning physicist and a psycho-neuro-immunologist. In 1994, confined to a wheelchair with multiple sclerosis, he went to Australia to stay with an Aboriginal tribe and experienced miraculous healing. Robbie Holz is a holistic health consultant dedicated to continuing the healing work of her late husband. She healed herself of hepatitis C and has also worked with Aboriginal healers in Australia. She lives near Seattle.

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# Revolt of the Rebel Angels

The Future of the Multiverse

TIMOTHY WYLLIE

A rebel angel's perspective on the Lucifer Rebellion 203,000 years ago and her insight into its past and future effects on consciousness

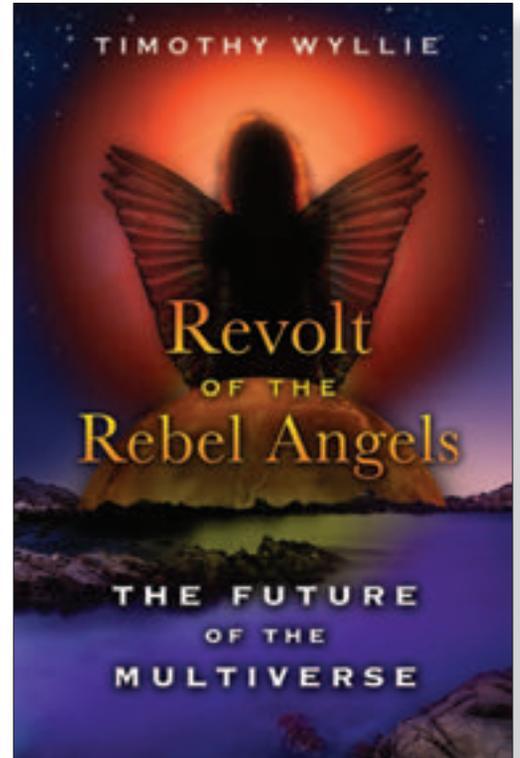
- Explores how the angelic revolt led to Earth's celestial quarantine for more than 200,000 years
- Draws parallels between the Process Church and the Lucifer Rebellion
- Describes the rise and fall of Lemuria in connection with the rebel angels
- Reveals how the 100 million angels currently incarnated in human bodies can help with Earth's return to the Multiverse and the coming transformation of consciousness

After 200 millennia of celestial quarantine in the wake of Lucifer's angelic revolt, Earth and the rebel angels isolated here are being welcomed back into the benevolent and caring Multiverse. With this redemption comes a massive transformation of consciousness and a reconnection to our cosmic destiny. But why did the angels revolt and how has that event shaped our planet's past and its future?

Writing through Timothy Wyllie, rebel angel Georgia shares insights from her half a million years stationed on Earth as a watcher and from her part in the angelic revolution. She reveals details of the Lucifer Rebellion, including the role played by Planetary Prince Caligastia and his team of angelic administrators—thought by some to be the Nephilim or Anunnaki of Sumerian myth—who followed Lucifer into the rebellion, ultimately leading to the quarantine of Earth and 36 other planets. Interweaving her story with events from Wyllie's life, Georgia draws parallels between Wyllie's involvement with the Process Church in the 1960s and the events of the angelic rebellion and celestial quarantine. She explores the rise and fall of the island civilization of Lemuria, or Mu, as well as Atlantis and the Maya.

Georgia reveals there are more than 100 million rebel angels currently granted mortal incarnation on Earth at all levels of society and in all countries—most of whom are still unaware of their angelic heritage. Now that we are free of Prince Caligastia's behind-the-scenes manipulations, the stage is set for the rebel angels to begin redeeming their past and help Earth realize its significance in the wondrous destiny of the Multiverse.

Timothy Wyllie is a writer, artist, and musician who began specializing in the study of nonhuman intelligences, such as angels and dolphins, after a near-death experience in 1973. The author of several books, including *Confessions of a Rebel Angel*, *The Return of the Rebel Angels*, *Ask Your Angels*, and *Love, Sex, Fear & Death*, he lives in the high desert of New Mexico.



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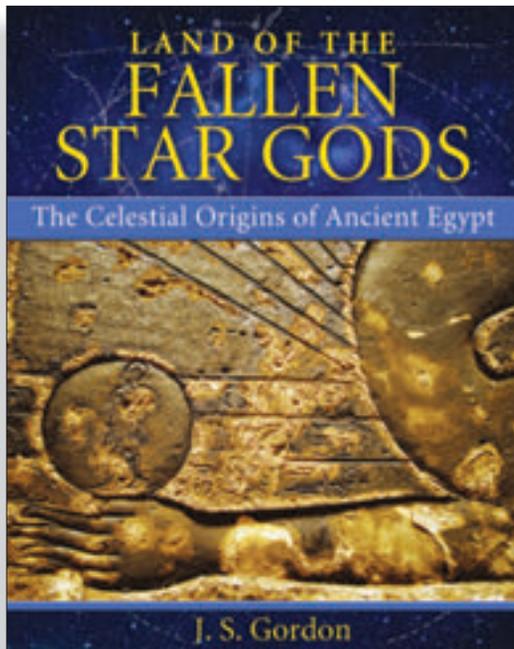
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# Land of the Fallen Star Gods

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J. S. GORDON

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Radically reinterpreting the time line of prehistory, J. S. Gordon shows that Egyptian civilization is 50,000 years older than acknowledged by Egyptology. He explores astrophysical, cosmological, geophysical, linguistic, and anthropological evidence to reveal forgotten civilizations hidden beneath the Mediterranean and along the coast of northwestern Africa. He explains how the “spontaneous” full-fledged appearance of Egyptian and Sumerian civilizations 5,000 years ago represents not the birth of civilization but the remnants of an immensely ancient and sophisticated worldwide culture ranging from Tibet and China to Atlantis and the vastly larger continent of which it once was part.

Examining the mystical traditions and initiatory rituals of the ancient Egyptians, Gordon shows that they were not a culture obsessed with death and tombs but one structured around cosmic knowledge, with an astronomical competence that modern science has yet to attain. He reveals their sophisticated understanding of the precession of the equinoxes and its inextricable connection to human evolution and divine purpose—an understanding that could only have arisen from many millennia of high-level observation. Illustrating in detail the sacred geometry of the Great Pyramid and the Giza site, Gordon explains how the coherence of Egyptian mystico-scientific concepts and their art, architecture, and engineering reveals a mission to achieve a “reflection of Heaven on Earth” through the careful location, orientation, and stellar alignment of their temples. He shows the Egyptian Mystery School and its scientific knowledge and universal spiritual philosophy to be a legacy left to the ancient Egyptians by the “fallen star gods,” divine celestial beings who came to Earth long ago and founded the original now forgotten culture—and who will return again with the turning of the Great Year.



Author  
J. S. Gordon

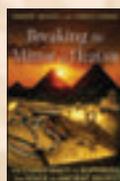
J. S. Gordon holds a master's degree in Western Esotericism from the University of Exeter and is a senior fellow of the Theosophical Society of England. He is the author of several books, including *The Path of Initiation*. He lives in Guildford, England.

## Also by J. S. Gordon



**The Path of Initiation**  
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# Lost Race of the Giants

The Mystery of Their Culture, Influence, and Decline throughout the World

PATRICK CHOUINARD  
Foreword by Paul Von Ward

An exploration of mythological and archaeological evidence for prehistoric giants

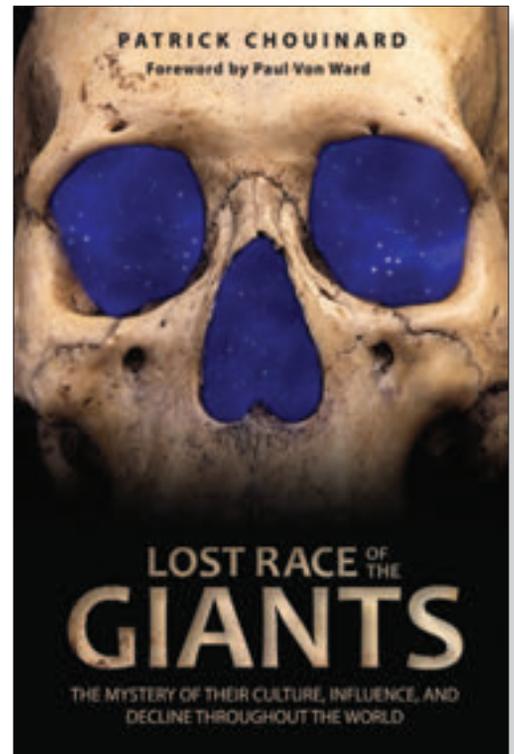
- Examines the many corresponding giant mythologies throughout the world, such as the Greek and Roman titans, Norse frost giants, and the biblical Nephilim
- Reveals recent finds of giant skeletons in the deserts of Saudi Arabia and India
- Explains how giants passed on their sophisticated culture and civilization to humanity before being wiped out in the great age of cataclysms and floods

Giants are a cornerstone of the myths, legends, and traditions of almost every culture on Earth. Stories of giants are often considered fantasies of the ancients or primitive attempts to explain natural phenomena, but archaeological discoveries of 10- and 12-foot skeletons—many of which have been suppressed—confirm the existence of a forgotten golden age of giants before recorded history.

Patrick Chouinard examines the staggering number of corresponding giant mythologies throughout the world, such as the Greek and Roman titans, Norse frost giants, the Hindu Daityas, the biblical Nephilim, the Celtic Formorach, the Sumerian Anunnaki, and the multitude of myths in which the sky or world is held aloft on the shoulders of a giant. He links these stories to Atlantis as well as other legends of prehistoric civilizations lost to cataclysm and great floods whose survivors spawned the rise of ancient civilizations. The author reveals how physical remains of giant-size peoples have been found on almost every continent, including recent finds in the deserts of Saudi Arabia, Afghanistan, and northern India as well as hundreds of excavations of giant mummies and skeletons across the United States, corresponding directly with Native American accounts of red-haired giants. He also examines reports from famous explorers such as Magellan, Sir Francis Drake, and Desoto of their encounters with giants on the North American continent.

Revealing how giants represent the true earthborn race, Chouinard explains how they engaged in open conflict with the extraterrestrial gods who created humanity for forced labor and how they passed their sophisticated culture and civilization on to humanity before being nearly wiped out in the great age of cataclysms.

Patrick Chouinard is a writer, freelance journalist, and former producer of Archaeology TV. The editor in chief of *The New Archaeology Review* and the author of *Forgotten Worlds*, he lives in North Largo, Florida.



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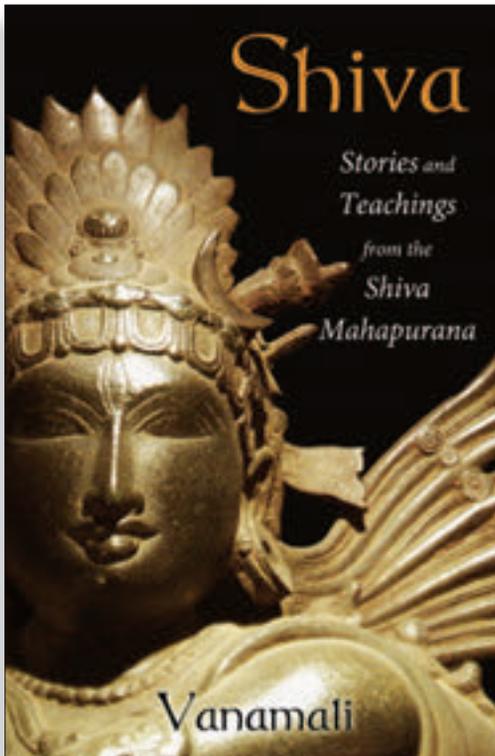
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- Explains Shiva's contradictory forms, such as destroyer or benefactor, and how his form depends on the needs of the devotee
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- Explores Shiva's relationships with Durga, Shakti, Sati, and Parvati and with his sons Ganesha and Kartikeya

Shiva, the most ancient and complex deity of the Hindu pantheon, has been portrayed in many contrasting lights: destroyer and benefactor, ascetic and householder, wild demon slayer and calm yogi atop Mount Kailash. Drawing from the Hindu sacred text the Shiva Mahapurana—said to be written by Shiva himself—Vanamali selects the essential stories of Shiva, both those from his dark wild side and those from his benevolent peaceful side.

Vanamali discusses Shiva's many avatars such as Shambunatha and Bhola, as well as Dakshinamurti who taught the shastras and tantras to the rishis. She explores Shiva's relationships with Durga, Shakti, Sati, and Parvati and with his sons Ganesha and Kartikeya. Examining Shiva's acceptance of outsiders, Vanamali explains why ghosts and ghouls are his attendants and why his greatest devotees are demon kings, like Ravana. She includes famous Shiva stories such as the Descent of the Ganges and the Churning of the Ocean as well as those that reveal the origin of the festival of lights, Diwali; his creation of the cosmic couple, or hierogamos; and how Shiva and Parvati taught the world the secrets of Kundalini Shakti. The author also draws upon Shaivite teachings to illustrate the differences between Western science and Vedic science and their explanations for the origins of consciousness.

Integrating Shiva's two sides, the fierce and the peaceful, Vanamali reveals that Shiva's form depends on the needs of the devotee. Understanding his teachings allows one to see through the illusions at the root of all grief and alienation in human life, for Shiva is the wielder of Maya who does not fall under its spell. While Ganesha is known as the remover of obstacles, Shiva is the remover of tears.

Mataji Devi Vanamali has written 7 books on the gods of the Hindu pantheon, including *Shakti*, *Hanuman*, and *The Complete Life of Krishna*, as well as translating the Bhagavad Gita. She is the founder and president of Vanamali Gita Yoga Ashram Trust, dedicated to sharing the wisdom of Sanatana Dharma and charitable service to children. She lives at the Vanamali ashram in Rishikesh, northern India.

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# The Council of Light

Divine Transmissions for Manifesting  
the Deepest Desires of the Soul

DANIELLE RAMA HOFFMAN

Galactic teachings and practices to raise your vibrational energy and  
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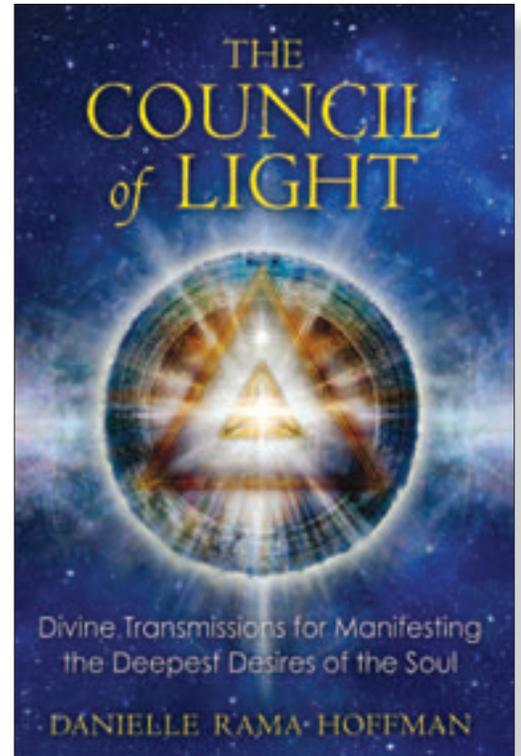
- Provides direct transmissions of spiritual technology from the Council of Light to activate the 11 Rays of Light
- Reveals that by shifting your consciousness and raising your inner vibration, you can change your daily life experience and manifest the life you want
- Includes guided journeys and exercises to manifest health, wealth, happiness, and purpose and to form a direct connection with the Council of Light

Through her advanced spiritual work with Thoth, Danielle Rama Hoffman was introduced to the Council of Light—an intergalactic group of thousands of light beings from across the Multiverse. Their purpose is to support individuals as they shift into Unity Consciousness and return to their natural state of joy. The Council transmitted the teachings in this book for those seeking to accelerate their journey toward health, wealth, happiness, and their soul’s deepest desires.

The Council’s teachings reveal that by shifting your consciousness and raising your inner vibration, you can change your daily life experience and manifest the life you want. These direct transmissions of spiritual technology from the Council include activations for the 11 Rays of Light, guided journeys and meditations, and written, spoken, energetic, and breathwork exercises to creatively turn your debt into wealth, transfigure your food into light for better health and well-being, enhance your abilities for interdimensional travel, and return to your natural inner state of joy. The Council explains how each Ray of Light has a specific vibration and application and can assist in removing any blocks to achieving your soul’s purpose. The Emerald Ray, for example, activates the signature energy of your authentic and full self, and the Venus Ray, the Ray of Opulence, supports alignment with abundance and prosperity.

Offering an opportunity to form a direct connection with the Council of Light, this book provides practical tools to move from a life of worry, debt, exhaustion, and isolation to one of joy, abundance, purpose, ease, and connectedness, with a team of Divine supporters to assist you along the way.

Danielle Rama Hoffman is an ancient wisdom keeper, divine transmitter, and a leader in the shift into Unity Consciousness. The author of *The Temples of Light* and the creator of Divine Birthright Activation and Thoth’s Magic Academy, she leads tours to Egypt and hosts Heaven on Earth retreats in southern France. She lives in Seattle.



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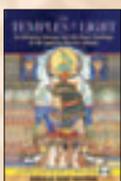
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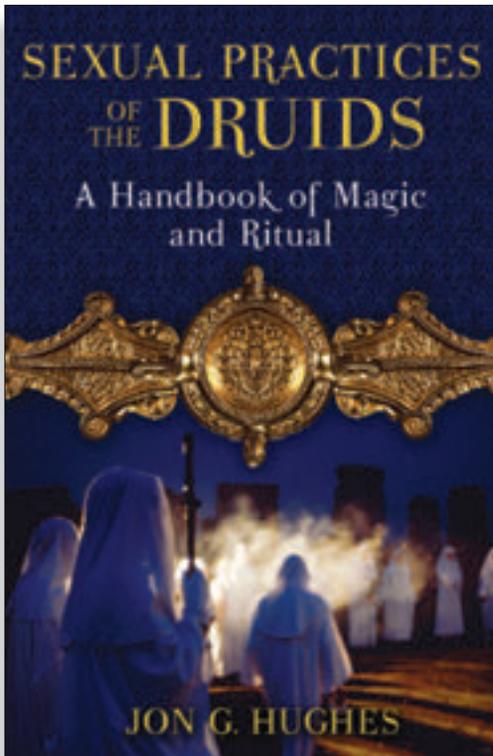
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JON G. HUGHES

A step-by-step guide to the ancient tradition of sex magic as practiced by generations of Celtic Druids

- Details a wide range of sex magic rituals that may be used by couples, groups, and solitary practitioners
- Explains how to channel, intensify, and project your sexual energy for magical purposes
- Provides instructions for crafting the necessary ritual tools, including wands, chalices, cauldrons, and attire, and for brewing the potions that accompany these rites

One of the Druid's most powerful tools, sex magic harnesses and projects the immense natural energy produced by orgasm to liberate your consciousness from everyday awareness and influence reality at will.

With more than 50 years in the Druidic tradition, Jon Hughes reveals the fundamentals of Celtic sex magic passed down secretly from generation to generation. He explains how to channel, intensify, and project your sexual energy for magical purposes and offers authentic instructions for a wide range of sex magic rituals that may be used by couples, groups, and solitary practitioners. In addition to the steps of preparation and closure for each ritual, he describes the workings of the 9 stages of the sex magic ritual—Awakening, Augmentation, Intensification, Quickening, Orgasm and Projection, Continuance, Relaxation, Scattering, and Gift.

Hughes provides detailed instructions for crafting and consecrating the necessary ritual tools, including wands, chalices, and cauldrons, and for brewing the potions that accompany these rites. He also explores the power of emotion and intention in these sacred rituals, providing a complete guide to this ancient path of empowerment and magic.

Jon G. Hughes is part of a lineage of Druids that has been practicing for five generations in a remote area of Wales. He is now teaching the tradition at his home in western Ireland and gives workshops and seminars throughout Europe under his Welsh name of Cynon. He is the director of the Irish Centre for Druidic Practices and the author of *Celtic Plant Magic*.

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# Carnal Alchemy

Sado-Magical Techniques for Pleasure, Pain, and Self-Transformation

STEPHEN E. FLOWERS, Ph.D., and CRYSTAL DAWN FLOWERS

BDSM sexuality as a powerful tool for self-transformation and the realization of magical and spiritual aims

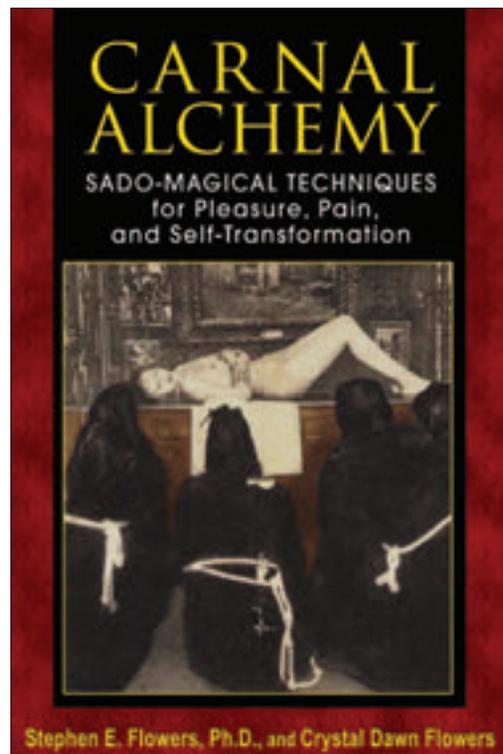
- Details how to combine the 6 major types of S&M stimulation with sexual stimulation for magical and transformative purposes
- Explores sado-magical workings from both submissive and dominant perspectives
- Traces the roots of the BDSM tradition from ancient pagan and shamanic rituals to historical figures such as the Marquis de Sade, Aleister Crowley, and Anton LaVey

Sex magic allows us to tap in to the most abundant power source available: sexual energy. Magicians, shamans, and fakirs throughout history have used physical stimulation and ritual to harness sexual energy, unlock inner states of consciousness, and activate the ability to influence their surroundings. While pleasure is often the focus of this stimulation, pain is just as effective, if not more so.

Combining both pleasure and pain, the sadomasochistic practice of Carnal Alchemy offers a powerful tool for self-transformation and the realization of magical and spiritual aims. Authors Stephen and Crystal Dawn Flowers explain the sado-magical workings of Carnal Alchemy from both the perspective of the submissive partner as well as the dominant. They detail the 6 major techniques of sadomasochistic stimulation—bondage, flagellation, piercing, penetration, clamping, and heat/cold—and how they can be combined with sexual stimulation for magical purposes. They trace the roots of the BDSM tradition in ancient pagan rites of passage, in indigenous shamanic rituals, and through historical figures who used this form of sexuality in their magic and philosophy, from the Marquis de Sade to more modern exemplars such as Aleister Crowley, Ernst Schertel, and Anton LaVey.

This guide also covers specialized furniture and tools and the decor of “the Chamber” to trigger states of consciousness in which the Sado-Magician can effectively express his or her will.

Stephen E. Flowers, Ph.D., and Crystal Dawn Flowers, husband and wife of more than 30 years, are the former heads of the Order of the Triskelion, a magical order dedicated to the practice of Carnal Alchemy. Stephen is the author of several books, including *Lords of the Left-Hand Path*, and translator of *Secret Practices of the Sufi Freemasons*. He is the director of the Woodharrow Institute for Germanic and Runic Studies. The authors live near Austin, Texas.



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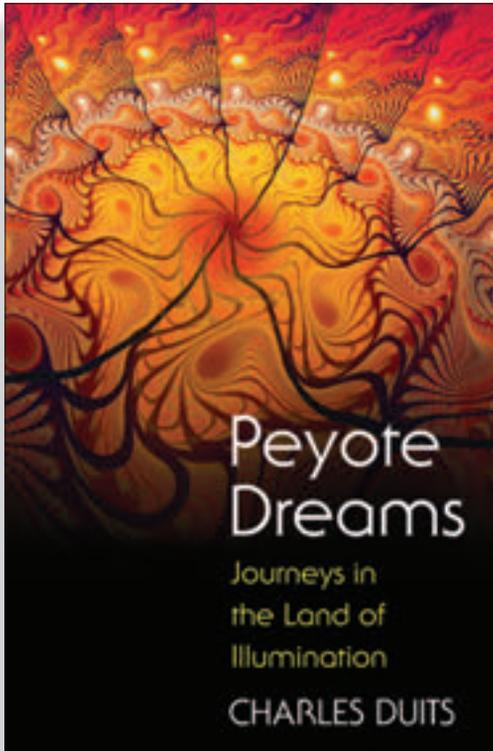
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# Peyote Dreams

Journeys in the Land of Illumination

CHARLES DUITS

A detailed account of the transformation of consciousness and discovery of life's purpose brought on by peyote

- Shows how peyote and other visionary plants do not distort reality but gloriously unveil it, pulling the mind out of its cosmic slumber and revealing our unity with all life
- Explains the necessity when working with peyote to remain the master of one's mind and consciously work on oneself
- Examines how modern society's revulsion to sacramental plants and other consciousness expanders is deeply rooted in Western philosophy

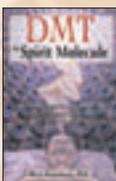
Charles Duits was caught in the grip of a dead-end existential and spiritual crisis. At the urging of one of his oldest friends, he takes peyote “like a man committing suicide,” launching him on a visionary journey of philosophical examination and spiritual revelation.

In this little-known classic of drug literature, we find a detailed account of the radical alteration of consciousness and discovery of life's purpose brought on by the Mexican cactus known as peyote. Consuming peyote more than 200 times, Duits lucidly describes the transformation of reality he experienced as well as the necessity to consciously work on oneself and remain the master of one's mind in order to avoid getting carried away by hallucinations. The author examines how modern society's revulsion to sacramental plants and other consciousness expanders is deeply rooted in Western philosophy's embrace of reason and materialism at the expense of inner knowledge. He explains how sacramental plants do not distort reality as many fearfully believe but gloriously unveil it, pulling the mind out of its cosmic slumber and revealing a world that is finally real and full of meaning.

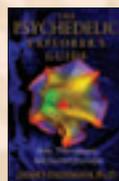
Poetic yet precise, Duits's descriptions of his peyote experiences offer a glimpse in to the beautiful divine reality of which we are all a part, yet over which the structures of society cast a veil. This guide to “sailing the inner sea” reveals that the answers to the meaning of life lie not in material pursuits but in experiencing the richness and unity of the world in front of us.

Charles Duits (1925–1991) was a French writer and surrealist known for his heroic fantasy saga novels *Ptah Hotep* and *Nefer*. He began his writing and philosophy work at the age of 17, after sending some of his poems to André Breton who then invited him to participate in the experiments of his surrealist group. He frequently met with Anaïs Nin, who speaks of him in her *Journal*. A student of Gurdjieff's Fourth Way and Zen Buddhism, he was the author of 11 books and novels in French.

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# Chi Kung for Prostate Health and Sexual Vigor

A Handbook of Simple Exercises and Techniques

MANTAK CHIA and WILLIAM U. WEI

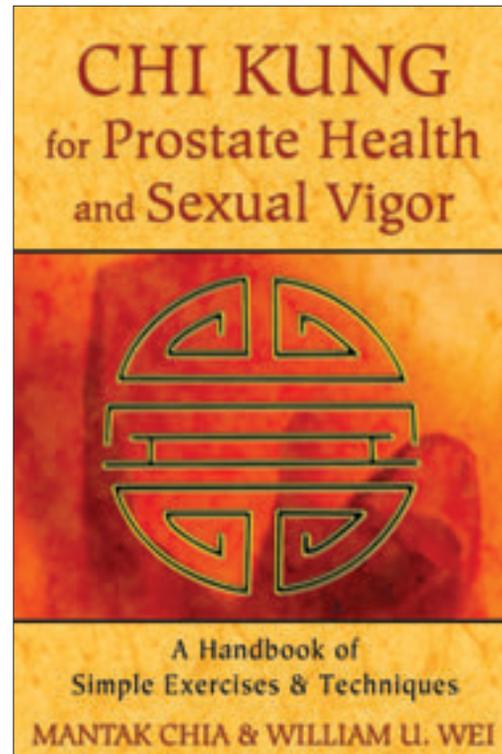
A guide to restoring men's sexual health and function to maintain a flourishing sex life well into old age

- Includes fully illustrated instructions for exercises to clear energetic blockages of the male reproduction organs, restore function, reduce prostate enlargement, and prevent prostate gland cancer
- Presents a routine of exercises to be practiced daily as well as guidance on supporting your practice with nutritional and herbal supplements
- Explains how these techniques can forestall the need for surgery in early stages of prostate disease

Age need not be a death sentence for men's sexual health and vitality. Taoist Master Mantak Chia and William U. Wei explain how to use the energetic and physical practice of Chi Kung to not only maintain a flourishing sex life well into old age but also reduce prostate enlargement and prevent prostate gland cancer.

With fully illustrated step-by-step instructions, the authors provide exercises and techniques to open the energetic pathways connected to the male reproductive organs and clear the energy blockages that lead to sexual dysfunction and illness. They explain how to perform sexual energy and prostate gland massages and detail stretching exercises and the practice of chi weight lifting—attaching weights to the penis and scrotum to enhance sexual vigor. They explain that while these techniques are primarily preventive, they can also act to regenerate and restore function, forestalling the need for surgery in early stages of prostate disease. The authors present a routine of exercises to be practiced daily as well as guidance on supporting your practice with nutritional and herbal supplements.

Mantak Chia, world-famous Inner Alchemy and Chi Kung master, founded the Universal Healing Tao System in 1979 and has taught and certified tens of thousands of students and instructors all over the world. The director of the Tao Garden Health Spa and Resort in northern Thailand, he is the author of 50 books, including *Sexual Reflexology* and the bestselling *The Multi-Orgasmic Man*. William U. Wei is a senior instructor of the Universal Healing Tao and has taught with Master Chia in more than 30 countries. He lives on a Taoist Sacred Meditation Mountain in southern Oregon.



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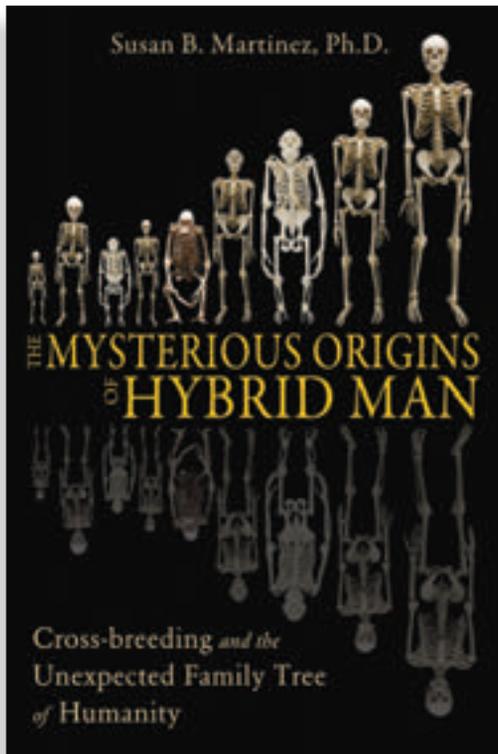
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SUSAN B. MARTINEZ, Ph.D.

**A provocative challenge to Darwin's theory of evolution**

- Shows there is no missing link because the human race, since day one, is the result of outright interbreeding among highly diverse types
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- Explains *Homo sapiens'* mental powers (the Great Leap Forward) and how we acquired the "blood of the gods," which endowed us with a soul

Did we evolve from apes, or are we all descendants of Adam and Eve? Why is the "missing link" still missing? Is the dumb luck of natural selection valid?

Piecing together the protohistory of humanity through anthropology, genetics, paleolinguistics, and indigenous traditions, Susan B. Martinez offers an entirely original alternative to Darwin's evolution: Modern humanity did not evolve but is a mosaic of mixed ancestry, the result of eons of cross-breeding and retro-breeding among different groups, including Cro-Magnon, Neanderthal, hobbits, giants, and Africa's "Lucy" and "Zinj." Martinez shows that there were multiple "Gardens of Eden" and how each continent had its own blend of races prior to the Great Flood, which caused the diaspora that brought a renaissance of culture to every division of the Earth.

Martinez explains *Homo sapiens'* mental powers (the Great Leap Forward) in cosmological terms—how we are the product of both heaven and earth. She identifies the "Sons of Heaven" and the angel-engendered races, explaining how *Homo sapiens* acquired the "blood of the gods," which endowed us with a soul. Providing the ultimate resolution to the Evolution versus Creationism debate, this landmark study of hybrid man justifies his unexpectedly sudden appearance in the fossil record, the curious parallels between oral histories of the world's people, and why anatomically modern features are found in the earliest paleontological evidence.

Susan B. Martinez, Ph.D., earned her doctorate in anthropology at Columbia University, where she also served as lecturer in ethnolinguistics. She is the book review editor at the Academy of Spiritual and Consciousness Studies and the author of *The Psychic Life of Abraham Lincoln*, *The Hidden Prophet*, *Time of the Quickening*, and *The Lost History of the Little People*. A contributor to *Forbidden Science* and *Darklore*, her work also appears in *Atlantis Rising*, *FATE*, and *New Dawn* magazines. She lives in Clayton, Georgia.

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# Aliens in Ancient Egypt

## The Brotherhood of the Serpent and the Secrets of the Nile Civilization

XAVIANT HAZE

### The alien influences behind the rise and fall of Egypt's Golden Age

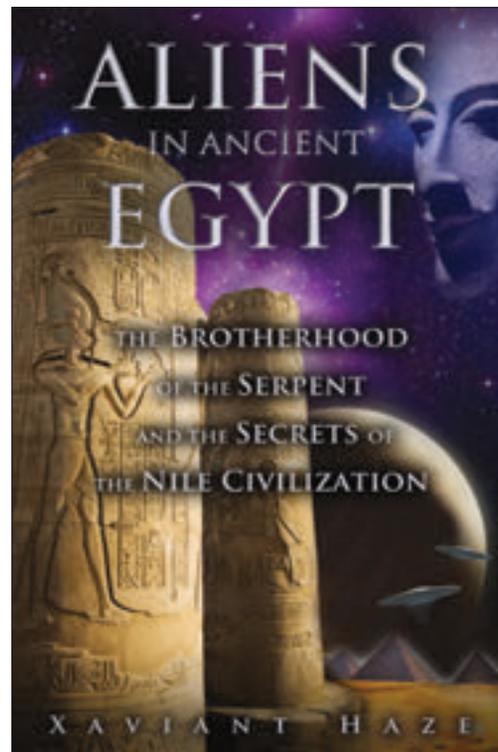
- Explains how Akhenaten was the last pharaoh entrusted with the sacred and ancient alien knowledge of stargates, free energy, and antigravity technologies
- Reveals how the Brotherhood of the Snake, a secret society of reptilian aliens, sought to destroy Akhenaten and suppress the sacred knowledge of the pharaohs
- Explores the original purpose of the pyramids—to transmit energy to expand consciousness—and how they were decommissioned after the Great Flood

The sophisticated civilization of ancient Egypt arose seemingly overnight, complete with advanced levels of art, agriculture, astronomy, and physics. Then, with the death of Pharaoh Akhenaten, much of this higher knowledge was lost—or suppressed. But evidence of this former Golden Age, the alien visitors behind its rise, and those behind its decline still exists—some of it in plain sight.

Examining the purposefully obscured reign of Akhenaten and Nefertiti, Xaviant Haze explains how they represent the last dynasty with access to the sacred knowledge of stargates, free energy, and antigravity technologies, knowledge handed down from an advanced interstellar race in the remote past. He reveals how the reptilian race known as the Shemsu Hor infiltrated the Egyptian priesthood and banking systems and formed the Brotherhood of the Snake—a secret society set on destroying Akhenaten's flourishing kingdom and suppressing the sacred knowledge of the pharaohs.

Haze examines the evidence of aliens in ancient Egypt, such as the reptilian beings depicted in the Temple of Hathor, Thutmose III's alien encounter, and the spaceship hidden at Abydos. He shows how Akhenaten and his family are always portrayed with elongated skulls and explores the connection between ancient aliens and Mars, including the Martian materials used in Egyptian monuments. He explains the original purpose of the pyramids—to transmit uplifting energy throughout the planet to help expand consciousness—and explores how they were decommissioned after the Great Flood of prehistory. He reveals how the original builders of the pyramids foresaw humanity's fall from the Golden Age and strategically encoded these magnificent structures to wake humanity from the depths of the Dark Ages.

Xaviant Haze is a freelance researcher of ancient manuscripts and alternative history, exploring and documenting his findings on lost cities and the myths of the pre-diluvian world. The coauthor of *The Suppressed History of America*, he lives in Tacoma, Washington.



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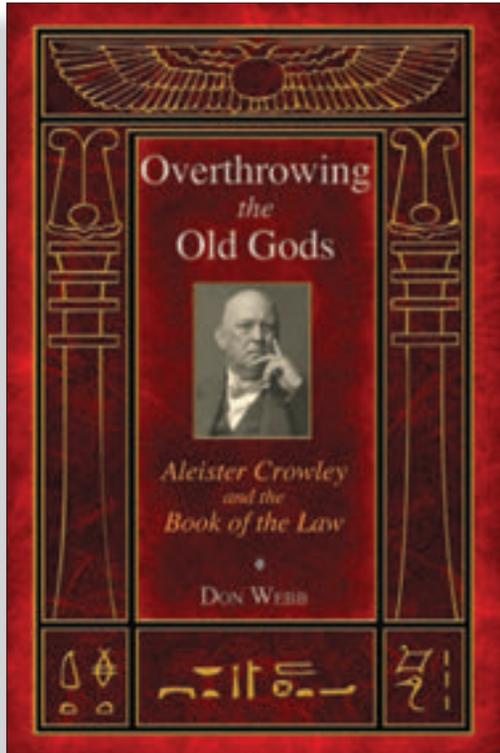
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# Overthrowing the Old Gods

Aleister Crowley and the Book of the Law

DON WEBB

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- Includes commentary on the *Book of the Law* by Dr. Michael A. Aquino, who served as High Priest of the Temple of Set from 1975 to 1996

Received by Aleister Crowley in April 1904 in Cairo, Egypt, the *Book of the Law* is the most provocative record of magical working in several hundred years, affecting not only organizations directly associated with Crowley such as the Ordo Templi Orientis but also modern Wicca, Chaos Magic, and the Temple of Set.

Boldly defying Crowley's warning not to comment on the *Book of the Law*, Ipsissimus Don Webb provides in-depth interpretation from both Black and White Magical perspectives, including commentary from Dr. Michael A. Aquino, who served as High Priest of the Temple of Set from 1975 to 1996. Webb examines each line of the *Book* in the light of modern psychology, Egyptology, existentialism, and competing occult systems such as the teachings of G. I. Gurdjieff and contemporary Left-Hand Path thought. Discarding the common image of Crowley formulated in a spiritually unsophisticated time when the devotee of the Left-Hand Path was dismissed as a selfish evil doer, Webb unveils a new side of Crowley based on his adoption of the Loki archetype and his aim to become a vessel of love for all humanity. In so doing, he shows how the *Book of the Law* is connected to both Right- and Left-Hand Paths and reveals how Crowley's magical path of mastery over the self and Cosmos overthrew the gods of old religion, which had kept humanity asleep to dream the nightmare of history.

Providing in-depth analysis of Crowley's sources and his self-identification with the First Beast of Revelations from a profound esoteric perspective, Webb takes his views out of the Golden Dawn matrix within which he received the *Book of the Law* and radically recasts the Cairo Working as a text of personal sovereignty and a relevant tool for personal transformation.

Ipsissimus Don Webb joined the Temple of Set in 1989 and became its High Priest in 1996. He has written and lectured on Left-Hand Path topics and the occult practices of Late Antiquity since 1995. He lives in Austin, Texas.

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# The Zero Point Agreement

How to Be Who You Already Are

JULIE TALLARD JOHNSON

A practical guide to stop searching for meaning by creating meaning from within

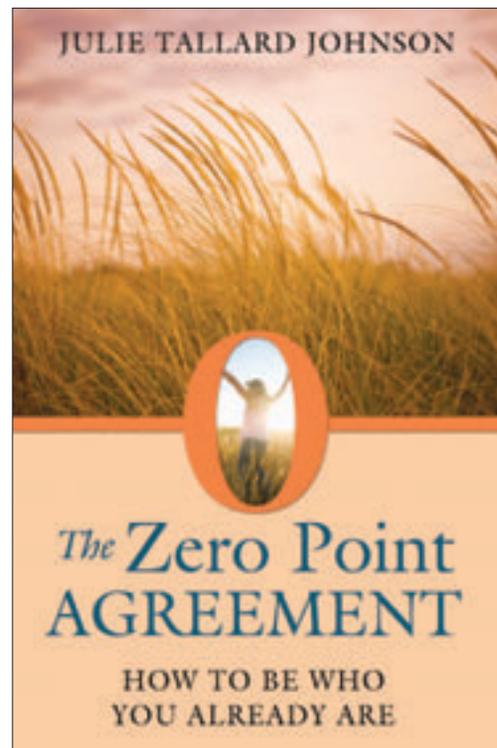
- Explains how we can only discover who we are by naming what we want to be and taking steps to make it a reality
- Offers simple evidence-based methods to generate enthusiasm, creativity, and direct spiritual experience and to co-create with the natural world as our ancestors did
- Presents 11 core principles for living life from within, such as how to take full responsibility for motivation and effort, express gratitude, and focus your intention

Everyone wants to experience purpose and inspiration in their lives, but the search for meaning often leaves a seeker in the hands of fate. Offering a different approach to self-discovery, one where we create our meaning from within rather than seek it from the outside world, Julie Tallard Johnson shows there is a science behind personal spiritual experiences and creativity. She reveals simple evidence-based methods that can be applied to any situation to generate enthusiasm, inspiration, and direct spiritual experience and transform the inner and outer landscapes of your life.

Drawing from the Heart Sutra, the I Ching, indigenous wisdom, and the teachings of the Dalai Lama, Joseph Campbell, and the Kadampa master Atisha, Johnson outlines a practice centered on what she calls the Zero Point Agreement—the realization that *you* are the zero point of your life, that life's purpose comes from within. She explains how to discover who you truly are by naming what you want to be and taking steps to make it a reality. Providing 11 core principles for the Zero Point Agreement as well as thought exercises, meditations, and journaling practices, Johnson shows how to break free from negative habitual states, liberate yourself from your attachment to the behaviors of others, take full responsibility for motivation and effort, express gratitude, focus your intention, and learn to co-create with the natural world. She also explores how to transform repressed material and how to apply the Zero Point Agreement to heal both personal and global relationships.

Revealing how we can tap in to the creative, creational power that lies within and around each of us, Johnson offers a spiritual technology for self-illumination, creative restructuring of your life, and manifestation of your life's purpose.

Julie Tallard Johnson is a transpersonal counselor, licensed clinical social worker, and creative writing consultant. She has been studying the scientific basis of thought transformation, inspiration, and creativity for 35 years. She is the author of several books, including *Wheel of Initiation* and *Spiritual Journaling*. She lives in Wisconsin.



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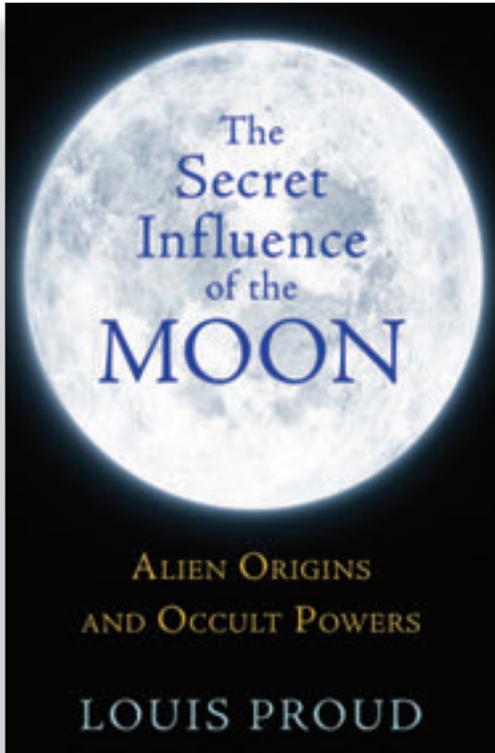
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# The Secret Influence of the Moon

Alien Origins and Occult Powers

LOUIS PROUD

The Moon is not a cold, dead rock but a rich, fascinating world just as alive as Earth

- Investigates the Moon as the home of an alien intelligence who controls humanity
- Examines several of NASA's Apollo missions and the findings they concealed
- Reveals the many holes in the "Giant Impact" theory about the Moon's origins and the evidence for a hollow, artificial Moon
- Explores the deep influence of the Moon on the collective mind of humanity and occult teachings about the Moon from the Qabalah, tarot, and other sources

Despite being the most prominent celestial body after the Sun, the Moon has many qualities that science has yet to explain. Lunar rock samples reveal the Moon once had a magnetic field like the Earth, and seismic experiments by NASA suggest the Moon is at least partially hollow. For centuries people have observed lights, moving clouds and shadows, and even the disappearance of entire craters via telescope. Apollo astronauts repeatedly felt the presence of a "non-human intelligence" during their Moon visits, and many indigenous traditions speak of malevolent visitors from the Moon. A growing body of astrophysical and geological evidence shows the Moon is not an entirely natural world—that someone or something altered it long ago.

Louis Proud explores the phases and movements of the Moon along with its ancient and mysterious features—its craters, maria, rilles, tunnels, and domes. He examines several of NASA's Apollo missions, showing not that NASA faked the Moon expeditions but that they concealed what the astronauts found there. He explains the many holes in the commonly accepted "Giant Impact" theory of the Moon's origins and reveals the evidence for a hollow, artificial Moon placed in orbit eons ago to observe Earth. Examining the deep influence of the Moon on the collective mind of humanity, Proud looks at what the Qabalah, the tarot, and other occult traditions say about the Moon and interprets G. I. Gurdjieff's teachings that "we are food for the Moon." He investigates the Moon as a gateway to another realm, as the Purgatory of Christianity, and as the home of an alien intelligence who controls and exploits humanity.

Examining the Moon from both scientific and esoteric perspectives, Proud shows the Moon is not a cold, dead rock but a rich, fascinating world just as alive as Earth.

Louis Proud is a writer and researcher specializing in paranormal and occult phenomena. His work has appeared in *Fate*, *New Dawn*, *Paranormal*, and *Nexus* magazines. The author of *Dark Intrusions*, he lives in Melbourne, Australia.

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# The Three Ages of Atlantis

The Great Floods That Destroyed Civilization

DIEGO MARIN, Ph.D., IVAN MINELLA, and ERIK SCHIEVENIN

Scientific and anthropological evidence for multiple Atlantean empires and the global catastrophes that destroyed them

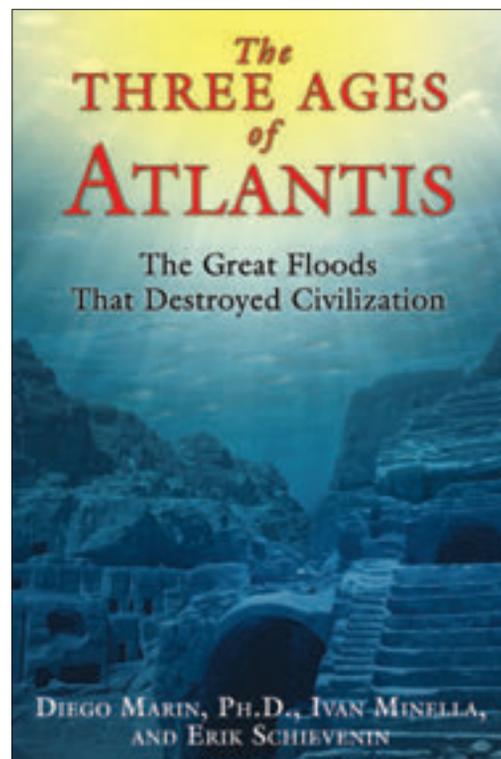
- Reveals that there was not one but three Atlantises—the first in Antarctica, the second in South America, and the third in the Mediterranean
- Examines geological evidence of super-floods 15,000, 11,600, and 8,700 years ago
- Shows how these flood dates directly parallel the freezing of Antarctica, the migrations of Cro-Magnon men, and the destruction of Atlantis according to Plato

15,000 years ago the Earth's axis tilted, shifting the geographic poles. Volcanoes erupted, the icecaps melted, and the seas rose dramatically. Antarctica was enveloped in ice, destroying the high civilization of prehistory: Atlantis. But before the survivors could reestablish what they had lost, catastrophe struck again—twice.

Uniting scientific findings with theories on the location of Atlantis, the authors reveal that there was not one but three Atlantises—the first in Antarctica, the second in South America, and the third in the Mediterranean. Examining paleoclimatology data, they show that Antarctica was temperate 15,000 years ago and home to the original Atlantis. They explore geological evidence of three worldwide super-floods 15,000, 11,600, and 8,700 years ago and show how these dates directly parallel the freezing of Antarctica, the arrival of Cro-Magnon man in Europe, and the destruction of Atlantis according to Plato. Uncovering the influence of the Atlanteans in Proto-Indo-European languages and in massive ancient monuments aligned with the stars, they show how the civilization founders in all early myths—the Pelasgians, Danaans, Viracocha, Aryans, and others—were part of the Atlantean diaspora and how this migration split into two major movements, one to Latin America and the other to Europe and Asia.

Following the Atlanteans from a warm Antarctica up to Peru, Mexico, and the Mediterranean, they reveal that Cro-Magnon men are the people of Atlantis and that we are just now returning to their advanced levels of science, technology, and spirituality.

Diego Marin, Ph.D., has a doctorate in theoretical physics and has extensively studied the comparative mythology, esoteric traditions, and history of the Near and Middle East. Ivan Minella is an archaeologist specializing in European protohistory, archaeo-metallurgy, and remote sensing. He has made excavations in Burkina Faso, Festos in Crete, and in Sardinia. Erik Schievenin is a geologist specializing in erosions and fracture lines whose research has led to a controversial re-dating of the Sphinx and several megalithic temples. The three authors are the founders of the Pangea Cultural Association based in Padua, Italy. The authors live in Italy.



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# The Book of Grimoires

The Secret Grammar of Magic

CLAUDE LECOUTEUX

An extensive study of ancient books of magic and the magical practices preserved in the few surviving grimoires

- Includes spells, talisman formulations, and secret magical alphabets reproduced from the author's private collection of grimoires, with instructions for their use
- Explains the basic principles of medieval magic, including the doctrine of names and the laws of sympathy and contagion
- Offers an overview of magic in the Western Mystery tradition

Grimoires began simply as quick-reference “grammar books” for sorcerers, magicians, and priests before evolving into comprehensive guides to magic, complete with spell-casting rituals, magical alphabets, and instructions to create amulets and talismans. With the advent of the printing press, some grimoires were mass produced, but many of the abbreviations were misinterpreted and magical words misspelled, rendering them ineffective. The most powerful grimoires remained not only secret but also heavily encoded, making them accessible only to the highest initiates of the magical traditions.

Drawing on his own private collection of grimoires and magical manuscripts as well as his privileged access to the rare book archives of major European universities, Claude Lecouteux offers an extensive study of ancient books of magic and the ways the knowledge within them was kept secret for centuries through symbols, codes, secret alphabets, and Kabbalistic words. Touching on both white and black magical practices, he explains the basic principles of medieval magic, including the doctrine of names and signatures, mastery of the power of images, and the laws of sympathy and contagion. He gives an overview of magic in the Western Mystery tradition, emphasizing both lesser-known magicians such as Trithemius and Peter of Apono and famous ones like Albertus Magnus and Hermes Trismegistus.

Creating a universal grimoire, Lecouteux provides exact reproductions of secret magical alphabets, symbols, and glyphs with instructions for their use as well as an illustrated collection of annotated spells, rituals, and talismans for numerous applications including amorous magic, healing magic, and protection rites. The author also examines the folk magic that resulted when the high magic of the medieval grimoires melded with the preexisting pagan magic of ancient Europe.

Claude Lecouteux is a former professor of medieval literature and civilization at the Sorbonne. He is the author of numerous books on medieval and pagan beliefs and magic, including *A Lapidary of Sacred Stones*, *The Return of the Dead*, *The Secret History of Vampires*, and *Phantom Armies of the Night*. He lives in Paris.

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# Oracle Bones Divination

The Greek I Ching

KOSTAS DERVENIS

The first complete guide to this ancient Greek form of divination

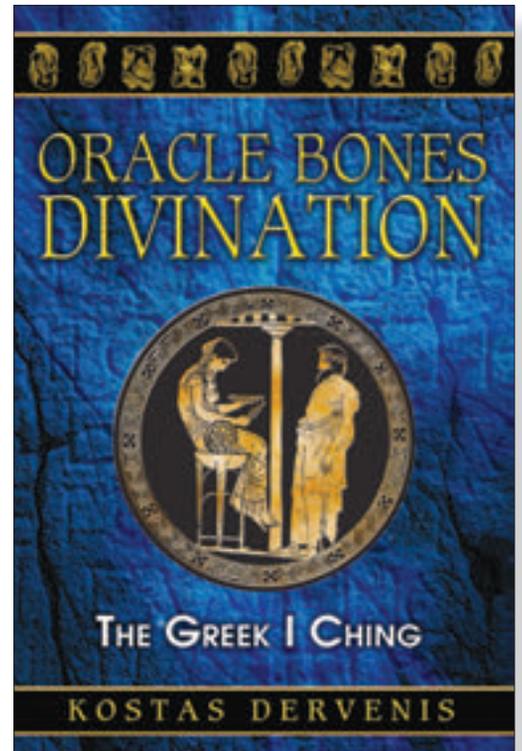
- Explains how to cast and interpret this oracle using either coins or traditional animal bones
- Reveals how the use of oracle bones predates the I Ching
- Includes the complete matrix of oracle interpretations reconstructed by the author from stanzas in ancient Greek temples

In ancient Greece methods of foretelling the future were widespread, whether they were official oracles of the gods or simple dice games to divine one's luck. One of the most popular and accessible ways of determining one's fate and fortune was through the ritual casting of animal bones, similar to the casting of coins or yarrow stalks with the Chinese I Ching.

Kostas Dervenis explains how to interpret the casting of the oracle bones—either traditional sheep anklebones or coins—to answer your questions on love, health, wealth, and the future. Using the original stanzas discovered in ancient Greek temples in Greece and Turkey, the author reconstructs the complete matrix of interpretation for each possible casting of the bones. He explores how this practice traces back to the Golden Age of the Neolithic period in Greece, Turkey, and Bulgaria—predating the I Ching—and how it is still practiced today as the popular folk game of “knucklebones.”

Providing the first complete guide to this ancient practice, Dervenis allows anyone to cast the bones for guidance, inspiration, and insight into their fate.

Kostas Dervenis is a materials engineer and a martial arts instructor in jujutsu and pammachon. He is the coauthor of *The Martial Arts of Ancient Greece* and the author, under the pen name Kosta Danaos, of *Nei Kung* and *The Magus of Java*. He lives in Athens, Greece.



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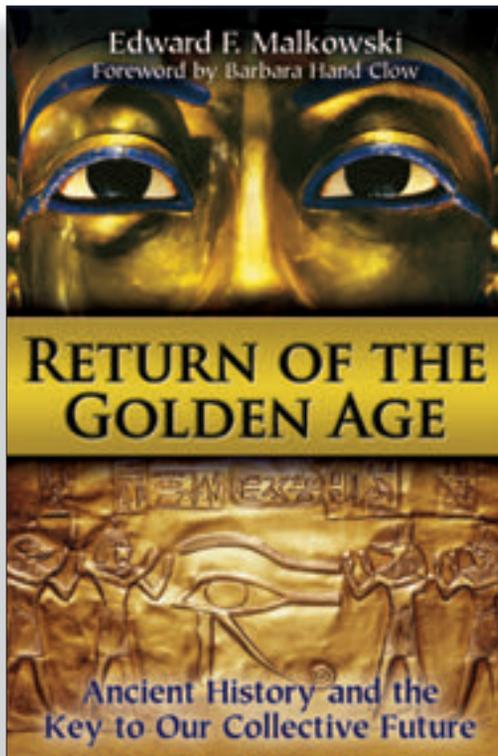
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# Return of the Golden Age

Ancient History and the Key to Our Collective Future

EDWARD F. MALKOWSKI

Foreword by Barbara Hand Clow

The truth behind ancient myths and the return of the celestial conditions for a Golden Age of peace and abundance

- Reveals the events preserved in myth that launched humanity into 12,000 years of struggle, selfishness, and false beliefs
- Explores how we can initiate a new Golden Age through ancient Egyptian teachings on the creative power of our imaginations
- Explains how our world system of economics, which benefits a few at the expense of the many, arose as a reaction to global catastrophe in prehistory

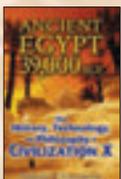
Since the beginning of recorded history humanity has been in a continuous struggle over land and resources. It continues today despite the abundance we have created through scientific innovation and technology. Why such a struggle for resources exists has never been explained. Neither has the human drive to own, accumulate, and hoard. Edward Malkowski reveals that the answer lies in recognizing the reality behind humanity's earliest myths. He shows that the opportunity is at hand to transcend these inherited selfish traits and return to a Golden Age of peace and abundance.

Malkowski explores the hidden meaning behind stories such as the Epic of Gilgamesh, Plato's Atlantis, and myths of a new sky and a new sun, of great floods and the death of the gods, and of the preceding Golden Age. He connects these myths to a real extinction event that occurred 12,000 years ago. He explains how the survivors—our ancestors—were catapulted from utopia into a world of scarcity, scarring the collective mind of humanity and initiating the struggle for resources in an attempt to regain our lost paradise. He shows how our world system of economics, focused on ownership and based on the false belief of separateness—benefitting a few at the expense of the many—arose as a reaction to this catastrophe.

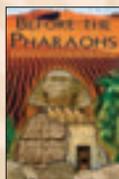
Drawing on the pre-catastrophe teachings preserved by the ancient Egyptians, Malkowski reveals that we are returning to a celestial configuration parallel to that of the past Golden Age. Through our collective DNA memory and the creative power of our imaginations, we can end our 12,000-year quest to regain paradise lost and launch a new Golden Age of unity, abundance, and equality for all humanity.

Edward F. Malkowski is a historical researcher with a special interest in philosophy, ancient Egypt, and the development of religious beliefs from ancient to modern times. He is the author of *Ancient Egypt 39,000 BCE*, *Sons of God—Daughters of Men, Before the Pharaohs*, and *The Spiritual Technology of Ancient Egypt*. He lives in Lincoln, Illinois.

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# The Ancient Giants Who Ruled America

The Missing Skeletons and the Great Smithsonian Cover-Up

RICHARD J. DEWHURST

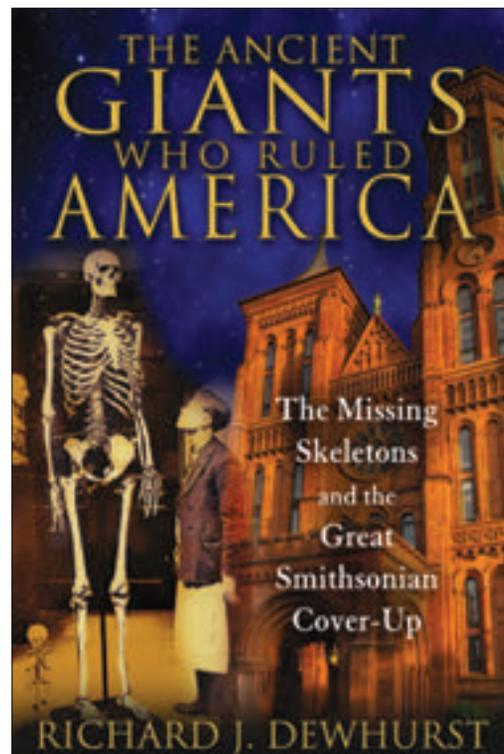
A study of the substantial evidence for a former race of giants in North America and its 150-year suppression by the Smithsonian Institution

- Shows how thousands of giant skeletons have been found, particularly in the Mississippi Valley, as well as the ruins of the giants' cities
- Explores 400 years of giant finds, including newspaper articles, first person accounts, state historical records, and illustrated field reports
- Reveals the Stonehenge-era megalithic burial complex on Catalina Island with over 4,000 giant skeletons, including kings more than 9 feet tall
- Includes more than 100 rare photographs and illustrations of the lost evidence

Drawing on 400 years of newspaper articles and photos, first person accounts, state historical records, and illustrated field reports, Richard J. Dewhurst reveals not only that North America was once ruled by an advanced race of giants but also that the Smithsonian has been actively suppressing the physical evidence for nearly 150 years. He shows how thousands of giant skeletons have been unearthed at Mound Builder sites across the continent, only to disappear from the historical record. He examines other concealed giant discoveries, such as the giant mummies found in Spirit Cave, Nevada, wrapped in fine textiles and dating to 8000 BCE; the hundreds of red-haired bog mummies found at sinkhole "cenotes" on the west coast of Florida and dating to 7500 BCE; and the ruins of the giants' cities with populations in excess of 100,000 in Arizona, Oklahoma, Alabama, and Louisiana.

Dewhurst shows how this suppression began shortly after the Civil War and transformed into an outright cover-up in 1879 when Major John Wesley Powell was appointed Smithsonian director, launching a strict pro-evolution, pro-Manifest Destiny agenda. He also reveals the 1920s' discovery on Catalina Island of a megalithic burial complex with 6,000 years of continuous burials and over 4,000 skeletons, including a succession of kings and queens, some more than 9 feet tall—the evidence for which is hidden in the restricted-access evidence rooms at the Smithsonian.

Richard J. Dewhurst is the Emmy Award-winning writer of the HBO feature documentary *Dear America: Letters Home from Vietnam*. A graduate of NYU with degrees in journalism, film, and television, he has written and edited for the History Channel, the Arts & Entertainment Channel, PBS, Fox Television and Fox Films, ABC News, TNT, Paramount Pictures, and the *Miami Herald*. He lives in Vermont.



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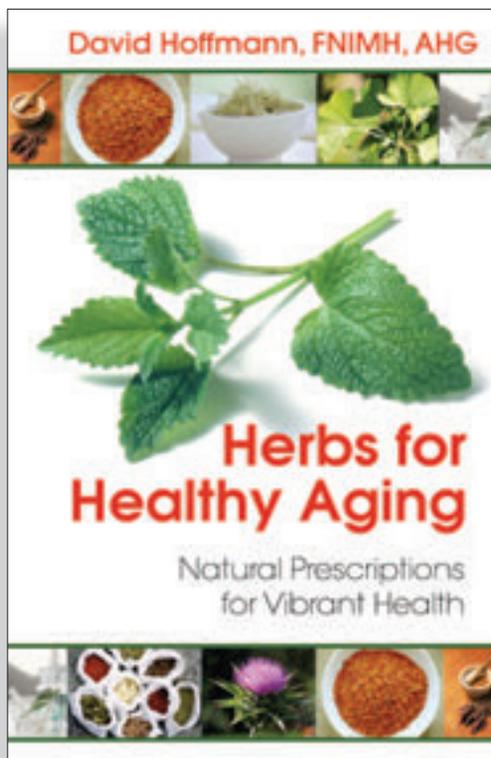
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*“David Hoffmann is one of the Western world’s most respected clinical herbalists, and he offers the reader safe, effective, and relevant treatments for many of the ills that come with increasing age.”*

David Winston, RH (AHG),  
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# Herbs for Healthy Aging

Natural Prescriptions for Vibrant Health

DAVID HOFFMANN, F.N.I.M.H., A.H.G.

A guide to herbal remedies that promote longevity, restore the body’s systems, treat chronic conditions, and maintain natural health

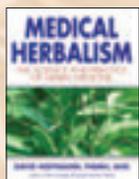
- Offers herbal remedies for many conditions associated with aging, such as prostate enlargement, hot flashes, hypertension, insomnia, and arthritis
- Provides herbal treatments to restore and maintain function in each of the body’s major systems
- Explores more than 150 herbs and their actions on the body and mind, preparation methods, and recommended dosages

In this herbal guide to healthy aging, medical herbalist David Hoffmann discusses how to maintain the body’s vitality as we age and how to treat and prevent the health concerns brought about by aging. He provides herbal treatments to restore and protect each of the body’s major systems—from the muscles, bones, and digestive system to the pulmonary, cardiovascular, and reproductive organs—as well as herbal remedies for specific ailments such as prostate enlargement, hot flashes, hypertension, insomnia, bronchitis, varicose veins, and arthritis. He shows how herbs can help minimize dependence on conventional medical treatments and provide a safe and welcome alternative to the unpleasant and sometimes dangerous side effects of synthetic drugs.

In the materia medica, Hoffmann details more than 150 anti-aging herbs and their actions on the body and mind, preparation methods, and recommended dosages. This authoritative guide to herbal preventive medicine and longevity offers holistic treatments designed not only to promote vibrant health but also to provide a way to age with grace.

David Hoffmann, F.N.I.M.H., A.H.G., has been a clinical medical herbalist since 1979. A Fellow of Britain’s National Institute of Medical Herbalists, he is one of the founding members of the American Herbalists Guild and the author of 17 books, including *Medical Herbalism*, *The Complete Illustrated Holistic Herbal*, and *The Herbal Handbook*. He teaches herbal medicine throughout the English-speaking world and lives in California.

## Also by David Hoffmann



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# The Practice of Nada Yoga

Meditation on the Inner Sacred Sound

BAIRD HERSEY

Foreword by Krishna Das

Meditation exercises for listening to the four levels of sound, to still the body, quiet the mind, open the heart, and connect with the Divine

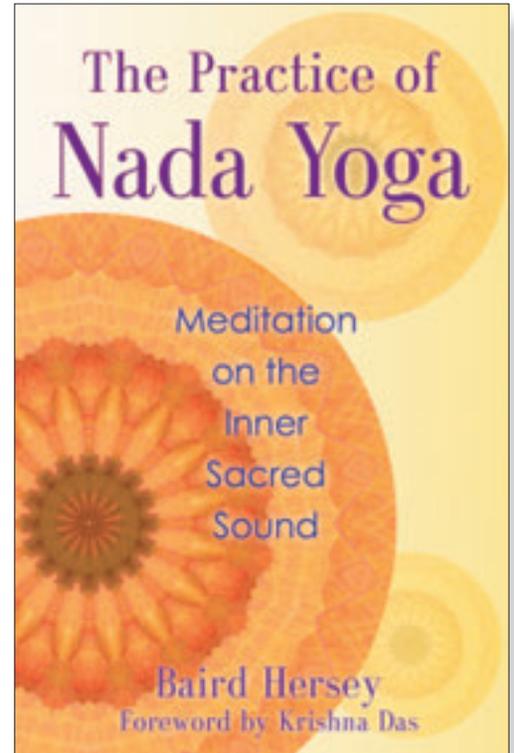
- Details the teachings on nada yoga from the Hatha Yoga Pradipika with clear, step-by-step instructions to find and hear the inner sacred sound of nada
- Explains the 4 levels of sound through a series of practical meditation exercises
- Includes instructions for a daily nada yoga meditation practice as well as ways to strengthen your advanced practice

The ancient practice of nada yoga is not complex. It is the yoga of listening. It is a journey from the noise of the external world inward to a place of peace and bliss, to the source of the transformational power of sound—the nada. By meditating on the inner sacred sound of the nada, we can release ourselves from mind chatter and obsessive thinking. We can still the body, quiet the mind, and open the heart to create a state of mind where joy naturally arises.

Sharing his experiential understanding of the classic Hatha Yoga Pradipika, Baird Hersey offers precise, step-by-step instructions on how to find the inner sound of the nada. He explains the first three levels of sound—first, how to truly hear the ordinary sounds of the world around us (vaikhari); second, how to quiet the sounds of the mind (madhyama), such as sound memories and internal dialogue; and third, how to access visual sounds (pashyanti), tapping in to our ability to see sounds and hear colors. Mastering the first three levels prepares one for the fourth level of sound (para), the heart of the practice that connects one to the inner sound of the nada. The author provides detailed exercises to guide you through each level of sound and instructions for a daily nada yoga meditation practice.

Hersey explains that by focusing our minds on this internal sound we reunite our essential self with the eternal and infinite. In this re-union we find bliss in both body and mind, an uplifted spirit, and heightened states of consciousness.

Baird Hersey is a musician and National Endowment for the Arts Composition Fellow. He has composed extensively for television and for organizations such as Harvard University and the Hudson Valley Philharmonic. A student of yoga and overtone singing since 1988, he studied ashtanga yoga with Sri K. Pattabhi Jois for 9 years, vedanta for 12 years with Swami Chinmayananda's student Shubhrajai, and chant with the Gyuto Monks of Tibet. In 2000 Hersey formed the 9-voice overtone choir PRANA, which regularly collaborates with renowned kirtankar Krishna Das. Baird Hersey lives in Woodstock, New York.



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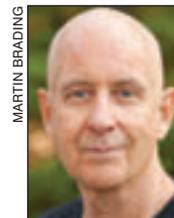
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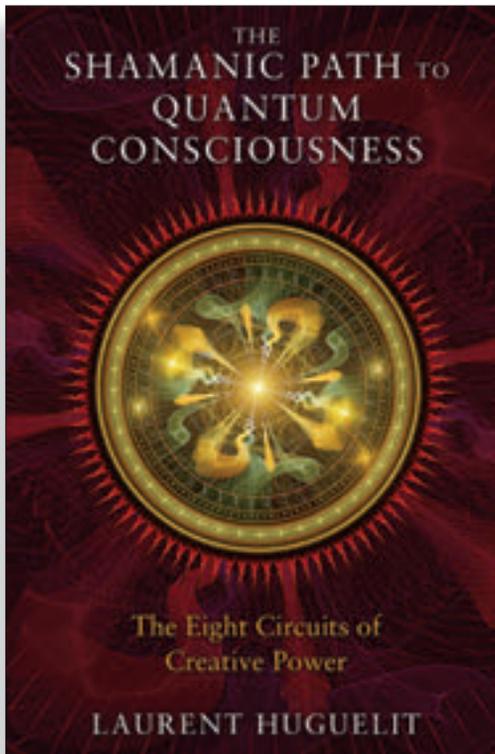
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# The Shamanic Path to Quantum Consciousness

## The Eight Circuits of Creative Power

LAURENT HUGUELIT

Uniting shamanism with quantum physics and psychology for conscious evolution, manifestation of desires, and the development of the soul

- Details each of the 8 circuits of consciousness, from the first circuit of physical survival to the eighth circuit of quantum consciousness
- Reveals how to balance and upgrade your circuits through shamanic techniques and activate your creative power to shape reality
- Explains how the 8 circuits are interconnected through feedback loops—if one is overactive, it can cause the others to shut down

First outlined by Timothy Leary and later expanded by Robert Anton Wilson and Antero Alli, the eight-circuit model of consciousness explains how the soul is multidimensional and functions on eight distinct interconnected planes that form the eight circuits of conscious awareness. Each circuit is connected to certain behaviors and personality traits—the second circuit, for example, is connected to emotional consciousness, such as intuition, feelings of courage, or, in its unbalanced state, aggression and domination, and the eighth circuit, the creative circuit of quantum consciousness, is related to limitless perception, understanding, and action that extends far beyond the limits of planet Earth.

Laurent Huguelit explains how these eight levels of awareness are interconnected through feedback loops, forming a cybernetic mapping of the soul. He explores the underactive, overactive, and balanced states of each circuit, offering many psychological profiles as examples. He reveals how activating a circuit that has been neglected can help bring another into balance. Connecting this model of conscious evolution to shamanism—the oldest consciousness science known to man—the author explains how to balance and upgrade your own circuits through shamanic techniques. He reveals how to reconnect with source energy by deprogramming trauma from your childhood that can affect your circuits. With access to this unlimited energy you can activate your innate creative power to manifest your desires and shape reality.

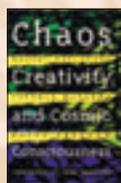
Uniting shamanism and the law of attraction with advanced concepts of modern psychology, quantum physics, and the Akashic field theory of Ervin Laszlo, Laurent Huguelit offers a practical map of human consciousness and the development of the soul as well as a vision for the cybernetic future of shamanism.

Laurent Huguelit is a shamanic practitioner and teacher, founder of L'Outre-Monde center for shamanic practice, and member of the European faculty of the Foundation for Shamanic Studies, founded by anthropologist Michael Harner. He lives in Switzerland.

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# Grail Alchemy

Initiation in the Celtic Mystery Tradition

MARA FREEMAN

An experiential guide to the spiritual path of the Holy Grail

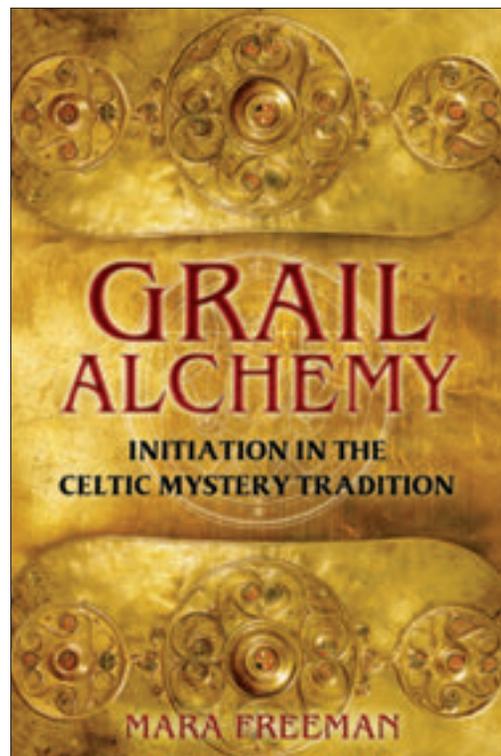
- Traces the evolution of the Holy Grail from the sacred vessel of the Celtic goddess to the Cup of Christ and how it represents the longing for the divine feminine
- Provides exercises, meditations, and rituals to connect you with the powers of the Cauldron of Rebirth, the Chalice of Healing, the Sword of Light, and the Holy Grail
- Explains how attaining the Grail brings full consciousness of the soul and Divine influence for the healing of self and others

The primary myth of Western culture, the quest for the Holy Grail persists through the centuries like a recurring dream, embodying the longing for the divine feminine suppressed for more than two thousand years. The Holy Grail emerged not only as a symbol of the feminine but also as a symbol of the soul, for hidden within the sacred Grail legends lies an initiatory path that leads to the highest realms of consciousness and spiritual illumination. By working with the symbols of the Grail tradition we can gaze into our own hidden depths and heal the separation between masculine and feminine, Spirit and Matter, and Heaven and Earth.

Mara Freeman traces the evolution of the Grail from the sacred vessel of the Celtic goddess to the Cup of Christ, revealing a spiritual path rooted in the mysteries of the Goddess, the Grail, and the Sword. She explains how the Sword has dominated over the Goddess and the Grail for far too long, leading to a spiritual wasteland as foretold in the Grail stories. She provides a practical workbook of exercises, visualizations, and magical rituals to restore the power of the divine feminine through spiritually transformative experiences with the Cauldron of Rebirth, the Chalice of Healing, the Sword of Light, and the Holy Grail itself.

Drawing on folk traditions and medieval Arthurian romances as well as alchemy, the Kabbalah, and the wisdom of the mystics of Glastonbury, Freeman reveals the ancient Celtic teachings of the Western Mystery tradition. She shows that attaining the Grail involves achieving full consciousness of the soul. Then, as a Grail-bearer, you can bring the light of the Grail into the world for the healing of self and others.

Mara Freeman has studied British and Celtic sacred traditions and mythology for more than 40 years. She has given workshops and lectures and presented at conferences throughout the U.S. and the U.K. since the 1990s. Initiated in the Western Mystery tradition, she is the founder and director of the Avalon Mystery School. A psychologist and astrologer, she has a private practice in spiritual counseling and also leads retreats and pilgrimages in Britain and Ireland. She is the author of *Kindling the Celtic Spirit* and lives in West Wales.



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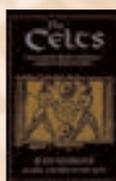
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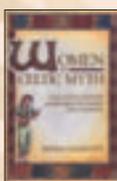
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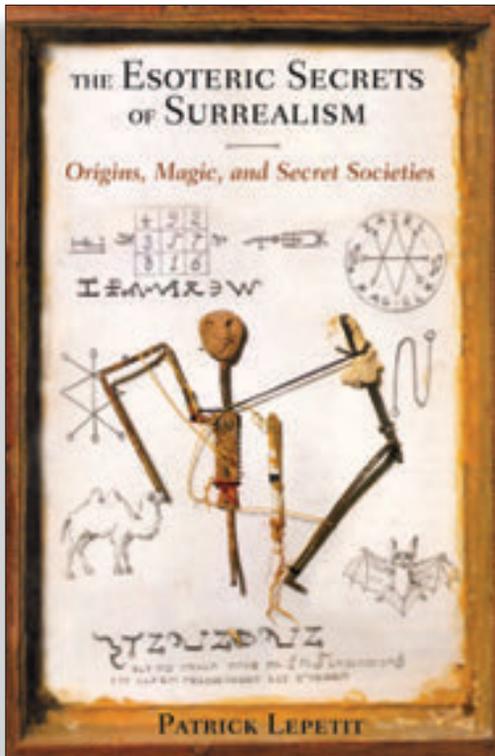
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# The Esoteric Secrets of Surrealism

Origins, Magic, and Secret Societies

PATRICK LEPETIT

A profound understanding of the surrealists' connections with alchemists and secret societies and the hermetic aspirations revealed in their works

- Explains how surrealist paintings and poems employed mythology, gnostic principles, tarot, voodoo, alchemy, and other hermetic sciences to seek out unexplored regions of the mind and recover lost “psychic” and magical powers
- Provides many examples of esoteric influence in surrealism, such as how Picasso's *Demoiselles d'Avignon* was originally titled *The Bath of the Philosophers*

Not merely an artistic or literary movement as many believe, the surrealists rejected the labels of artist and author bestowed upon them by outsiders, accepting instead the titles of magician, alchemist, or—in the case of Leonora Carrington and Remedios Varo—witch. Their paintings, poems, and other works were created to seek out unexplored regions of the mind and recover lost “psychic” and magical powers. They used creative expression as the vehicle to attain what André Breton called the “supreme point,” the point at which all opposites cease to be perceived as contradictions. This supreme point is found at the heart of all esoteric doctrines, including the Great Work of alchemy, and enables communication with higher states of being.

Drawing on an extensive range of writings by the surrealists and those in their circle of influence, Patrick Lepetit shows how the surrealists employed mythology, gnostic principles, tarot, voodoo, and alchemy not simply as reference points but as significant elements of their ongoing investigations into the fundamental nature of consciousness. He provides many specific examples of esoteric influence among the surrealists, such as how Picasso's famous *Demoiselles d'Avignon* was originally titled *The Bath of the Philosophers*, how painter Victor Brauner drew from his father's spiritualist vocation as well as the Kabbalah and tarot, and how doctor and surrealist author Pierre Mabille was a Freemason focused on finding initiatory paths where “it is possible to feel a new system connecting man with the universe.”

Lepetit casts new light on the connection between key figures of the movement and the circle of adepts gathered around Fulcanelli. He also explores the relationship between surrealists and Freemasonry, Martinists, and the Elect Cohen as well as the Grail mythos and the Arthurian brotherhood.

Patrick Lepetit has written several books in French on esoteric traditions and surrealism. He is a member of the Grand Orient de France and of the Mélusine Network of scholars interested in surrealism. He lives in Mons en Baroeul, France.

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# The Sacred Science of Ancient Japan

Lost Chronicles of the Age of the Gods

AVERY MORROW

The first English translation and examination of secret Japanese writings dating from the paleolithic to classical eras

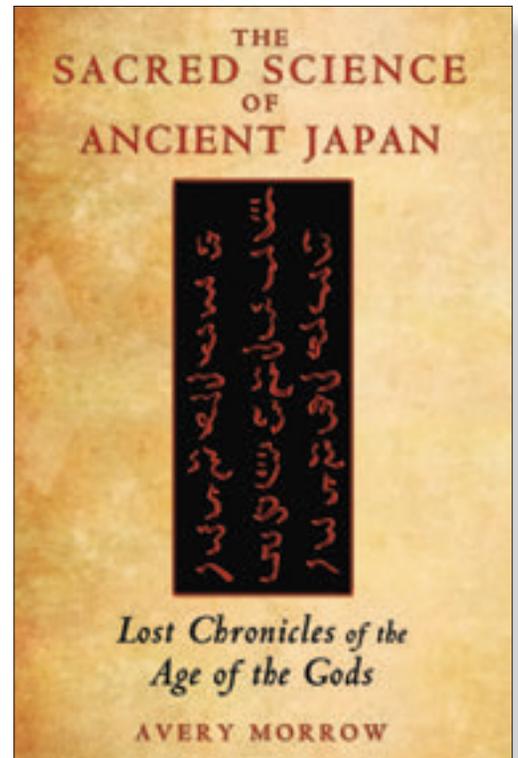
- Examines four suppressed and secret texts to discover the deeper truths beneath Japanese mythology
- Introduces evidence of ancient civilizations in Japan, the sacred geometry of primitive times, and claims of a non-Earthly origin of the Emperors
- Explores how these texts convey the sacred spiritual science of Japan's Golden Age with parallels in ancient India, Europe, and Egypt

In Japan there are roughly two dozen secret manuscripts originally dating back to the paleolithic era, the age of heroes and gods, that have been handed down by the ruling families for centuries. Rejected by orthodox Japanese scholars and never before translated into English, these documents speak of primeval alphabets, lost languages, forgotten technologies, and the sacred spiritual science. Some even refer to UFOs, Atlantis, and Jesus coming to Japan.

Translating directly from the original Japanese, Avery Morrow explores four of these manuscripts in full as well as reviewing the key stories of the other Golden Age chronicles. In the Kujiki Taiseikyo manuscript Morrow uncovers the secret symbolism of a Buddhist saint and the origin of a modern prophecy of apocalypse. In the Hotsuma Tsutaye manuscript he reveals the exploits of a noble tribe who defeated a million-strong army without violence. In the Takenouchi manuscripts he shows us how the first Japanese emperor came from another world and ruled at a time when Atlantis and Mu still existed. And in the Katakamuna manuscripts the author unveils the sacred geometries of the universe from the symbolic songs of the 10,000-year-old Ashiya tribe. He also discusses the lost scripts known as the Kamiyo Moji and the magic spiritual science that underlies all of these texts, which enabled initiates to ascend to higher emotional states and increase their life force.

Taking a spiritual approach à la Julius Evola to these "parahistorical" chronicles, Morrow shows how they access a higher order of knowledge and demonstrate direct parallels to many ancient texts of India, Europe, and Egypt.

Avery Morrow's research on the basis of Asian folk traditions has been published in several academic journals. His interest in parahistory brought him to Japan, where for three years he researched various documents, taught English, visited sacred sites, and worked as a translator and assistant to renowned Shintoist Shin'ichi Nakaya.



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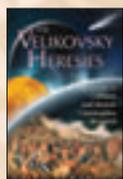
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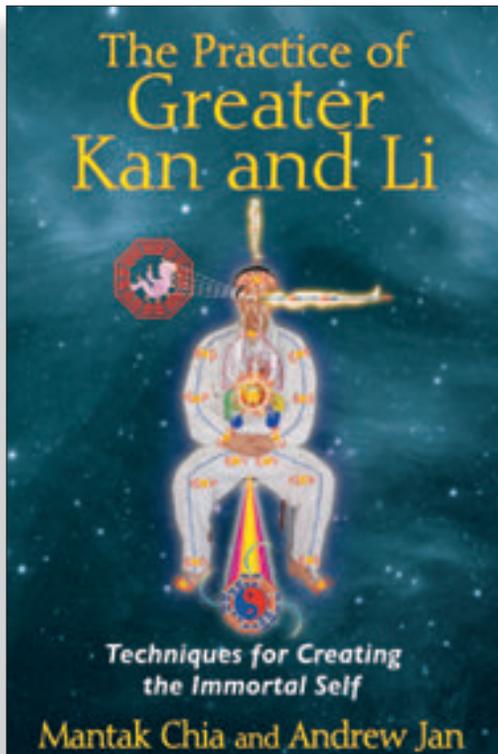
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A guide to Taoist exercises to return to the Wu Wei state of mind and create the immortal spirit body

- Includes illustrated instructions to connect astral energy with the energies of animals, children, and plants to grow the immortal fetus, or spirit body
- Provides warm-up exercises and a complete daily Kan and Li routine
- Explores how these advanced formulas are used for astral flight and realization of the Wu Wei state

Building on the Lesser Kan and Li formulas for the development of the soul body, this book provides illustrated descriptions of the Greater Kan and Li formulas to create the immortal spirit body. Used by Taoist masters for thousands of years, these exercises are for advanced students of Taoist Inner Alchemy and mark the beginning of the path to immortality.

Master Mantak Chia and Andrew Jan reveal how to use Taoist inner alchemy to harness the energies of Sun, Moon, Earth, North Star, and Big Dipper and transform them to feed the soul body and begin development of the immortal spirit body. They explain how to reverse yin and yang power through energetic work at the solar plexus, thereby activating the liberation of transformed sexual energy. They explore how to open the heart center and how to connect astral energy with the energies of animals, children, and plants to grow the immortal fetus, or spirit body.

The authors provide warm-up exercises, including the Inner Smile and Fusion practices, and outline a complete daily Kan and Li routine for mental and physical health, longevity, astral flight, and realization of the Wu Wei state.

Mantak Chia, world-famous Inner Alchemy and Chi Kung master, founded the Universal Healing Tao System in 1979. He has taught and certified tens of thousands of students and instructors from all over the world and is the author of 50 books, including *The Taoist Soul Body* and *Chi Self-Massage*. Andrew Jan is a senior instructor for the Universal Healing Tao and former Australian National Tai Chi Champion. The coauthor with Master Chia of *Tai Chi Fa Jin* and *Tai Chi Wu Style*, he lives near Perth, Australia.



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# Ayahuasca Medicine

The Shamanic World of Amazonian Sacred Plant Healing

ALAN SHOEMAKER

An insider's account of the journey to become an ayahuasquero, a shaman who heals with the visionary vine ayahuasca

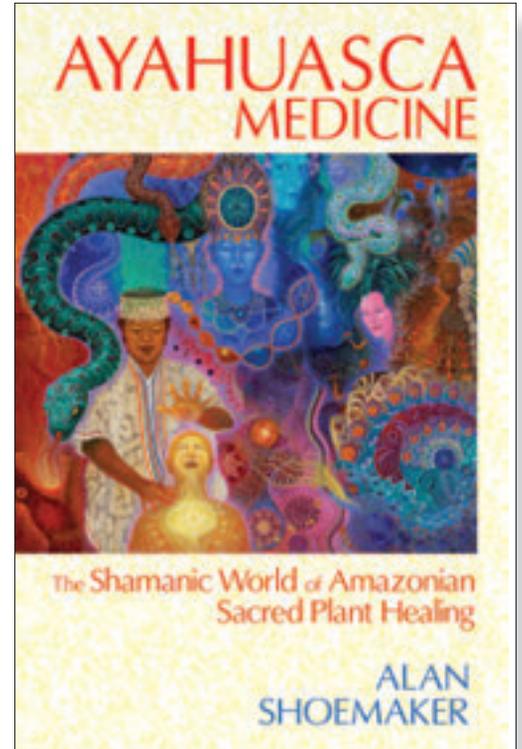
- Details the author's training and life as a curandero using ayahuasca medicine, San Pedro cactus, tobacco purges, psychedelic mushrooms, and other visionary plants
- Offers first-hand accounts of miraculous healing where ayahuasca revealed the cause of the illness, including how the author healed his mother from liver cancer
- Shows how "ayahuasca tourism" symbolizes the Western world's reawakening need to connect with the universal life force

For more than 20 years American-born Alan Shoemaker has apprenticed and worked with shamans in Ecuador and Peru, learning the traditional methods of ayahuasca preparation, the ceremonial rituals for its use, and how to commune with the healing spirit of this sacred plant as well as the spirit of the San Pedro cactus and other sacred plant allies. Now a recognized and practicing *ayahuasquero*, or ayahuasca shaman, in Peru, he offers an insider's account of the ayahuasca tradition and of its use for expanding consciousness and achieving healing through access to other dimensions of being.

Shoemaker details his training and his own curandero practice using ayahuasca medicine, tobacco purges, psychedelic mushrooms, and other visionary plants. He discusses the different traditions of his two foremost teachers and mentors, Don Juan in the Peruvian Amazon, an ayahuasquero, and Valentin in Ecuador, a San Pedro shaman. He reveals the indispensable role played by *icaros*, the healing songs of the plant shaman, and offers firsthand accounts of miraculous healing resulting from ayahuasca's ability to reveal the cause of an illness, including how he healed his mother from liver cancer.

The author also addresses the rising popularity of Northerners traveling to the Amazon to seek healing and mind expansion through ayahuasca and shows how this fascination is triggered by humanity's reawakening need to connect to the universal life force.

Alan Shoemaker is a formally trained ayahuasquero, curandero, and writer. He is the host of the annual International Amazonian Shamanism conference, administrator of the "Vine of the Soul Intensives," and founder and director of the Soga Del Alma church of ayahuasca. He lives with his two children in Iquitos, Peru.



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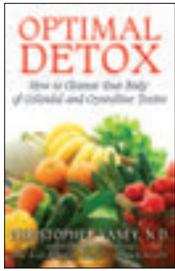
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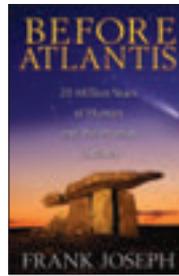
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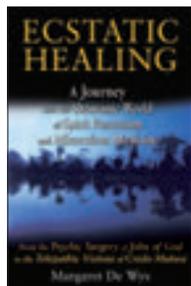
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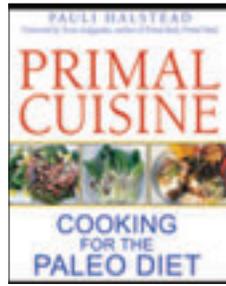
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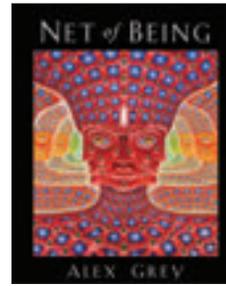
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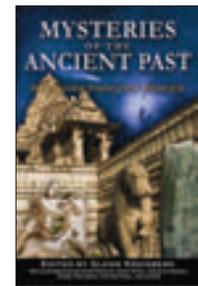
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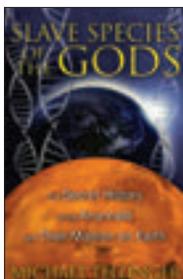
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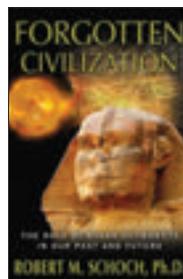
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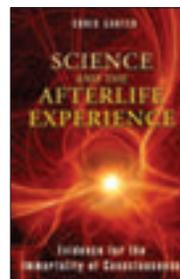
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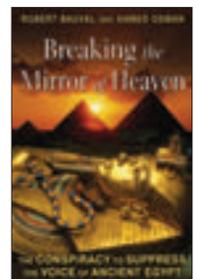
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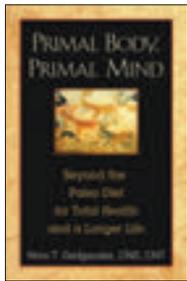
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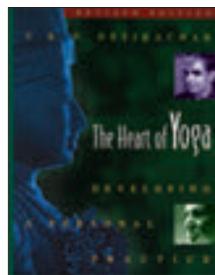
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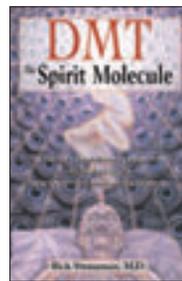
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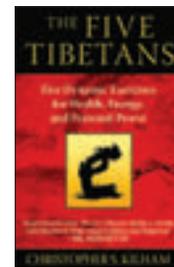
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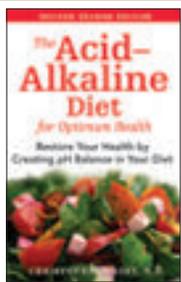
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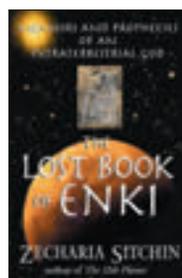
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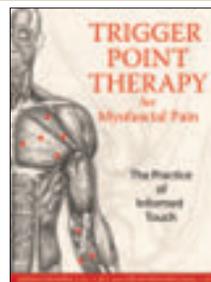
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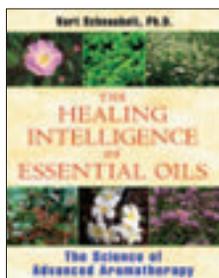
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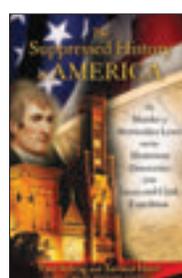
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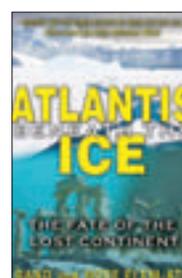
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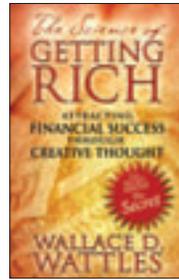


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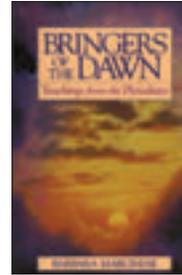
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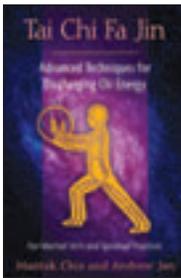
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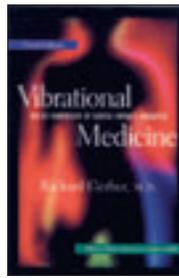
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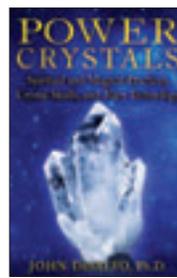
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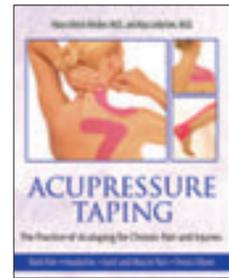
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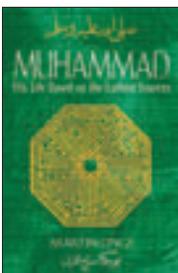
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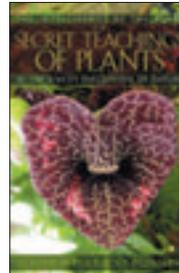
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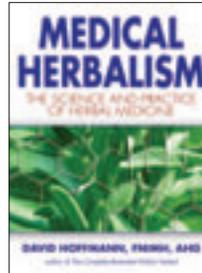
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