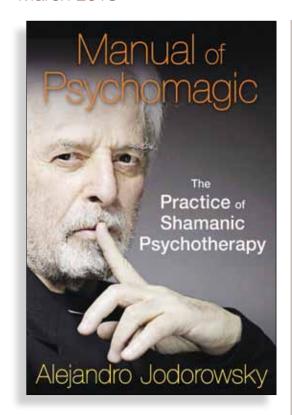


NEW TITLES & BESTSELLERS SPRING • SUMMER 2015



#### March 2015

Inner Traditions ISBN 978-1-62055-107-3 \$19.95 (CAN \$23.95) Paper

🗾 Also available as an ebook

256 pages, 6 x 9 Rights: World English Spirituality/Psychology

"Jodorowsky is a brilliant, wise, gentle, and cunning wizard with tremendous depth of imagination and crystalline insight into the human condition."

—Daniel Pinchbeck, author of Breaking Open the Head and co-founder of the Evolver Network and Reality Sandwich

## Manual of Psychomagic

The Practice of Shamanic Psychotherapy

ALEJANDRO JODOROWSKY

#### A workbook for using symbolic acts to heal the unconscious mind

- Provides several hundred successful psychomagic solutions for a wide range of specific psychological, sexual, emotional, and physical problems, from stuttering, eczema, and fears to repressed rage and hereditary illnesses
- Details how practitioners can develop unique psychomagic solutions for their patients
- Explains how psychomagic bypasses the rational mind to work directly with the unconscious for quicker and more enduring change

Traditional psychotherapy seeks to unburden the unconscious mind purely through talk and discussion. Psychomagic recognizes that it is difficult to reach the unconscious with rational thought. We should instead speak directly to the unconscious in its own language, that of dreams, poetry, and symbolic acts. By interacting on this deeper level, we can initiate quicker and more enduring change to resolve repressed childhood trauma, express buried emotions, and overcome deep-seated intimacy issues. Through the lens of psychomagic, illness can be seen as the physical dream of the unconscious, revealing unresolved issues, some passed from generation to generation.

In this workbook of psychomagical spells, legendary filmmaker and creator of psychomagic Alejandro Jodorowsky provides several hundred successful psychomagic solutions for a wide range of psychological, sexual, emotional, and physical problems from stuttering, eczema, and fear of failure to repressed rage, hereditary illnesses, and domineering parents. Each solution takes the same elements associated with a negative emotional charge and recasts them into a series of theatrical symbolic actions that enable one to pay the psychological debts hindering their lives. Explaining the shamanic techniques at the foundation of psychomagic, the author offers methods for aspiring practitioners to develop solutions for their own unique patients.

Jodorowsky explains how the surreal acts of psychomagic are intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper, more authentic self. As he says in the book, "Health only finds itself in the authentic. There is no beauty without authenticity."

Alejandro Jodorowsky is the legendary filmmaker of *El Topo* and *The Holy Mountain*. He has been profiled in the *New York Times*, *The Wall Street Journal*, *The Los Angeles Times*, and other major media. His most recent film, *The Dance of Reality*, debuted at the Cannes Film Festival in 2013 and opened in theaters across the United States in 2014. He is the author of more than 20 books, including *Psychomagic*, *The Way of Tarot*, and *Metagenealogy*. He lives in Paris.

#### Also by Alejandro Jodorowsky



Psychomagic Alejandro Jodorowsky Inner Traditions ISBN 978-1-59477-336-5 \$24.95 (CAN \$29.95) pb 7,500 copies sold



The Dance of Reality Alejandro Jodorowsky Park Street Press ISBN 978-1-62055-281-0 \$24.95 (CAN \$29.95) pb June 2014 release



Metagenealogy Alejandro Jodorowsky and Marianne Costa Park Street Press ISBN 978-1-62055-103-5 \$29.95 (CAN \$35.95) pb August 2014 release

## Point of Origin

Gobekli Tepe and the Spiritual Matrix for the World's Cosmologies

LAIRD SCRANTON

Reveals Gobekli Tepe as a center of civilizing knowledge for the ancient world

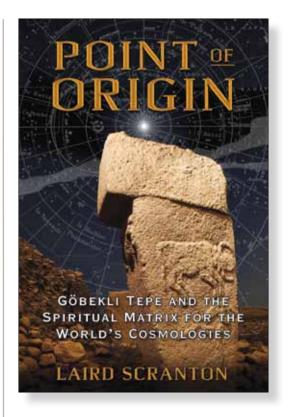
- Details how symbolic elements at Gobekli Tepe link a pre-Vedic cult in India to cosmological myths and traditions in Africa, Egypt, Tibet, and China
- Discusses how carved animal images at Gobekli Tepe relate to stages of creation and provide an archaic foundation for symbolic written language
- Defines how classical elements of ancient Egyptian myth and religion characterize an archaic cosmological tradition that links ancestrally back to Gobekli Tepe.

How could multiple ancient cultures, spanning both years and geography, have strikingly similar creation myths and cosmologies? Why do the Dogon of Africa and the civilizations of ancient Egypt, India, Tibet, and China share sacred words and symbols? Revealing the existence of a long-forgotten primal culture and the world's first center of higher learning, Laird Scranton shows how the sophisticated complex at Gobekli Tepe in Turkey is the definitive point of origin from which all the great civilizations of the past inherited their cosmology, esoteric teachings, and civilizing skills, such as agriculture, metallurgy, and stone masonry, fully developed.

Scranton explains how the carved images on Gobekli Tepe's stone pillars were the precursors to the sacred symbols of the Dogon, Egyptians, Tibetans, and Chinese as well as the matriarchal Sakti cult of ancient Iran and India. He identifies Gobekli Tepe as a remote mountain sanctuary of higher knowledge alluded to in Sakti myth, named like an important temple in Egypt, and defined in ancient Buddhist tradition as Vulture Peak. Scranton reveals how Gobekli Tepe's enigmatic "H" carvings and animal symbolism, symbolic of stages of creation, was presented as a kind of prototype of written language accessible to the hunter-gathers who inhabited the region. He shows how the myths and deities of many ancient cultures are connected linguistically, extending even to the name of Gobekli Tepe and the Egyptian concept of Zep Tepi, the mythical age of the "First Time."

Identifying Gobekli Tepe not only as the first university but also as the first temple, perhaps built as a civilizing exercise, Scranton definitively places this enigmatic archaeological site at the point of origin of civilization, religion, and ancient science.

Laird Scranton is a recognized authority on Dogon mythology and symbolism. A frequent guest on radio programs such as Coast to Coast AM and Red Ice Radio, he has been a featured speaker at national conferences on ancient mysteries, including the Paradigm Symposium. He is the author of several books, including *The Science of the Dogon* and *China's Cosmological Prehistory*. He lives in Albany, New York.



#### March 2015

Inner Traditions ISBN 978-1-62055-444-9 \$16.95 (CAN \$20.50) Paper

尾 Also available as an ebook

224 pages, 6 x 9 35 black-and-white illustrations Rights: World Spiritualty/Ancient Mysteries

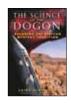


Author Laird Scranton

#### Also by Laird Scranton



China's Cosmological Prehistory Laird Scranton Inner Traditions ISBN 978-1-62055-329-9 \$16.95 (CAN \$20.50) pb September 2014 release



The Science of the Dogon Laird Scranton Inner Traditions ISBN 978-1-59477-133-0 \$18.95 (CAN \$21.50) pb 8,600 copies sold

#### Of Related Interest



Gobekli Tepe: Genesis of the Gods Andrew Collins Bear & Company ISBN 978-1-59143-142-8 \$24.00 (CAN \$28.95) pb May 2014 release



#### March 2015

Bear & Company ISBN 978-1-59143-195-4 \$20.00 (CAN \$23.95) Paper

Also available as an ebook

480 pages, 6 x 9 84 black-and-white illustrations Rights: World Spirituality/New Age



Author Tricia McCannon

## Return of the Divine Sophia

Healing the Earth through the Lost Wisdom Teachings of Jesus, Isis, and Mary Magdalene

TRICIA McCANNON

An initiatic journey into the Mysteries of the Goddess and humanity's return to an age of peace and celestial light

- Details the ceremonies and rituals of initiation into the Sisterhood of the Shields
- Reveals the lost teachings of Jesus about the Divine Mother and Father and how the goddess Sophia is connected to Mary Magdalene as the Female Christ
- Explores the many archetypes of the Goddess, including Isis, Brigit, and the Black Madonna, and how we can transform into *Homo Luminous*, spiritual beings of light

Called through her dreams by the Priestesses of Isis, Tricia McCannon set out on a spiritual journey into the Mysteries of the Goddess. After a fateful encounter with a high initiate of the ancient Fellowship of Isis, she began researching the history of Judaism and Christianity to find out how and when the Divine Feminine became lost. She discovered a forgotten age when the Creator was honored as female and humanity lived in peaceful societies completely free of war. She shows how we can return to an age of peace and celestial light if we work to bring the masculine and feminine energies of the world back into balance.

Sharing her journey into the heart of the Divine Mother, McCannon details her initiation into the Fellowship of Isis, a process rich with ceremony, ritual, and myths of the Goddess from ancient Egyptian, Celtic, Greek, Hebrew, and Native American traditions. She reveals the many archetypes of the Goddess, including Isis, Ishtar, Brigit, and the Black Madonna, can become our allies for self-transformation. She explores how Mysteries at the heart of Christianity that have remained hidden for nearly 2,000 years and how the Gnostic goddess Sophia is tied to the Second Coming, Mary Magdalene, and the Female Christ. She reveals the lost teachings of Jesus about the Divine Mother and Father and about the Divine Daughter and Son.

Through her story and her in-depth research, McCannon takes us on a journey to awaken the creative power of the Divine Feminine within each of us. Equipped with the teachings of the Goddess, we gain the mastery to overcome the deeply rooted masculine-feminine imbalance of the patriarchy and to embark into the future as *Homo Luminous*, beings of light.

Tricia McCannon is a renowned clairvoyant, teacher, and mystical symbologist. She is the author of two books, *Dialogues with the Angels* and *Jesus: The Explosive Story of the 30 Lost Years and the Ancient Mystery Religions*. She has been a featured speaker at conferences in the United States, England, and Europe and has appeared on radio and TV shows, including Coast to Coast AM and Whitley Strieber's Dreamland. The director of the Phoenix Fire Lodge Mystery School, she lives in Atlanta, Georgia.

#### Of Related Interest



The Woman with the Alabaster Jar Margaret Starbird Bear & Company ISBN 978-1-879181-03-8 \$16.95 (CAN \$24.95) pb 147,000 copies sold



The Council of Light
Danielle Rama Hoffman
Bear & Company
ISBN 978-1-59143-163-3
\$20.00 (CAN \$22.95) pb
October 2013 release



The Pleiadian House of Initiation Mary T. Beben Bear & Company ISBN 978-1-59143-191-6 \$14.00 (CAN \$16.95) pb September 2014 release

# The Healing Wisdom of Mary Magdalene

Esoteric Secrets of the Fourth Gospel

JACK ANGELO

#### An in-depth study of the heart-centered teachings of Mary Magdalene

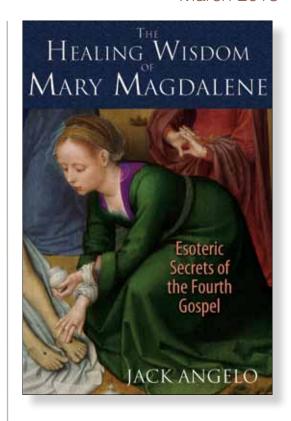
- Explains how the Fourth Gospel of the New Testament, specifically the Gospel of Signs, is actually a direct transcription of Mary Magdalene's oral teachings
- Reveals Mary Magdalene as a gifted visionary teacher and the best qualified disciple to lead the Jesus movement after his death
- Details how the Gospel of Signs outlines 7 key steps for personal transformation and healing

The discovery and translation of the Gnostic Gospels have revealed Mary Magdalene to be a gifted visionary teacher and the best qualified disciple to lead the Jesus movement following his death. Yet, according to most scholars, only a few fragments of her actual teachings have survived.

Sharing more than 20 years of research, inspired by a profound experience at the cave in southern France where Mary Magdalene is reputed to have spent her final years, Jack Angelo reveals that the Fourth Gospel of the New Testament, traditionally attributed to John, is actually a direct transcription of Mary Magdalene's oral teachings. He explains how the Fourth Gospel was recast by more conservative members of the Jesus movement, such as Peter and Andrew, to hide Mary's authorship and suppress her role as head disciple. Delving deeply into the many layers of meaning within the "Gospel of Signs"—the first 11 chapters of the Fourth Gospel which describe seven of Jesus' miracles—he shows how Mary's teachings outline seven key steps for personal transformation and profound healing. For example, the sixth sign describes the shamanic healing of a blind man when Jesus spits on clay and smears the paste over the man's eyes. Angelo explains how the deeper meaning of this sign is about perceiving with the "eyes of the heart."

Beyond the beauty and simplicity of Mary's wisdom for personal transformation and healing, Angelo also shows how Mary's heart-centered teachings embody the resurgence of feminine energy that is vitally needed to restore balance to the psyche and health of humanity as well as to Earth.

Jack Angelo is a well-known healer and teacher of subtle energy medicine and natural spirituality who has worked with individuals and groups for more than 25 years. He lectures and gives workshops internationally and is the author of several books, including *Hands-On Healing* and *Self-Healing with Breathwork*. He lives in Wales.



#### March 2015

Bear & Company ISBN 978-1-59143-199-2 \$16.00 (CAN \$19.50) Paper

Also available as an ebook

256 pages, 6 x 9 Rights: World Alternative Christianity



Author Jack Angelo

#### Also by Jack Angelo

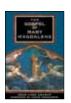


Self-Healing with Breathwork Jack Angelo Healing Arts Press ISBN 978-1-59477-481-2 \$16.95 (CAN \$19.50) pb

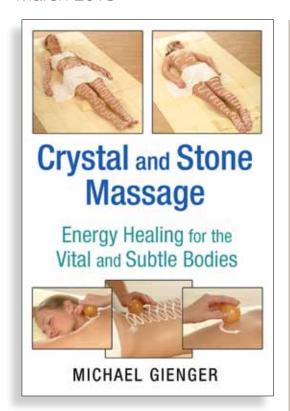


Hands-on Healing Jack Angelo Healing Arts Press ISBN 978-0-89281-734-4 \$18.95 (CAN \$23.95) pb 15,000 copies sold

#### Of Related Interest



The Gospel of Mary Magdalene
Jean-Yves Leloup
Inner Traditions
ISBN 978-0-89281-911-9
\$14.95 (CAN \$21.95) pb
134,000 copies sold



#### March 2015

Healing Arts Press ISBN 978-1-62055-411-1 \$16.95 (CAN \$20.50) Paper

Also available as an ebook

Replaces previous edition:

Crystal Massage for Health and Healing
ISBN 978-1-84409-077-8 (Earthdancer Books)

192 pages, 6 x 9 Full-color throughout Rights: World English Health/Massage/Crystals



Author Michael Gienger

## Crystal and Stone Massage

Energy Healing for the Vital and Subtle Bodies

MICHAEL GIENGER

A full-color guide to crystal massage for healing, energy balance, and stress release in the physical, emotional, and energetic bodies

- Illustrates full-body massage techniques with crystal wands, crystal spheres, polished stones, and amber
- Details the healing properties of more than 50 crystals and gemstones and how to select the proper one for a specific condition
- Explains how to cleanse and recharge crystal, gemstone, and amber after each massage so energies are not transferred from one person to another

In this full-color illustrated guide, Michael Gienger, along with contributors Hildegard Weiss and Ursula Dombrowksy, details the energetics and healing properties of more than 50 crystals and gemstones for use in massage. The book explains how to select the proper crystal or stone to aid healing of a specific condition as well as for relaxation and stress release. It illustrates specific massage techniques with crystal wands, crystal spheres, and polished stones that best utilize the crystal or stone's properties and shows how to perform a full-body massage that works on several levels—physical, ethereal, mental, and spiritual—depending on how the crystals are applied.

Explaining how crystals absorb energy and information during a massage, the guide shows how to cleanse and recharge their energetic fields so energies are not transferred from one person to another. It also details how to rebalance and replenish your own energy after giving a massage.

The book also includes a detailed chapter on the harmonizing effects of amber massage, complete with a step-by-step illustrated massage sequence. Amber's unique electromagnetic vibrations make it especially conducive to creating homeostasis in the body and thus a beneficial addition to any crystal or stone massage practice.

With this complete illustrated guide, anyone can enhance their massage practice or self-healing through the powerful effects of crystals, gemstones, and amber.

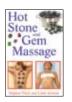
Michael Gienger is one of Europe's most respected experts on crystals and their uses, a field in which he has been active since 1988. He is the author of 20 books on crystal healing in 12 languages, including in English *Healing Stones for the Vital Organs* and *Crystal Power, Crystal Healing.* The founder of Fair Trade Minerals and Gems e.V., he lives in Germany.

#### Of Related Interest

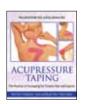


The Metaphysical Book of Gems and Crystals Florence Mégemont Healing Arts Press ISBN 978-1-59477-214-6 \$24.95 (CAN \$27.95) pb

7.800 copies sold



Hot Stone and Gem Massage Dagmar Fleck and Liane Jochum Healing Arts Press ISBN 978-1-59477-246-7 \$16.95 (CAN \$19.95) pb 7,600 copies sold



Acupressure Taping Hans-Ulrich Hecker, M.D.. and Kay Liebchen, M.D. Healing Arts Press ISBN 978-1-59477-148-4 \$16.95 (CAN \$21.50) pb 18.000 copies sold

# Natural Treatments for Lyme Coinfections

Anaplasma, Babesia, and Ehrlichia

STEPHEN HARROD BUHNER

#### A guide to the natural treatment of three coinfections of Lyme disease

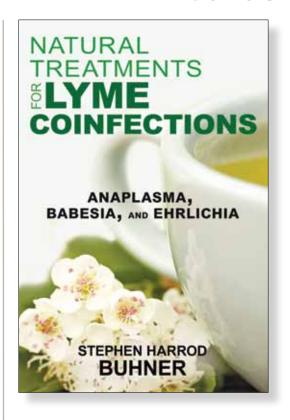
- Reviews the latest scientific research on Babesia, Ehrlichia, and Anaplasma
- Reveals how these three conditions often go undiagnosed, complicate the treatment of Lyme disease, and cause symptoms from headache to seizures
- Outlines effective natural treatments with herbs and supplements for specific symptoms and to combat overreactions of the immune system and the inflammation response

Harvard researchers estimate there are nearly 250,000 new Lyme disease infections each year—only 10 percent of which will be accurately diagnosed. One of the largest factors in misdiagnosis of Lyme is the presence of other tick-borne infections, which mask or aggravate the symptoms of Lyme disease as well as complicate treatment. Three newly emergent Lyme coinfections are Babesia, Ehrlichia, and Anaplasma. Tens of thousands of people are known to be asymptomatically infected and at least ten percent will become symptomatic this year—with symptoms ranging from chronic headache and arthritis to seizures.

Distilling the latest scientific research on Babesia, Ehrlichia, Anaplasma, and Lyme disease, Stephen Buhner examines the complex synergy between these infections and reveals how they can go undiagnosed or resurface after antibiotic treatment. He explains how these organisms create cytokine cascades in the body—essentially sending the immune system into an overblown, uncontrolled inflammatory response in much the same way rheumatoid arthritis or cancer can.

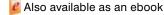
Providing an in-depth guide for those suffering from Babesia, Ehrlichia, or Anaplasma infection as well as for clinicians who work with those infected by these organisms, Buhner details effective natural holistic methods centered on herbs and supplements, such as Ashwaganda and Chinese Skullcap, and reveals how to treat specific symptoms, interrupt the cytokine cascades, reduce inflammation, and bring the immune system back into balance. He explains how these natural methods not only complement conventional Lyme disease treatments involving antibiotics and other pharmaceuticals but also provide relief when other forms of treatment have failed.

Stephen Harrod Buhner is the senior researcher for the Foundation for Gaian Studies. He is the award-winning author of 20 books, including *Healing Lyme*, *Healing Lyme Disease Coinfections*, *Herbal Antibiotics*, *The Secret Teachings of Plants*, and *Plant Intelligence and the Imaginal Realm*. He has taught for more than 30 years throughout North America and Europe. He lives in Silver City, New Mexico.

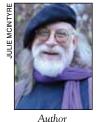


#### March 2015

Healing Arts Press ISBN 978-1-62055-258-2 \$19.95 (CAN \$23.95) Paper



448 pages, 6 x 9 Rights: World Health/Lyme Disease



Author Stephen Harrod Buhner

#### Also by Stephen Harrod Buhner



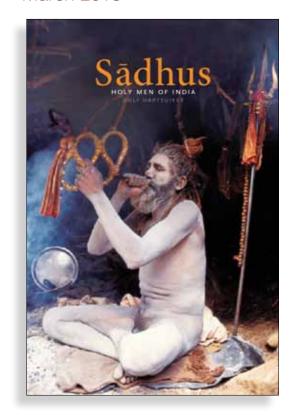
Healing Lyme Disease Coinfections Stephen Harrod Buhner Healing Arts Press ISBN 978-1-62055-008-3 \$19.95 (CAN \$22.95) pb 10,000 copies sold



The Natural Testosterone Plan Stephen Harrod Buhner Healing Arts Press ISBN 978-1-59477-168-2 \$14.95 (CAN \$18.95) pb 16,000 copies sold



The Transformational Power of Fasting
Stephen Harrod Buhner
Healing Arts Press
ISBN 978-1-59477-466-9
\$16.95 (CAN \$18.95) pb
6,000 copies sold



#### March 2015

Inner Traditions ISBN 978-1-62055-402-9 \$19.95 (CAN \$23.95) Paper

Replaces previous edition: Sādhus
ISBN 978-0-89281-454-1 (Inner Traditions)

176 pages, 6 x 9
125 color and black-and-white illustrations
Rights: U.S. and Canada
Hinduism/Shamanism

"A masterful presentation of a complex but fascinating subject. . . . Highly recommended."

—Library Journal

## Sādhus

Holy Men of India

**DOLF HARTSUIKER** 

An in-depth photographic study of the ascetic holy men of India

- Includes more than 100 striking color photographs of Sādhus, their extreme austerities, and their holy festivals, including the Kumbha Melā
- · Examines the practices and beliefs of Sādhus from several different sects
- Traces the historical and mythological roots of the Sādhus and shows how they have fundamentally shaped Hinduism since remote antiquity

Spiritual adventurers, philosophical monks, naked ascetics, or religious transvestites, the Sādhus of India form a vital and unbroken link between the birth of yoga millennia ago and its present-day expression. Numbering in the millions, these mystic holy men are worshipped by the Hindus as representatives of the gods, yet they remain largely unknown in the West because they often live in far-off places, hidden from everyday life.

In this full-color study of Sādhus more than 20 years in the making, photographer Dolf Hartsuiker illustrates the Sādhus' world of ancient magical rituals, religious symbols, and ascetic practices. In his photographic quest across India, the author visited many holy places, attended religious festivals including the Kumbha Melā, and encountered and photographed thousands of Sādhus, befriending several as he was drawn into their inner circle. Sharing more than 100 striking color photographs from his travels, he reveals the Sādhus' utmost devotion to their spiritual path through meditation practices, yoga exercises, penance, and austerities—sometimes taken to the extreme of prolonged self-imposed silence, bodily mortification, such as holding an arm above the head for years, or even ritual suicide—as well as their profound involvement with the mundane world as healers and teachers or magicians and sorcerers. It is a path of knowledge and devotion, renunciation and realization, sexual energy and spiritual power, divine intoxication and mystical union.

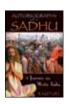
The author examines the different beliefs and behaviors of each Sādhu sect, including the "sky-clad" Naga Babas, and traces their historical and mythological roots to show how they have fundamentally shaped Hinduism since antiquity. Revealing the powerful "otherworldliness" of the Sādhus, the author also exposes the mystical beauty that emanates from those who have chosen the path of asceticism in pursuit of knowledge of the Absolute and liberation from all earthly bonds.

Psychologist, artist, and traveler, Dolf Hartsuiker holds a doctorate in psychology from the University of Utrecht. He divides his time between Utrecht, Holland, and India.

#### Of Related Interest



The Complete Illustrated Kama Sutra Lance Dane Inner Traditions 978-0-89281-138-0 \$25.00 (CAN \$36.50) hardcover 90,000 copies sold



Autobiography of a Sadhu Rampuri Destiny Books ISBN 978-1-59477-330-3 \$18.95 (CAN \$22.95) pb



Shiva Vanamali Inner Traditions ISBN 978-1-62055-248-3 \$19.95 (CAN \$22.95) pb October 2013 release Now in Paperback

# Athanasius Kircher's Theatre of the World

His Life, Work, and the Search for Universal Knowledge JOSCELYN GODWIN

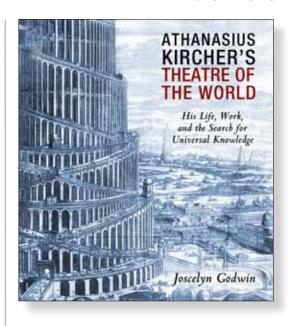
A major study of both the written and pictorial work of a neglected genius whose breadth of interest made him the last Renaissance man

- Fully examines every area of Kircher's wide field of study and accomplishments
- · Magnificently illustrated with stunning engravings from Kircher's work

Jesuit, linguist, archaeologist, and exceptional scholar, Athanasius Kircher (1602–1680) was the last true Renaissance man. To Kircher the entire world was a glorious manifestation of God. His exploration was both a scientific quest and a religious experience. Credited with being the first Egyptologist, his works on Egyptology, music, optics, magnetism, geology, and comparative religion were the definitive texts of their time—and yet they represent only a part of his vast range of knowledge. A Christian Hermeticist in the style of Marsilio Ficino and Pico della Mirandola, his work also examined alchemy, the Kabbalah, and the Egyptian mystery tradition exemplified by Hermes Trismegistus.

The Hermetic cast of Kircher's thought, which was foreign to the concerns of those propelling the Age of Reason, coupled with the breadth of his interests, caused many of his contributions to be widely overlooked—an oversight now masterfully rectified by Joscelyn Godwin. It has been said that Kircher could think only in images. The stunning engravings that are a distinguishing feature of his work are included here so we may fully appreciate and see for ourselves the life work, philosophy, and achievements of "the last man who knew everything."

Educated at Cambridge and Cornell, Joscelyn Godwin, Ph.D., is a professor of music at Colgate University and the author, editor, and translator of many books on Hermeticism and music, including *Cosmic Music*, *The Golden Thread*, *The Harmony of the Spheres*, *Arktos*, and *Atlantis and the Cycles of Time*. Known for his translations of the works of Fabre d'Olivet and Julius Evola as well as Francesco Colonna's *Hypnerotomachia Poliphili*, he lives in Hamilton, New York.



#### March 2015

Inner Traditions
ISBN 978-1-62055-465-4
\$49.95 (CAN \$59.95) Paper with French flaps

Also available in hardcover: ISBN 978-1-59477-329-7

304 pages, 9<sup>7</sup>/<sub>8</sub> x 11 431 black-and-white illustrations Rights: U.S. and Canada Spirituality/Esoteric

"A valuable addition to the history and philosophy of science shelves, offering valuable insight into the life of one of the world's last true polymaths."

— C. G. Wood, Choice: Current Reviews for Academic Libraries

"The author and the publisher have taken real, prolonged, and exhaustive pains to make a beautiful book, and succeeded."

— Philip Pullman, The Guardian

#### Also by Joscelyn Godwin

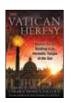


Atlantis and the Cycles of Time Joscelyn Godwin Inner Traditions ISBN 978-1-59477-262-7 \$22.95 (CAN \$26.50) pb

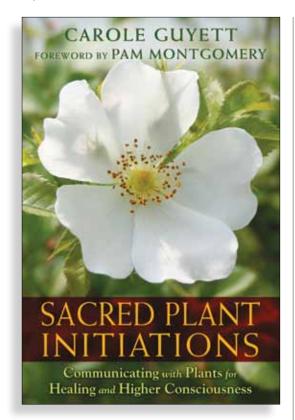


Harmonies of Heaven and Earth Joscelyn Godwin Inner Traditions ISBN 978-0-89281-500-5 \$16.95 (CAN \$22.95) pb 7,000 copies sold

#### Of Related Interest



The Vatican Heresy
Robert Bauval and Chiara Hohenzollern
with Sandro Zicari, Ph.D.
Bear & Company
ISBN 978-1-59143-178-7
\$18.00 (CAN \$21.95) pb
March 2014 release



#### April 2015

Bear & Company ISBN 978-1-59143-213-5 \$16.00 (CAN \$19.50) Paper

Also available as an ebook

288 pages, 6 x 9
Includes 8-page color insert and
50 black-and-white illustrations
Rights: World
Spirituality/Herbalism



Author Carole Guyett

## Sacred Plant Initiations

Communicating with Plants for Healing and Higher Consciousness

CAROLE GUYETT
Foreword by Pam Montgomery

#### A practical guide to connecting with plants through ceremony

- Explains how to commune with plants and their spirits through the traditional shamanic method of "plant dieting" to receive their teachings and guidance
- Details 8 ceremonial plant initiations centered on common, easily recognized plants and trees such as primrose, dandelion, oak, and dog rose
- Provides instructions to develop your own sacred plant initiations and make ceremonial plant elixirs

In this guide to sacred plant initiations, medical herbalist and shamanic practitioner Carole Guyett explains how to commune with plants and their spirits through the traditional shamanic method of "plant dieting." A plant diet involves ingesting a particular plant over a period of time so you regularly receive the plant's vibratory energy as well as its medicinal actions. Adding a ceremonial element to plant dieting offers a sacred initiation by the plant world, allowing you to connect deeply with all aspects of a plant, receive its sacred teachings, and forge a relationship for guidance and healing, benefitting both yourself and others.

Each of the eight ceremonial plant initiations detailed in the book was personally developed by the author through extensive work with her ceremonial groups. They each center on an easily recognized plant or tree such as primrose, dandelion, oak, and dog rose. These common plants have powerful teachings and healing guidance to share with those who communicate with and honor them. The initiations, for both individuals and groups, work with the Wheel of the Year, honoring each plant's sacred timing and connecting with one of the eight Celtic and Pre-Celtic Fire Festivals—the solstices, equinoxes, and the holy days of Beltane, Lughnasadh, Samhain, and Imbolc.

Providing first-hand accounts of people's transformative experiences during these ceremonies, the author offers practical instructions so readers can develop their own sacred plant initiations. She also explains how to make plant elixirs for use in plant diets and for healing. She shows how connecting with plants allows us to deepen our relationship with Nature, access higher levels of consciousness and spiritual realms, and facilitate the full flowering of human potential.

Carole Guyett is a medical herbalist, shamanic practitioner, and Celtic priestess trained by a traditional wise woman in the Western mysteries. She has worked with healing plants for over 30 years. In 2010 she completed a 10-year apprenticeship with Métis Medicine Woman Arwyn DreamWalker, carrier of the Beauty Way Teachings. She offers workshops, teachings, healings, apprenticeships, and personal and group ceremonies both internationally and at her home, Derrynagittah, in Caher, Ireland.

#### Of Related Interest



Plant Intelligence and the Imaginal Realm Stephen Harrod Buhner Bear & Company ISBN 978-1-59143-135-0 \$26.00 (CAN \$31.50) pb May 2014 release



The Secret Teachings of Plants Stephen Harrod Buhner Bear & Company ISBN 978-1-59143-035-3 \$18.95 (CAN \$23.95) pb 37,000 copies sold



Plant Spirit Healing Pam Montgomery Bear & Company ISBN 978-1-59143-077-3 \$16.00 (CAN \$17.95) pb 16,000 copies sold

## The Gift of Shamanism

Visionary Power, Ayahuasca Dreams, and Journeys to Other Realms

ITZHAK BEERY

Foreword by John Perkins, bestselling author of *Confessions of an Economic Hit Man* and *Shapeshifting* 

#### Discover the shamanic powers within each of us

- Explores ayahuasca rituals in the Amazon, messages from power animals and plant spirits, intuitive dreams, soul retrieval, and holograms of past lives and spirits
- Explains the shamanic way of "seeing" to diagnose spiritual, emotional, and physical ailments via candle readings, remote viewing, and shamanic journeys
- Details how the author has helped individuals communicate with loved ones who have passed on and release themselves from negative spirits

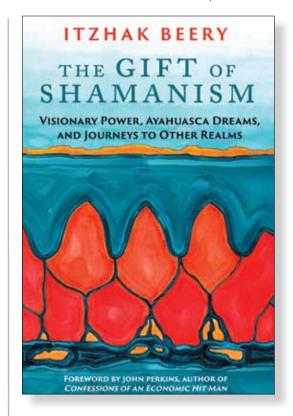
Each and every one of us has shamanic powers. Glimpses of them can arise at any age in the form of intuitive dreams, déjà vu, spontaneous visions, and out-of-body experiences. Most people dismiss these experiences. However, by embracing these gifts, we can unlock our shamanic potential to change ourselves and the world around us.

Revealing his transformation from skeptic to respected shamanic healer, Itzhak Beery explains how, after countless prescient dreams and visions throughout his life that he brushed off, a series of synchronistic events led to his first shamanism workshop with Michael Harner, renowned shamanism scholar and teacher. This, in turn, led to a trip to South America with John Perkins to work with indigenous shamanic healers.

Beery shares his experiences with ayahuasca rituals in the Amazon, messages from power animals and plant spirits, dreams that foretold future events, and holographic sightings of past lives and spiritual entities, both evil and benign. He details his shamanic way of "seeing" to diagnose spiritual, emotional, and physical ailments via candle readings and remote viewing. Explaining how we are always surrounded by spirits, he recounts helping people communicate with loved ones who have passed on and shares powerful stories of soul retrieval during shamanic journeys to other worlds.

Through his true stories of visions that manifested in reality, Beery reveals that we are all shamans. By igniting our natural intuition and developing trust for our inner powers, we can each connect to the oneness of nature where all knowledge is found.

Itzhak Beery is an internationally recognized shamanic healer and teacher. He was initiated into the Circle of 24 Yachaks by his Quechua teacher in Ecuador and by Amazonian Kanamari Pagè. He has also trained intensively with other elders from South and North America. The founder of ShamanPortal.org and cofounder of the New York Shamanic Circle, he is on the faculty of New York Open Center. His work has been featured in the *New York Times*, films, TV, and webinars. An accomplished visual artist and owner of an award-winning advertising agency, he grew up on Kibbutz Beit Alfa in Israel and lives in New York.



#### April 2015

Destiny Books ISBN 978-1-62055-372-5 \$16.95 (CAN \$20.50) Paper

ଌ Also available as an ebook

208 pages, 6 x 9 Rights: World Spirituality/Shamanism

#### Of Related Interest



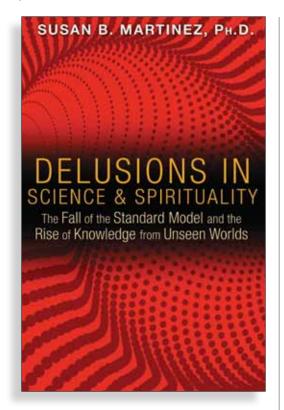
Shapeshifting
John Perkins
Destiny Books
ISBN 978-0-89281-663-7
\$14.95 (CAN \$18.95) pb
35,000 copies sold



Shamanic Awakening Sandra Corcoran Bear & Company ISBN 978-1-59143-180-0 \$18.00 (CAN \$21.95) pb March 2014 release



Shamanic Experience Kenneth Meadows Bear & Company ISBN 978-1-59143-002-5 \$20.00 (CAN \$28.95) pb 30,000 copies sold



#### April 2015

Bear & Company ISBN 978-1-59143-198-5 \$20.00 (CAN \$23.95) Paper

Also available as an ebook

416 pages, 6 x 9 97 black-and-white illustrations Rights: World Spirituality/New Thought



Author Susan B. Martinez, Ph.D.

# Delusions in Science and Spirituality

The Fall of the Standard Model and the Rise of Knowledge from Unseen Worlds

SUSAN B. MARTINEZ, Ph.D.

Debunks cherished theories of mainstream consensus and reveals the deeper mysteries of the science of the unseen

- Reveals a new "Theory of Everything" to replace the standard model and complete our knowledge of Earth Science, anthropology, psychology, and spirituality
- Explains the failings of the Big Bang, evolution, ice age theory, and global warming
- Shows how the Freudian and Jungian theories of the unconscious have grossly misrepresented the spirit of man and the psyche of humanity

What if science and society's most darling theories, taught as fact, were 100% wrong? What if the anomalies that disprove these theories were covered up and distorted and any serious challenges brushed off as lunacy, hysteria, junk science, and dissension?

In this primer in deprogramming, Susan B. Martinez reveals the disinformation at the root of mainstream consensus thinking. She punches gaping holes in the cherished theories of the Big Bang, Darwinian evolution, ice ages, and global warming. Drawing on the ancient science of the unseen and revelations from the Oahspe Bible as well as some of the most advanced thinkers in astrophysics, she explains a new "Theory of Everything" to replace the standard model. She explores the concept of vortexya, the cosmic whirlwind of our own geomagnetic field, which explains quite simply the subtle changes that take place on Earth and in the universe over time without the "magical thinking" of the Big Bang, global warming, or ice ages.

Martinez reveals how the instability of society itself has found its way into our theories, positing explosive change and acceleration where there is none. She explains how homo sapiens' evolution did not suddenly accelerate 40,000 years ago and culture did not accelerate to birth civilization a mere 6,000 years ago. She shows how the theories of the Freudian and Jungian unconscious and of reincarnation have grossly misrepresented the spirit of man and the psyche of humanity.

Resurrecting the majestic order that was once recognized at the basis of reality, Martinez shows that the shift from the Age of Disinformation to the Age of Understanding is well underway.

Susan B. Martinez, Ph.D., is a writer, linguist, teacher, paranormal researcher, and recognized authority on the Oahspe Bible with a doctorate in anthropology from Columbia University. The author of several books, including *Time of the Quickening* and *The Mysterious Origins of Hybrid Man*, she lives in Clayton, Georgia.

#### Also by Susan B. Martinez, Ph.D.



The Mysterious Origins of Hybrid Man Susan B. Martinez, Ph.D. Bear & Company ISBN 978-1-59143-176-3 \$24.00 (CAN \$27.50) pb November 2013 release



The Lost History of the Little People Susan B. Martinez, Ph.D. Bear & Company ISBN 978-1-59143-145-9 \$20.00 (CAN \$22.95) pb

#### Of Related Interest



Forbidden History
Edited by J. Douglas Kenyon
Bear & Company
ISBN 978-1-59143-045-2
\$18.00 (CAN \$23.95) pb
65,000 copies sold

# 7 Reasons to Believe in the Afterlife

A Doctor Reviews the Case for Consciousness after Death JEAN JACQUES CHARBONIER, M.D.

An uplifting study of the scientific evidence for the afterlife from an experienced anesthesiologist/intensive care physician

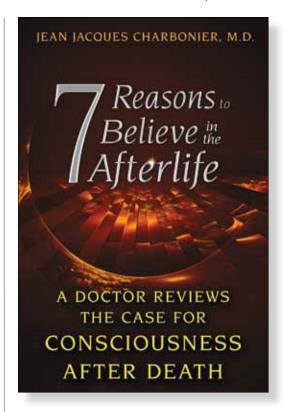
- Details meticulously recorded and hospital-verified cases of near-death experiences
- Cites scientific research on NDEs to refute the standard objections of doubters and materialists point by point
- Explores out-of-body experiences, sessions with mediums, electronic communication with the deceased, and other signs from the afterlife

Over the course of his 25-year career as an anesthesiologist and intensive care physician, Jean Jacques Charbonier, M.D., gathered hundreds of accounts of patients who returned from clinical death. Across all of these accounts—from patients with vastly different backgrounds—Dr. Charbonier found striking similarities as well as indisputable proof that these experiences were more than hallucinations. He surveyed other physicians, nurses, and professional caregivers and discovered that their patients described the same experiences as well as exhibited the same positive life transformations afterward. Igniting a scientific quest to learn more, he collected more accounts of near-death experiences as well as out-of-body experiences, attended dozens of sessions with mediums, experimented successfully with electronic communication with the deceased (EVP), interviewed hundreds of people who have cared for the dying, and gathered countless inexplicable stories of "signs" from the afterlife. With each experience he studied, he found himself more firmly believing in the survival of consciousness beyond death.

Dr. Charbonier distills his findings into 7 reasons to believe in the afterlife, beginning with the more than 60 million people worldwide who have reported a transcendent afterlife experience. He refutes the standard objections of doubters and materialists point by point, citing scientific research on NDEs and the work of pioneers in the field of consciousness studies such as Raymood Moody and Pim van Lommel.

Drawing on meticulously recorded and hospital-verified cases, Dr. Charbonier explains that we should not fear death for ourselves or our loved ones. By releasing our fear of death, we can properly prepare for "the final journey." As those who have returned from death reveal, death is simply a transition and its lessons enable us to live more fully, peacefully, and happily in the now.

Jean Jacques Charbonier, M.D., is a writer and lecturer whose 25 years as an anesthesiologist and intensive care physician led him to investigate near-death experience and the survival of consciousness after death. He lives in France.



#### April 2015

Inner Traditions ISBN 978-1-62055-380-0 \$14.95 (CAN \$17.95) Paper

🎉 Also available as an ebook

160 pages, 6 x 9
Rights: World English

Spirituality/Consciousness Studies

#### Of Related Interest



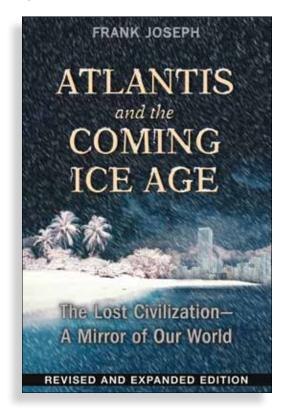
The Immortal Mind Ervin Laszlo with Anthony Peake Inner Traditions ISBN 978-1-62055-303-9 \$16.95 (CAN \$20.50) pb November 2014 release



Science and the Afterlife Experience Chris Carter Inner Traditions ISBN 978-1-59477-452-2 \$18.95 (CAN \$21.95) pb 6,000 copies sold



Science and the Near-Death Experience Chris Carter Inner Traditions ISBN 978-1-59477-356-3 \$18.95 (CAN \$22.50) pb 8,000 copies sold



#### **April 2015**

Bear & Company ISBN 978-1-59143-204-3 \$18.00 (CAN \$21.50) Paper

Also available as an ebook

Replaces previous edition:

\*\*Atlantis and 2012\*
ISBN 978-1-59143-112-1 (Bear & Company)

296 pages, 6 x 9
Includes 8-page color insert and
19 black-and-white illustrations
Rights: World
Spirituality/Ancient Mysteries



Author Frank Joseph

Revised and Expanded Edition of Atlantis and 2012

# Atlantis and the Coming Ice Age

The Lost Civilization—A Mirror of Our World FRANK JOSEPH

Reveals the parallels between the rise and fall of Atlantis, cultures in ancient Mesoamerica, and our modern civilization

- Links the demise of Atlantis with the birth of the Olmec civilization in Mexico, the beginning of the first Egyptian dynasty, and the start of the Mayan Calendar
- Reveals the Atlantean and Mayan prophecy of an eternal cycle of global creation, destruction, and renewal and how we are headed into a destructive phase
- Shows how ancient prophecies correlate precisely with the latest climatology studies, the rising incidence of solar flares, and papers from Pentagon and NASA analysts

With the passing of the Mayan Calendar's end date we can now focus on the true significance of what the Maya and their predecessors were trying to convey to future civilizations. Frank Joseph reveals how the Mayan prophecy, symbolized by their calendar, was created through the combined genius of Atlantis and Lemuria and predicts an eternal cycle of global creation, destruction, and renewal. He shows how this cycle correlates precisely with scientific studies on glacial ice cores and predictions from the Hopi, the Incas, and the Scandinavian Norse as well as the visions of Edgar Cayce. He links the demise of Atlantis with the birth of the Olmec civilization in Mexico (the progenitors of the Maya), the beginning of the first Egyptian dynasty, and the start of the Mayan Calendar.

Drawing on the latest climatology studies and papers from Pentagon and NASA analysts, he reveals that we are on the brink of a destructive phase in the global cycle of change as predicted by the Atlanteans and the Maya. The world's current political, economic, and cultural deterioration is paralleled by unprecedented storms and record temperatures, massive solar flares, tectonic disturbances, and fissuring sea floors that could release dangerous reservoirs of methane gas into the environment—all of which signals we are headed into another ice age.

Despite the Atlanteans' greater understanding of the cyclical nature of catastrophes and of the human role in them, Joseph reveals the mistakes they made that played a crucial role in their civilization's destruction. By recognizing the self-destructive patterns of Atlantis in our own civilization, we can learn from their mistakes to reestablish civilization's cosmic balance before time runs out.

Frank Joseph was the editor in chief of Ancient American magazine from 1993 until 2007. He is the author of several books, including Advanced Civilizations of Prehistoric America and Before Atlantis. He lives in the Upper Mississippi Valley.

#### Also by Frank Joseph



Before Atlantis Frank Joseph Bear & Company ISBN 978-1-59143-157-2 \$20.00 (CAN \$22.95) pb 6,000 copies sold



Survivors of Atlantis Frank Joseph Bear & Company ISBN 978-1-59143-040-7 \$16.00 (CAN \$23.50) pb 11,000 copies sold

#### Of Related Interest



Atlantis beneath the Ice Rand Flem-Ath and Rose Flem-Ath Bear & Company ISBN 978-1-59143-137-4 \$16.00 (CAN \$17.95) pb

## **Enochian Magic and the** Higher Worlds

Beyond the Realm of the Angels

JOHN DeSALVO, Ph.D.

A step-by-step guide to the rituals of Enochian magic for reaching the higher spiritual realms

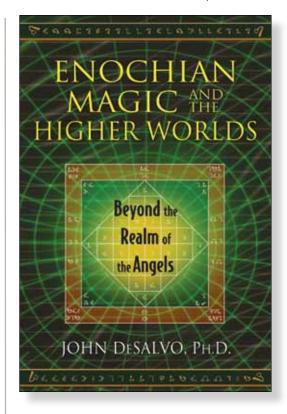
- Reveals missing practical instructions for the Enochian magic system received by John Dee and Edward Kelley
- · Explains that the angelic realm is only the first and farthest away of the spiritual realms surrounding God
- · Shows how to connect with the higher worlds beyond the angels to tap more fully in to the magical power of the Divine

In this comprehensive introduction to Enochian magic and beyond, John DeSalvo explains how the magic system transmitted by the angels to John Dee and Edward Kelley in the 16th century has until now remained incomplete and thus not as powerful as the angels intended.

Drawing on his in-depth study of John Dee's diaries, DeSalvo explains how Dee and Kelley were given the Enochian tables and calls but their communications with the angels were severed before they received the full practical instructions for Enochian magic. To this day, most magical groups improvise and make up rituals based on their own ideas and imagination—the magic they practice is not true angelic magic.

After many successful Enochian magic rituals and years of his own spiritual work, DeSalvo has discovered additional key pieces to the magical system of Dee and Kelley, a system now known as Power Magic. He provides step-by-step instructions for more complete and accurate Enochian magic rituals and reveals how the angelic realm is only the first and farthest away of the spiritual realms surrounding God. He explains how to penetrate this angelic realm with Power Magic to reach higher spiritual worlds and receive more powerful knowledge and energy. He shows that by connecting with the higher worlds beyond the angels, we can tap more fully in to the magical power of the Divine and begin restoring the planetary magic of our most ancient ancestors.

John DeSalvo holds a Ph.D. in biophysics and, for more than 30 years, scientifically studied the Shroud of Turin. A former college professor and current director of the Great Pyramid of Giza Research Association, he is the author of many books, including The Lost Art of Enochian Magic. He is a frequent guest on Coast to Coast AM radio and other shows. He lives in Maple Lake, Minnesota.



#### **April 2015**

**Destiny Books** ISBN 978-1-62055-301-5 \$16.95 (CAN \$20.50) Paper



尾 Also available as an ebook

184 pages, 6 x 9 Includes 8-page color insert and 2 black-and-white illustrations Rights: World New Age/Magic

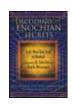


John DeSalvo, Ph.D.

#### Also by John DeSalvo, Ph.D.

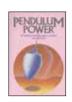


The Lost Art of Enochian Magic John DeSalvo, Ph.D. **Destiny Books** ISBN 978-1-59477-344-0 \$16.95 (CAN \$19.95) pb 10,000 copies sold

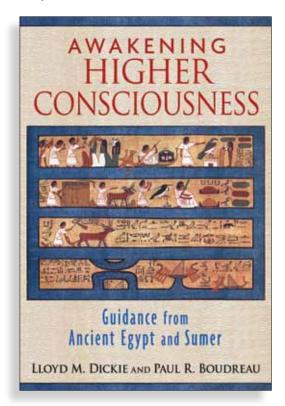


**Decoding the Enochian Secrets** John DeSalvo, Ph.D. **Destiny Books** ISBN 978-1-59477-364-8 \$19.95 (CAN \$23.50) hardcover

#### Of Related Interest



Pendulum Power Greg Nielsen and Joseph Polansky **Destiny Books** ISBN 978-0-89281-157-1 \$9.95 (CAN \$13.50) pb 72,000 copies sold



#### May 2015

Inner Traditions ISBN 978-1-62055-394-7 \$18.95 (CAN \$22.95) Paper

🎉 Also available as an ebook

272 pages, 6 x 9 40 black-and-white illustrations Rights: World Spirituality/Esoteric



Author Lloyd M. Dickie



Author Paul R. Boudreau

# Awakening Higher Consciousness

Guidance from Ancient Egypt and Sumer

LLOYD M. DICKIE and PAUL R. BOUDREAU

Explains the relevance of ancient myths to the awakening to higher states of consciousness and enlivened experience of the world

- Shows how higher consciousness can arise within each of us by following the guidance found in ancient myths
- Reveals how myths influence our personal development without our awareness through their influence on our core values and culture
- Examines ancient Sumerian, Egyptian, Babylonian, and Hebrew myths, such as the Epic of Gilgamesh and the story of Osiris and Isis

In this study of ancient Sumerian, Egyptian, Babylonian, and Hebrew myths, authors Lloyd M. Dickie and Paul R. Boudreau show that many classic myths contain instructions for awakening higher consciousness, allowing access to enlivened experience of the world and awareness of the divine within and around us.

Inspired by the work of R. A. Schwaller de Lubicz, the authors deeply examine creation myths and well-known ancient myths from Mesopotamia and Egypt, such as the Epic of Gilgamesh and the story of Osiris and Isis. They reveal that these myths are not behavioral morality tales but actual delineations of how a higher order can arise within each of us. The authors explain how these stories teach us to distinguish the heaven within from the earth within us, to find the essential part of our being that provides a link with our higher powers.

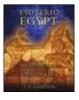
Spending more than a year onsite in Egypt to personally connect with the myths, the authors explain how ancient storytellers intentionally chose myths as a vehicle for teachings because story has a seed-like capacity to implant itself in the unconscious and influence development without the individual being aware of it. By crafting these sacred narratives, the ancient Sumerians and Egyptians provide tools to awaken to the presence of higher consciousness as well as a road map for the individual to come into conscious alignment with the perpetual unfolding of the universe.

Lloyd M. Dickie, Ph.D., has a master's degree from Yale University and a doctorate from the University of Toronto. A retired ecologist and former professor of oceanography and biology at Dalhousie University, he has studied ancient Egypt for more than 30 years, including many active site explorations. Paul R. Boudreau is an ecologist and biologist who studies ancient myths and sites, including onsite explorations of Egyptian temples, tombs, and pyramids. Both authors live in Dartmouth, Nova Scotia.

#### Of Related Interest



The Temple in Man R. A. Schwaller de Lubicz Illustrated by Lucie Lamy Inner Traditions ISBN 978-0-89281-021-5 \$12.95 (CAN \$18.95) pb 18,000 copies sold



Esoteric Egypt J. S. Gordon Bear & Company ISBN 978-1-59143-196-1 \$25.00 (CAN \$29.95) pb February 2015 release



The Path of Initiation J. S. Gordon Inner Traditions ISBN 978-1-62055-173-8 \$29.95 (CAN \$34.50) Paper with French flaps

## The John Michell Reader

Writings and Rants of a Radical Traditionalist

Selected and introduced by JOSCELYN GODWIN

#### Deepest thoughts and musings of a 1960s countercultural icon

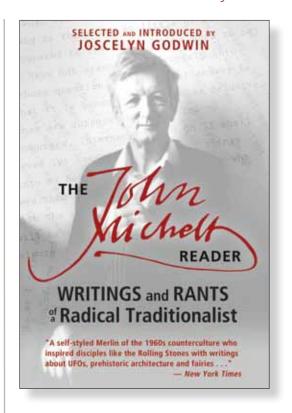
- Includes 108 of Michell's most insightful, erudite, witty, and occasionally scathing essays on diverse topics ranging from sacred practices of the Stone Age to the evils of the metric system to the madness of modernity
- Describes principles to live in tune with the divine order of the world and discover the "paradise of the philosophers" of ancient times.
- Includes an introductory overview by Joscelyn Godwin of Michell's entire career

A countercultural icon of the 1960s, John Michell (1933–2009) was perhaps best known for his books on sacred geometry, Earth mysteries, and unusual phenomena. He was also beloved and reviled for his radical, idealistic, yet classically traditional views on a wide range of heretical topics, from sacred practices of the Stone Age to the evils of the metric system to the madness of modernity and the unfolding apocalypse.

Carefully selecting 108 of Michell's most insightful, erudite, witty, and occasionally scathing essays from his column in the monthly magazine *The Oldie*, esoteric scholar Joscelyn Godwin presents a colorful collection of Michell's writings and rants that cover nearly every aspect of society, history, and traditional wisdom. In these short essays, Michell takes on agribusiness, Darwinism, superstition, Stonehenge, the insanity of modern society, UFOs, Jesus, fairies, the Grail legend, among many other topics. No matter how small the topic under consideration, Michell always takes a larger view on it, illuminating it with light from above.

Godwin's artful selection and ordering of essays reveals Michell's overarching grand view of the world at large. We glimpse the heart of Michell as idealistic Platonist and radical traditionalist, absorb his common sense lessons for living in tune with the divine order, and are reminded that the elusive "paradise of the philosophers" of ancient times is still within reach for those with the strength of vision to see it.

Educated at Cambridge and Cornell, Joscelyn Godwin, Ph.D., is a professor of music at Colgate University and the author, editor, and translator of more than 30 books, including Atlantis and the Cycles of Time and Athanasius Kircher's Theatre of the World. Known for his translations of the works of Fabre d'Olivet and Julius Evola as well as Francesco Colonna's Hypnerotomachia Poliphili, he lives in Hamilton, New York.



#### May 2015

Inner Traditions ISBN 978-1-62055-415-9 \$19.95 (CAN \$23.95) Paper

🎉 Also available as an ebook

Replaces previous edition:

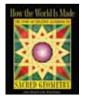
Confessions of a Radical Traditionalist
ISBN 978-0-97120-444-7 (Dominion)

320 pages, 6 x 9 Rights: World Spirituality/Esoteric

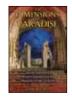
"A self-styled Merlin of the 1960s counterculture who inspired disciples like the Rolling Stones with writings about UFOs, prehistoric architecture and fairies . . ."

— New York Times

#### Also by John Michell



How the World Is Made John Michell with Allan Brown Inner Traditions ISBN 978-1-59477-324-2 \$35.00 (CAN \$48.95) hardcover 7,000 copies sold

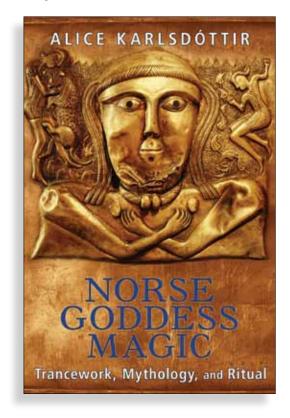


The Dimensions of Paradise John Michell Inner Traditions ISBN 978-1-59477-198-9 \$16.95 (CAN \$18.95) pb

#### Of Related Interest



Lost Knowledge of the Ancients
Edited by Glenn Kreisberg
Bear & Company
ISBN 978-1-59143-117-6
\$18.00 (CAN \$20.95) pb
15,000 copies sold



#### May 2015

Destiny Books ISBN 978-1-62055-407-4 \$16.95 (CAN \$20.50) Paper

Also available as an ebook

224 pages, 6 x 9 3 black-and-white illustrations Rights: World Spirituality/New Age



Author Alice Karlsdóttir

## Norse Goddess Magic

Trancework, Mythology, and Ritual

ALICE KARLSDÓTTIR

A practical guide to the magic of the feminine side of the Norse pantheon

- Provides invocations and rituals to call each goddess forth for personal and group spirit work
- Details the author's trancework to discover the personalities and powers of Frigg the Allmother, wife of Odin, and the 12 lesser-known Aesir goddesses associated with her
- Offers a comprehensive guide to tranceworking to connect with the deities

Combining traditional research on folklore and the *Eddas* with trancework and meditation techniques, Alice Karlsdóttir was able to rediscover the feminine side of the Norse pantheon and assemble working knowledge of 13 Norse goddesses for both group ritual and personal spirit work.

Detailing her trancework journeys to connect with the goddesses, the author reveals the long-lost personalities and powers of each deity. She explores the Norse goddess Frigg the Allmother, wife of Odin, along with the 12 Asynjur, or Aesir goddesses, associated with her, such as Sjofn the peacemaker, Eir the Healer, and Vor the Wisewoman. She shares their appearances in the *Eddas* and Germanic mythology and explains the meanings of their names, their relationships to each other, and their connections to the roles of women in Old Norse society. She provides detailed instructions for invocations and rituals to call each goddess forth for personal and group spirit work. She also offers a comprehensive guide to ritual tranceworking to allow anyone to directly experience deities and spiritual beings and develop spiritwork relationships with them.

Alice Karlsdóttir has been involved in the Germanic Heathen revival for nearly 40 years, both as a student of Scandinavian and Northern European mythology and folklore and as a practicing Norse Pagan (Asatru). She is a Master in the Rune Gild, an initiatic organization for the teaching and research of runelore and runework, and has been a priestess in several kindreds. She has contributed articles to a number of publications, including *Gnosis Magazine*, as well as given workshops and presentations on runes, tranceworking, and ritual at various festivals. She lives in Houston, Texas.

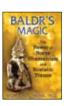
#### Of Related Interest



Grail Alchemy Mara Freeman Destiny Books ISBN 978-1-62055-191-2 \$19.95 (CAN \$22.95) pb February 2014 release



Nordic Runes
Paul Rhys Mountfort
Destiny Books
ISBN 978-0-89281-093-2
\$16.95 (CAN \$24.95) pb
12,000 copies sold



Baldr's Magic Nicholas E. Brink, Ph.D. Bear & Company ISBN 978-1-59143-184-8 \$18.00 (CAN \$21.95) pb March 2014 release

# Pagan Magic of the Northern Tradition

Customs, Rites, and Ceremonies

**NIGEL PENNICK** 

A practical guide to the magical history, customs, and practices of pre-Christian Northern Europe

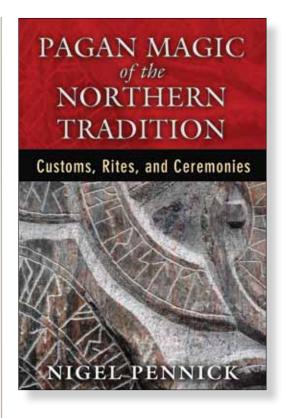
- Details the everyday magic of the Northern Tradition, including household magic, protection spells, and the significance of the days of the week
- Explores direct natural magic, such as shapeshifting and soul travel, and talismanic or sigil magic, including runes and rituals to unlock the power of crafted objects
- Explains how many of these customs continue to the present day

In the pre-Christian societies of Northern Europe, magic was embedded in the practical skills of everyday life. Everything in Nature was ensouled with an inner spirit, as was anything made by hand. People believed in magic because it worked and because it was part of the functionality of their day-to-day lives. Many of these practical observances and customs continue to the present day as rural traditions, folk customs, household magic, and celebrations of the high and holy days of the calendar.

Exploring the magical pagan traditions of the people now called Celtic, Germanic, Scandinavian, Slavonic, and Baltic, Nigel Pennick examines the underlying principle of the Northern Tradition—the concept of Wyrd—and how it empowers the arts of operative magic, such as direct natural magic and talismanic or sigil magic. Through direct natural magic, individuals can shape shift, journey out of the body, or send one of their three souls (*fylgia* or "fetch") ahead of them. Sigil magic involves the powers contained in objects, which can be channeled after the appropriate ritual. Runes are the most powerful sigils in the Northern Tradition and were used to ward off illness, danger, hostile magic, and malevolent spirits. Emphasizing the importance of the cycles of Nature to the tradition, Pennick explores the eightfold sun dials and the four ways the solar year is defined. He looks at the days of the week and their symbolic association with different deities as well as why particular acts are performed on certain days and what the customary lucky and unlucky days are. He also examines sacred spaces, household magic, protection spells, and the role of music in the Northern Tradition.

Explaining all the traditional holidays and activities necessary to honor them, Pennick shows how anyone can participate authentically in the magic of the Northern Tradition if they take care to do things properly, with respect, and on the right day.

Nigel Pennick has traveled and lectured extensively in Europe and the United States on sacred geometry, the spirit of place, spiritual arts and crafts, and labyrinths. He is the author and illustrator of more than 50 books, including *The Pagan Book of Days* and *The Book of Primal Signs*. He lives in Cambridge, England.



#### May 2015

Destiny Books ISBN 978-1-62055-389-3 \$19.95 (CAN \$23.95) Paper

ଌ Also available as an ebook

352 pages, 6 x 9 85 black-and-white illustrations Rights: World Spirituality/Paganism



Autnor Nigel Pennick

#### Also by Nigel Pennick

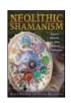


The Book of Primal Signs Nigel Pennick Destiny Books ISBN 978-1-62055-315-2 \$16.95 (CAN \$20.50) pb July 2014 release

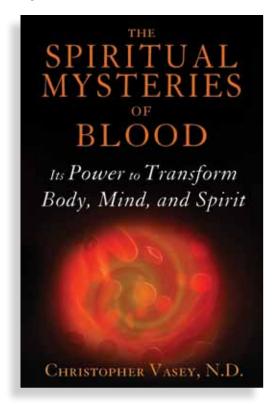


The Pagan Book of Days Nigel Pennick Destiny Books ISBN 978-0-89281-867-9 \$14.95 pb 17,000 copies sold

#### Of Related Interest



Neolithic Shamanism Raven Kaldera and Galina Krasskova Destiny Books ISBN 978-1-59477-490-4 \$18.95 (CAN \$21.95) pb



#### May 2015

Healing Arts Press ISBN 978-1-62055-417-3 \$14.95 (CAN \$17.95) Paper

Also available as an ebook

144 pages, 5<sup>3</sup>/<sub>8</sub> x 8<sup>1</sup>/<sub>4</sub> Rights: World English Health/Spirituality



Author Christopher Vasey, N.D.

# The Spiritual Mysteries of Blood

Its Power to Transform Body, Mind, and Spirit CHRISTOPHER VASEY, N.D.

#### Reveals how our blood acts as the bridge between body and spirit

- Explains how our blood's natural radiation connects our bodies to our spirits and serves as a means of communication between the two
- Reveals how highly processed diets, vitamin and mineral deficiencies, heavy metal poisoning, medications, drugs, and alcohol negatively affect blood radiation and lead to physical, emotional, and spiritual imbalances
- Provides advice on the ideal diet for each individual, whether omnivore, vegetarian, or allergy-prone, to optimize blood radiation

Blood does far more than transport oxygen and nutrients, remove metabolic wastes, and convey hormonal messages from one cell to another. Providing medical examples to show how the body actively works to maintain our blood, even becoming seriously ill to save it, Christopher Vasey, N.D., explains how blood's primary function is to form the bridge between the body and the human spirit.

Vasey reveals how the blood, like everything in our world, radiates. The blood's radiation is what connects body to spirit and serves as a means of communication between the two. Any deficiencies in the blood's composition directly affect our spirit's ability to stay connected to our physical body. Every change in the blood induces changes in our state of being and influences our psychic state. Many mental conditions such as loss of drive, unexplained sadness and irritability can be treated by restoring balance to the blood. In fact, the four basic temperaments—sanguine, melancholic, choleric, and phlegmatic—are intimately connected with our blood composition, hence the truth behind describing someone as "hot-blooded" or "cold-blooded."

The author explains how highly processed foods, vitamin deficiencies, heavy metal poisoning, and medications can negatively affect blood radiation and lead to physical, emotional, and spiritual imbalances. Revealing the spiritual purpose of eating, he explores how to improve blood radiation and composition with dietary changes, focusing on food that is organically produced and additive-free to avoid introducing any toxins or artificial ingredients into the bloodstream.

Vasey offers advice to find the ideal diet for each individual, whether omnivore, vegetarian, or allergy-prone. He shows that by optimizing our blood composition, we improve our connection to spirit and provide a sound base for our soul to further its development.

Christopher Vasey, N.D., is a naturopath specializing in detoxification and rejuvenation. He is the author of many books, including *The Acid-Alkaline Diet for Optimum Health*, and *Natural Remedies for Inflammation*. He lives near Montreux, Switzerland.

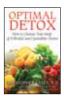
#### Also by Christopher Vasey, N.D.



The Acid-Alkaline Diet for Optimum Health Christopher Vasey, N.D. Healing Arts Press ISBN 978-1-59477-154-5 \$12.95 (CAN \$16.50) pb 162,000 copies sold



Natural Remedies for Inflammation Christopher Vasey, N.D. Healing Arts Press ISBN 978-1-62055-323-7 \$14.95 (CAN \$17.95) pb December 2014 release



Optimal Detox Christopher Vasey, N.D. Healing Arts Press ISBN 978-1-59477-489-8 \$14.95 (CAN \$17.50) pb

## Fight Alzheimer's with Vitamins and Antioxidants

KEDAR N. PRASAD, PH.D.

The most complete and up-to-date resource on the powerful benefits of nutritional supplements for the treatment and prevention of Alzheimer's disease

- Provides an easy-to-follow program of supplements to optimize the benefits of Alzheimer's treatment and maximize the impact of prevention strategies
- Shows how standard treatments do not counteract the oxidative stress and chronic inflammation at the source of Alzheimer's
- Also addresses related complications and symptoms such as altered sleep patterns, memory impairment, and behavior changes like depression and anger

In this practical scientific guide, leading researcher in cancer, heart disease, and diabetes prevention Kedar N. Prasad, Ph.D., reveals the latest revolutionary discoveries on the use of antioxidants to prevent and treat Alzheimer's disease. He details how the proper combinations of vitamin and antioxidant supplements can greatly increase the effectiveness of standard medical treatments for Alzheimer's as well as delay or even prevent onset despite a family history of the disease.

Prasad shows how oxidative stress and chronic inflammation play a significant role in the initiation and progression of neurodegenerative diseases like Alzheimer's. He provides an easy-to-follow daily supplement regime for multiple age groups to target free radical damage and inflammation and stop the progression of Alzheimer's and related complications such as altered sleep patterns, memory impairment, and behavior changes like depression and anger. Reviewing the scientific research on supplements and Alzheimer's, he debunks the flawed conclusions of the neurological community that vitamins and antioxidants are ineffective, revealing how their studies focused on specific micronutrients used alone rather than synergistic combinations.

Offering the missing complement to the standard care of medications promoted by mainstream medicine, this guide provides a truly holistic approach to Alzheimer's prevention, treatment, and care.

Kedar N. Prasad, Ph.D., is the chief scientific officer of the Premier Micronutrient Corporation, the former director of the Center for Vitamins and Cancer Research at the University of Colorado School of Medicine, and the former president of the International Society of Nutrition and Cancer. The author of Fight Diabetes with Vitamins and Antioxidants and Fight Heart Disease with Vitamins and Antioxidants and coauthor of Fighting Cancer with Vitamins and Antioxidants, he lives in the San Francisco Bay area.

# **Fight** Alzheimer's with Vitamins and **Antioxidants**



- · Maximizes the benefits of treatment and prevention programs
- · Slows the progression of symptoms such as memory impairment
- · Includes daily supplement guides by age

Kedar N. Prasad, Ph.D.

#### June 2015

Healing Arts Press ISBN 978-1-62055-317-6 \$14.95 (CAN \$17.95) Paper

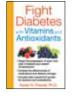
尾 Also available as an ebook

208 pages, 6 x 9 Rights: World Health/Nutrition

"One of the leading and respected authorities in the field of antioxidant use." —Jeanne Drisko, M.D., CNS, FACN, Integrative Medicine program director,

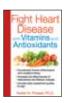
University of Kansas Medical Center

Also by Kedar N. Prasad, Ph.D.



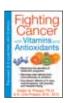
Fight Diabetes with Vitamins and Antioxidants

Kedar N. Prasad. Ph.D. Healing Arts Press ISBN 978-1-62055-166-0 \$16.95 (CAN \$20.50) pb April 2014 release



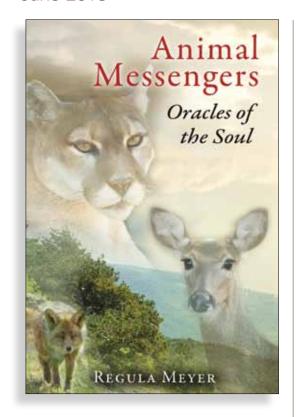
**Fight Heart Disease with Vitamins** and Antioxidants

Kedar N. Prasad. Ph.D. Healing Arts Press ISBN 978-1-62055-296-4 \$16.95 (CAN \$20.50) pb December 2014 release



Fighting Cancer with Vitamins and **Antioxidants** 

Kedar N. Prasad. Ph.D., and K. Che Prasad, M.S., M.D. Healing Arts Press ISBN 978-1-59477-423-2 \$16.95 (CAN \$18.95) pb 29,000 copies sold



#### June 2015

Bear & Company ISBN 978-1-59143-161-9 \$18.00 (CAN \$21.50) Paper

Also available as an ebook

256 pages, 6 x 9 90 black-and-white illustrations Rights: World English Spirituality/Animals

## **Animal Messengers**

Oracles of the Soul

**REGULA MEYER** 

An animal-by-animal guide that reveals the meaning behind each encounter we have with animals

- Provides sophisticated psychological insight into encounters with more than 150 animals, birds, reptiles, insects, and aquatic life
- Explores how animals reflect our inner world, drawing our attention to inner turmoil, relationship issues, spiritual growth, and the deepest needs of the soul
- Explains how the meaning of each encounter depends on whether the animal was hunting, fleeing, hiding, or acting indifferent when sighted

We each feel connections to animals in our own way. Some of us have pets. Others admire animals in the wild. Because the outer world often reflects our internal states and animals are highly sensitive to our energies, each encounter with an animal signals something about our inner world and innermost concerns. The spontaneous, surprising contacts are the telling ones: a sparrow landing next to you, a fox darting across the road, or a bee alighting on your hand. However, even regular encounters with our pets can draw attention to our inner world and what needs to be thought over and grappled with, from psychic turmoil and relationship issues to spiritual growth and the deepest needs of the soul.

Providing sophisticated psychological insight into encounters with more than 150 animals, birds, reptiles, insects, and aquatic life, Regula Meyer explores the messages each animal provides for us on a personal level when we encounter them. She explains how the meaning of each encounter depends on whether the animal was hunting, fleeing, hiding, or acting indifferent when sighted. For example, a fleeing animal is prompting you to pursue a subject consciously, while a hiding animal tells you to patiently observe something and draw insights from it.

The author shows how animal encounters in the wild cause us to contemplate the present moment and inspire the flow of our perceptions, leading us to meditate on important concerns we may be ignoring or unaware of. Pets and other animals we see every day act as intensifiers of the energy for which they stand.

With this animal-by-animal guide, you can discover the deep meaning behind your encounters with animals and the messages they bring as oracles of our souls.

Regula Meyer is a spiritual channeler with a deep connection to animals. She teaches workshops in Switzerland on guided meditation, the Medicine Wheel, life's spiritual purpose, and power animals. She offers individual life-coaching and spiritual guidance consultations. She lives in Sevelen, Switzerland.

#### Of Related Interest



Dreaming with Polar Bears Dawn Baumann Brunke Bear & Company ISBN 978-1-59143-183-1 \$16.00 (CAN \$19.50) pb November 2014 release



Bird Medicine Evan T. Pritchard Bear & Company ISBN 978-1-59143-158-9 \$18.00 (CAN \$20.95) pb



Entering the Mind of the Tracker Tamarack Song Bear & Company ISBN 978-1-59143-160-2 \$18.00 (CAN \$20.95) pb

# Speaking with Nature

Awakening to the Deep Wisdom of the Earth

SANDRA INGERMAN and LLYN ROBERTS

#### Connecting with nature and nature beings to help heal us and the Earth

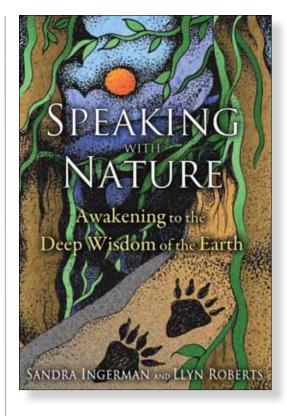
- Provides experiential practices to communicate with nature and access the creative power of the Earth
- Shares transformative wisdom teachings from conversations with nature beings, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, exploring the role of each in bringing balance to the planet

Nature and the Earth are conscious. They speak to us through our dreams, intuition, and deep longings. By opening our minds, hearts, and senses we can consciously awaken to the magic of the wild, the rhythms of nature, and the profound feminine wisdom of the Earth. We can connect with nature spirits who have deep compassion and love for us, offering their guidance and support as we each make our journey through life.

Renowned shamanic teachers Sandra Ingerman and Llyn Roberts explain how anyone can access the spirit of nature whether through animals, plants, trees, or insects, or through other nature beings such as Mist or Sand. They share transformative wisdom teachings from their own conversations with nature spirits, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, revealing powerful lessons about the feminine qualities of nature and about the reader's role in the healing of the Earth. They provide a wealth of experiential practices that allow each of us to connect with the creative power of nature. Full of rich imagery, these approaches can be used in a backyard, in the wilderness, in a city park, or even purely through imagination, allowing anyone to communicate with and seek guidance from nature beings no matter where you live.

By communing and musing with nature, we learn how to speak to the spirit that lives in all things, bringing balance to us and the planet. By tapping into the feminine wisdom of the Earth, we evoke a deep sense of belonging with the natural world and cultivate our inner landscape, planting the seeds for harmony and a natural state of joy.

Sandra Ingerman, M.A., is a respected shamanic teacher who gives workshops internationally on shamanic journeying, healing, and soul retrieval. The author of 8 books, including Awakening to the Spirit World and Soul Retrieval, she lives in Santa Fe, New Mexico. Llyn Roberts, M.A., is an acclaimed teacher of healing and shamanism who facilitates sacred journeys to work with indigenous people throughout the world. She teaches at Omega Institute in Rhinebeck, New York, and at Esalen in Big Sur, California. The award-winning author of several books, including Shamanic Reiki and Shapeshifting into Higher Consciousness, she lives near the Hoh Rain Forest in Washington State.



#### June 2015

Bear & Company ISBN 978-1-59143-190-9 \$16.00 (CAN \$19.50) Paper



尾 Also available as an ebook

288 pages, 6 x 9 30 black-and-white line illustrations Rights: World

Spirituality/Shamanism



Sandra Ingerman



Llyn Roberts

#### Of Related Interest



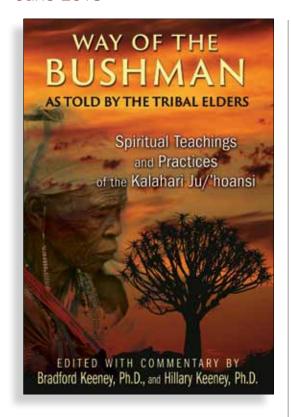
The World Is As You Dream It John Perkins **Destiny Books** ISBN 978-0-89281-459-6 \$14.95 (CAN \$18.95) pb 26,000 copies sold



Sacred Plant Medicine Stephen Harrod Buhner Bear & Company ISBN 978-1-59143-058-2 \$16.00 (CAN \$20.95) pb 15,000 copies sold



Plant Spirit Shamanism Ross Heaven and Howard G. Charing **Destiny Books** ISBN 978-1-59477-118-7 \$16.95 (CAN \$21.50) pb 16,000 copies sold



#### June 2015

Bear & Company ISBN 978-1-59143-205-0 \$18.00 (CAN \$21.50) Paper

Also available as an ebook

304 pages, 6 x 9 Rights: World Spirituality/Shamanism



Authors Hillary and Bradford Keeney

## Way of the Bushman

Spiritual Teachings and Practices of the Kalahari Ju/hoansi

Edited with commentary by BRADFORD KEENEY, Ph.D., and HILLARY KEENEY, Ph.D.

The first comprehensive presentation of the core teachings of the Kalahari Bushmen as told by the Tribal Elders

- Reveals how the Bushmen are able to receive direct transmissions of God's love for healing and spiritual transformation
- Explores tribal legends and teaching tales, the importance of dreams and animals, and the origins of their dances, rituals, and ceremonies

Step into the imaginative realm of one of the oldest continuous cultures on Earth, the Kalahari Ju/'hoan Bushmen. Translated by Beesa Boo, a Bushman, and interspersed with detailed commentary from Bradford and Hillary Keeney, this book presents the core teachings of the Kalahari Bushmen as told by the tribal elders themselves. Decades in the making, it constitutes the first comprehensive work on the world's oldest tradition of healing and spiritual experience.

Told in their own words, these teachings reveal how the Bushmen are able to receive direct transmissions of God's love in the form of the universal life force, n/om. The individuals who are filled with this force describe it as an awakened, energized feeling of love that inspires a spontaneous and heightened ecstatic awareness that opens mystical perception. Having your heart transfixed by this force enables true healing and spiritual growth to occur. Experiencing the force in your entire being, through a vision of "God's egg", awakens deep spiritual wisdom and extraordinary healing gifts. Those who "own the egg" are blessed with the ability to have direct communication with the Divine, a "rope to God," and can communicate with others for all "ropes" are connected.

Conveying the deep love that is the dominant emotion of Bushman spirituality, the book explores tribal legends and teaching tales, the importance of dreams and encounters with animals, the origins of their dances, such as the giraffe dance, and specific rituals and ceremonies, including puberty rites for boys and girls.

"As the elder teachers of the Ju'/hoan Bushman (San) people, we hold the most enduring traditional wisdom concerning healing and spiritual experience. This book is a testimony of our ecstatic ways. We happily share our basic teachings about spirituality and healing with those whose hearts are sincerely open."

Bradford Keeney, Ph.D., is a renowned traditional healer, spiritual teacher, musician, and scholar. His fieldwork with the Kalahari Bushmen (San) in Namibia and Botswana began more than two decades ago. He is the author of many books, including *Bushman Shaman* and *Shaking Medicine*. Hillary Keeney, Ph.D., is a traditional healer, spiritual teacher, dancer, scholar, and associate editor of *Dance*, *Movement*, and *Spirituality*. Together the Keeneys cofounded the Keeney Institute for Healing.

#### Also by Bradford Keeney, Ph.D., and Hillary Keeney, Ph.D.



Seiki Jutsu Bradford Keeney and Hillary Keeney Healing Arts Press ISBN 978-1-62055-234-6 \$16.95 (CAN \$20.50) pb April 2014 release



Bushman Shaman Bradford Keeney Destiny Books ISBN 978-0-89281-698-9 \$16.95 (CAN \$24.95) pb



Shaking Medicine Bradford Keeney Destiny Books ISBN 978-1-59477-149-1 \$19.95 (CAN \$24.95) pb

# Aboriginal Secrets of Awakening

A Journey of Healing and Spirituality with a Remote Australian Tribe

ROBBIE HOLZ with CHRISTIANN HOWARD

One woman's story of healing through Aboriginal principles and awakening to her own healing powers

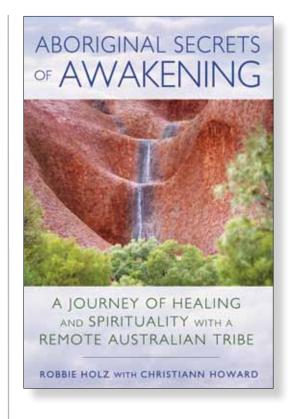
- Explains principles from the 60,000-year-old Aboriginal culture of Australia that can help create transformation in your life
- Details her experiences participating in secret women's ceremonies with an Outback Aboriginal tribe
- Describes how she recovered from illness, met her team of spirit guides, coped with her husband's passing, and found that love can transcend death

Sharing her journey from bedridden patient to inspired healer, Robbie Holz recounts her recovery from hepatitis C, fibromyalgia, and treatment-induced brain damage, as well as the blossoming of her own healing powers, through her work with her husband, the late healer Gary Holz, and her experiences with a remote tribe in the Outback of Australia.

Robbie describes many of the miraculous healings she witnessed while working with Gary in his Aboriginal-inspired healing practice. She details the powers that Gary developed after his transformative time being healed by Aborigines, including telepathy, seeing the inner workings of his patients' bodies, and channeling the healing energy of the universe. She discloses how Gary accessed the Dreamtime, the energy field that is the source of reality, and reveals how her work with Gary led her to an invitation to participate in secret Aboriginal women's ceremonies in the harsh Outback desert, where her own healing powers blossomed.

Through her story of healing and discovery, Robbie describes principles from the 60,000-year-old Aboriginal culture that can help create transformation in your life. She explains how she became aware of her team of spirit guides, who provide unwavering support and unconditional love through each of life's struggles. She shares the tenderness of her husband's final moments and how she worked past her grief to transform her relationship with him, enabling him to become an active, loving part of her spirit team and partner in her healing work.

Robbie Holz is an international speaker and holistic wellness consultant. With her late husband, Dr. Gary Holz, she is the author of the award-winning book *Secrets of Aboriginal Healing*. She lives in the Seattle area. Christiann Howard is a novelist, collaborative writer, and web content designer living in the Seattle area.



#### June 2015

Bear & Company ISBN 978-1-59143-219-7 \$16.00 (CAN \$19.50) Paper



288 pages, 6 x 9 Rights: World Spirituality/Healing



Author Robbie Holz

#### Also by Robbie Holz



Secrets of Aboriginal Healing Gary Holz, D.Sc., with Robbie Holz Bear & Company ISBN 978-1-59143-175-6 \$15.00 (CAN \$17.50) pb September 2013 release

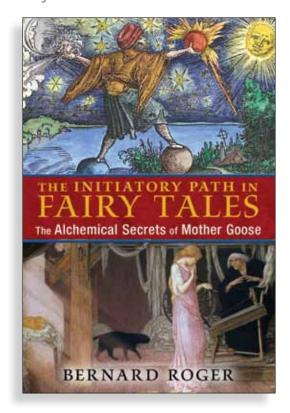
#### Of Related Interest



Wise Women of the Dreamtime K. Langloh Parker Edited by Johanna Lambert Park Street Press ISBN 978-0-89281-477-0 \$14.95 (CAN \$18.95) pb 25,000 copies sold



Aboriginal Men of High Degree A. P. Elkin Inner Traditions ISBN 978-0-89281-421-3 \$14.95 (CAN \$23.95) pb 11,000 copies sold



#### July 2015

Inner Traditions ISBN 978-1-62055-403-6 \$19.95 (CAN \$23.95) Paper

Also available as an ebook

320 pages, 6 x 9 Rights: World English Spirituality/Esoteric

# The Initiatory Path in Fairy Tales

The Alchemical Secrets of Mother Goose

**BERNARD ROGER** 

Hidden within age-old classic stories lie the hermetic teachings of alchemy and Freemasonry

- Explains how the stages of the Great Work are encoded in both little known and popular stories such as Cinderella, Snow White, and Little Red Riding Hood
- Reveals the connection between Mother Goose and important esoteric symbols of the Western Mystery tradition
- Demonstrates the ancient lineage of these stories and how they originated as the trigger to push humanity toward higher levels of consciousness

In his Mystery of the Cathedrals, the great alchemist Fulcanelli revealed the teachings of the hermetic art encoded in the sculpture and stained glass of the great cathedrals of Europe. What he did for churches, his disciple Bernard Roger does here for fairy tales.

Through exhaustive analysis of the stories collected by the Brothers Grimm, Perrault, and others, Roger demonstrates how hermetic ideas, especially those embodied in alchemy and Freemasonry, can be found in fairy tales, including such popular stories as Cinderella, Snow White, Sleeping Beauty, and Little Red Riding Hood as well as the tales attributed to "Mother Goose." The goose has long been an important esoteric symbol in the Western Mystery tradition. The stories told under the aegis of Mother Goose carry these symbols and secrets, concealed in what hermetic adepts have long called "the language of the birds."

Drawing upon the original versions of fairy tales, not the sanitized accounts made into children's movies, the author reveals how the tales illustrate each stage of the Great Work and the alchemical iterations required to achieve them. He shows how the common motif of a hero or heroine sent in search of a rare object by a sovereign before their wishes can be granted is analogous to the Masonic quest for the lost tomb of Hiram or the alchemist's search for the fire needed to perform the Great Work. He also reveals how the hero is always aided by a green bird, which embodies the hermetic understanding of the seed and the fruit.

By unveiling the secret teachings within fairy tales, Roger demonstrates the truly ancient lineage of these initiatory stories and how they originated as the trigger to push humanity toward higher levels of consciousness.

Bernard Roger is the last of the generation of alchemists who worked directly with Eugene Canseliet, Rene Alleau, and other disciples of Fulcanelli. A member of the surrealist group in France, he is the author of A la Découverte d'alchimie and Paris et l'Alchimie. He lives in Paris.

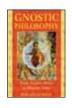
#### Of Related Interest



The Esoteric Secrets of Surrealism Patrick Lepetit Inner Traditions ISBN 978-1-62055-175-2 \$29.95 (CAN \$35.95) pb April 2014 release



Fulcanelli and the Alchemical Revival Geneviève Dubois Destiny Books ISBN 978-1-59477-082-1 \$14.95 (CAN \$20.95) pb



Gnostic Philosophy Tobias Churton Inner Traditions ISBN 978-1-59477-035-7 \$24.95 (CAN \$25.95) pb 13,000 copies sold

## Emotion and Healing in the **Energy Body**

A Handbook of Subtle Energies in Massage and Yoga ROBERT HENDERSON

A comprehensive guide to emotional blockages in the energy body and their physical manifestations

- Details how emotional trauma, long-term stress, and environmental influences cause energy blockages in the subtle body that affect the physical body
- Explores more than 30 specific physical ailments, detailing the energetic origins of each condition and which meridians, chakras, and points are affected
- Explains how to interpret and work with energies released in massage and during voga practice

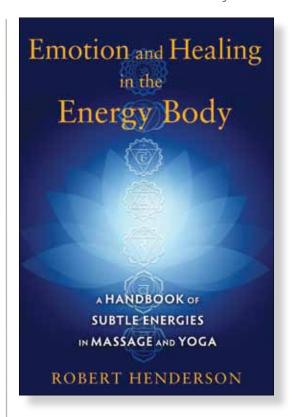
In this comprehensive guide to subtle energy and its associated physical manifestations, Robert Henderson reveals how the discomfort and pain you carry in your physical body is related to the energies of the life you have experienced.

The author explains the eight types of subtle energy: Emotional, which carries anger, fear, love, and other emotions; Mental, which affects patterns of behavior, beliefs, actions, and memories; Spiritual, which influences intuition, inspiration, and transcendent states; Sexual, which affects creativity, spontaneity, and excitement; Environmental, which arises from stress at work, tension at home, and other outside influences; Interpersonal, which comes from interactions with family, lovers, and friends; Ancestral, the energy of the lives of your parents up to the time of your conception; and Karmic, the energy of your past lives.

Detailing how these energies are drawn in by the chakras and distributed throughout the body by the meridians, the author explains how suffering acute emotional trauma or long-term stress causes negative energies to accumulate in the energy body much like fat deposits. Our physical body reacts to these energy blockages, leading to physical conditions such as closed hips, tight hamstrings, digestive distress, chronic pain, and persistent tension in areas like the shoulders. The author explores more than 30 specific physical ailments, providing the energetic origins of each condition, the exact location of the corresponding energy blockage, and which meridians, chakras, and points are affected. He covers sexual energy in depth, explaining how to handle repressed energy as it is released during yoga or massage.

As the author shows, physical ailments caused by the energies of hurtful life events can be healed through massage and yoga, allowing you to become open to the free and spontaneous circulation of energy through the subtle body.

Robert Henderson is a Thai Yoga Massage therapist and energy worker. A student of Asokoananda, Chaiyuth Priyasith, Pichest Boonthumme, and Jasmine Vishnu, he is a member of the Thai Healing Alliance International. He lives and works in Austria.



#### July 2015

Healing Arts Press ISBN 978-1-62055-427-2 \$19.95 (CAN \$23.95) Paper



尾 Also available as an ebook

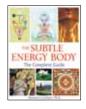
320 pages, 6 x 9 Full-color throughout Rights: World

Spirituality/Energy Medicine

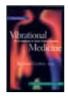


Author Robert Henderson

#### Of Related Interest



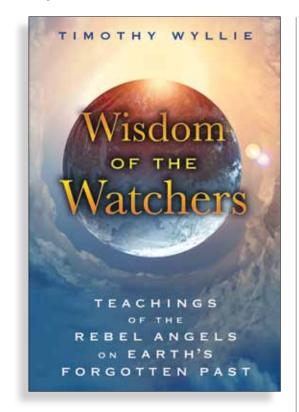
The Subtle Energy Body Maureen Lockhart, Ph.D. **Inner Traditions** ISBN 978-1-59477-339-6 \$29.95 (CAN \$35.95) pb



Vibrational Medicine Richard Gerber, M.D. Bear & Company ISBN 978-1-879181-58-8 \$18.00 (CAN \$25.95) pb 205,000 copies sold



Tuning the Human Biofield Eileen Day McKusick Healing Arts Press ISBN 978-1-62055-246-9 \$16.95 (CAN \$20.50) pb October 2014 release

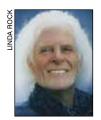


#### July 2015

Bear & Company ISBN 978-1-59143-206-7 \$20.00 (CAN \$23.95) Paper

Also available as an ebook

328 pages, 6 x 9 Includes 8-page color insert Rights: World New Age/Channeling



Author Timothy Wyllie

## Wisdom of the Watchers

Teachings of the Rebel Angels on Earth's Forgotten Past

Writing together with Timothy Wyllie, the angel Georgia details the events of Earth's ancient history from 39,000 BC to 16,500 BC

- Chronicles the destruction of Lemuria, the Pleiadian evacuation of Earth, and the Lemurian diaspora that spread to India, Tibet, China, and South America
- Explains angelic esoteric science, such as the link between spiritual centers on higher planes and ancient monuments on Earth, including the Giza pyramids
- Interwoven throughout with observations about Timothy Wyllie's current and previous lives, such as his long involvement with the Process Church and his interactions with rebel angel incarnates like Timothy Leary

At the time of the revolt among the angels 203,000 years ago, Georgia was among those angels who aligned themselves with Lucifer and the rebels. She has remained on this world with occasional side trips to Zandana, another planet of quarantined rebel angels, since the time of the revolution, taking on the angelic role of Watcher. Writing together with Timothy Wyllie, Georgia provides her personal account of the period on Earth from 39,000 BC to 16,500 BC.

Georgia shares her experiences being present as the Lemurian civilization in the Pacific reached its pinnacle and seismic upheavals overwhelmed its island home of Mu. She describes the elaborate Pleiadian evacuation operation and the Lemurian diaspora, explaining how their belief system took root in India, Tibet, China, and South America. She reveals how the emerging Atlantean civilization, now also collapsed, preyed on the far flung settlements of the Lemurian empire. She explains angelic knowledge of esoteric science, such as the spiritual influence of Venus and the link between spiritual centers on higher planes and ancient monuments on Earth, including the Giza pyramids. Georgia interweaves her story with observations about Timothy Wyllie's current and previous lives, such as his long involvement with the Process Church and his interactions with other a rebel angel incarnates like Timothy Leary.

Georgia shares her words, in part, to awaken some of the 100 million rebel angels currently living their human lives, most unaware of their angelic heritage. She reveals how a mortal incarnation for a rebel angel is an opportunity to redeem her past and help prepare the way for the imminent transformation of global consciousness as the rebellion planets, including Earth, are welcomed back into the Multiverse.

Timothy Wyllie is a graphic artist and writer who specialized in the study of non-human intelligences, such as angels and dolphins, after a near-death experience in 1973. The author of several books, including *The Return of the Rebel Angels*, Confessions of a Rebel Angel, Revolt of the Rebel Angels, and Rebel Angels in Exile, he lives in the high desert of New Mexico.

#### Also by Timothy Wyllie



Revolt of the Rebel Angels Timothy Wyllie Bear & Company ISBN 978-1-59143-174-9 \$20.00 (CAN \$22.95) pb September 2013 release



Confessions of a Rebel Angel Timothy Wyllie Bear & Company ISBN 978-1-59143-147-3 \$22.00 (CAN \$24.95) pb



The Return of the Rebel Angels Timothy Wyllie Bear & Company ISBN 978-1-59143-125-1 \$22.00 (CAN \$24.95) pb

# Revelations of the Ruby Crystal

BARBARA HAND CLOW

#### A debut novel from bestselling author Barbara Hand Clow

- An intricately layered erotic thriller that reveals esoteric teachings on prophecy, power, ritual, and divination
- Includes dramatic insights into the suppressed discoveries of the first Christian heretics and secret power rituals at work in the Vatican
- From the author of The Pleiadian Agenda (93,000 copies sold) and The Mayan Code (54,000 copies sold)

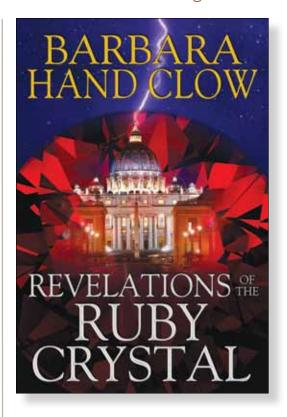
In her debut as a novelist, bestselling author and acclaimed spiritual teacher Barbara Hand Clow weaves an erotically charged story of romance, deep earth forces, psychic powers, aristocracy, and Vatican world control centered on an ancient ruby that inspires mystical visions.

Set in Rome in 2012, the story follows Sarah Adamson, a beautiful young Catholic graduate student from Boston studying at the Vatican Library for her thesis on the first Christian heretic, Marcion of Pontus. She is being courted by two utterly different men: Simon Appel, a descendent of the kabbalist Isaac Luria who covers Vatican affairs for the *New York Times*, and Armando Pierleoni, the heir to an ancient Italian aristocratic family with strong ties to the Vatican. After a terrible encounter with the dark side at a castle in Tuscany, Sarah is given a ring set with a ruby crystal, a powerful stone that was once the third eye of an ancient Buddha statue in Nepal.

With the mystic ring on her finger, Sarah's visionary abilities are ignited. She remembers her past life as the Sibyl of Cumae, a Roman oracle whose powers are now being channeled by the Vatican to maintain world control. As Sarah's research and visions reveal the cause of evil in the Church and Simon's reporting exposes the depth of the sexual abuse scandals surrounding the Vatican, the two form an alliance with an ex-lover of both Simon and Armando, Claudia, who describes secret priestly power rituals going on in Vatican City.

As the heightened energies of the winter solstice of 2012 arrive and 2013 dawns, will Simon and Sarah be able to harness their divine powers for transformation? Will the Vatican seek new direction as it elects a new pope? Revealing the very nature of how evil gets into the world, this novel of romance, mystery, heresy, and spirituality uncovers the esoteric foundations for the emergence of a golden new age.

Barbara Hand Clow is an internationally acclaimed teacher, author, and Mayan Calendar researcher. Her numerous books include *The Pleiadian Agenda, Alchemy of Nine Dimensions*, *Awakening the Planetary Mind*, and *The Mayan Code*. She has taught at sacred sites throughout the world and maintains an astrological web site, www.HandClow2012.com.



#### August 2015

Bear & Company ISBN 978-1-59143-197-8 \$26.00 (CAN \$30.95) **Hardcover** 



464 pages, 6 x 9 8 black-and-white illustrations Rights: World Fiction



Author Barbara Hand Clow

#### Also by Barbara Hand Clow



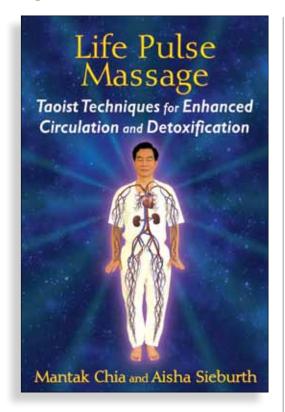
Astrology and the Rising of Kundalini Barbara Hand Clow Bear & Company ISBN 978-1-59143-168-8 \$20.00 (CAN \$22.95) pb 46,000 copies sold



The Pleiadian Agenda Barbara Hand Clow Bear & Company ISBN 978-1-879181-30-4 \$15.00 (CAN \$21.95) pb 94,000 copies sold



Awakening the Planetary Mind Barbara Hand Clow Bear & Company ISBN 978-1-59143-134-3 \$18.00 (CAN \$20.00) pb 22,500 copies sold



#### August 2015

Destiny Books ISBN 978-1-62055-309-1 \$18.95 (CAN \$22.95) Paper

Also available as an ebook

288 pages, 6 x 9 Full-color throughout Rights: World Health/Taoism



Author Mantak Chia



Author Aisha Sieburth

## Life Pulse Massage

Taoist Techniques for Enhanced Circulation and Detoxification

MANTAK CHIA and AISHA SIEBURTH

A fully illustrated guide to abdominal massage for improved cardiovascular health, organ detoxification, and enhanced vital energy

- Includes fully illustrated massage instructions to open restricted blood vessels, direct blood flow for healing, balancing blood pressure, and detoxifying organs
- Details specific massage treatments for many common ailments such as lower back pain, sciatica, asthma, headaches, and reproductive issues
- Explains the ancient art of reading pulses to diagnose organ health
- · Reveals how blood acts as the vehicle for our vital energy

Blood and chi often flow side by side throughout the body, the blood acting as the vehicle for our vital energy. Areas of slow or congested circulation lead to blockages in the flow of vital energy and toxin accumulation in the body. The practice of Life Pulse Massage allows these blockages to be cleared, revitalizing cardiovascular function, detoxifying the organs, and restoring the flow of blood and chi throughout the body.

In this fully illustrated guide to Life Pulse Massage, Master Mantak Chia details abdominal massage practices to open restricted blood vessels, direct blood flow to specific areas for healing, release arterial tension to rebalance high or low blood pressure, and detoxify individual organs and body systems such as the liver, lungs, lymph nodes, and colon. He shows how to clear and activate the master pulses of the navel and aorta and synchronize these master pulses with the 52 pulses of the whole body for optimum circulation and energy balance. He explains the ancient art of reading pulses to diagnose organ health as well as how to recognize internal health states through the unique positions and shapes of the navel.

Detailing specific Life Pulse Massage treatments for many common ailments such as lower back pain, sciatica, asthma, headaches, and reproductive issues, Master Chia shows how liberating the flow of blood and chi can prevent illness before it takes hold, revitalize the organs, and set the stage for optimum health.

Mantak Chia, world-famous Inner Alchemy and Qi Gong master, founded the Universal Healing Tao System in 1979 and has taught and certified tens of thousands of students and instructors all over the world. The director of the Tao Garden Health Spa and Resort in northern Thailand, he is the author of more than 50 books, including *Chi Self-Massage* and *Chi Nei Tsang*. Aisha Sieburth is a senior instructor of the Universal Healing Tao System. She lives and works in Avignon, France, as director of the School of the Tao of Vitality and Soulimet Association.

#### Also by Mantak Chia



Chi Self-Massage Mantak Chia Destiny Books ISBN 978-1-59477-110-1 \$12.95 (CAN \$16.95) pb 20,000 copies sold



The Six Healing Sounds Mantak Chia Destiny Books ISBN 978-1-59477-156-9 \$16.95 (CAN \$19.95) pb 7,700 copies sold



Iron Shirt Chi Kung Mantak Chia Destiny Books ISBN 978-1-59477-104-0 \$16.95 (CAN \$21.95) pb 17,000 copies sold

## Remapping Your Mind

The Neuroscience of Self-Transformation through Story

LEWIS MEHL-MADRONA, M.D., Ph.D., with BARBARA MAINGUY, M.A.

A guide to retelling your personal, family, and cultural stories to transform your life, your relationships, and the world

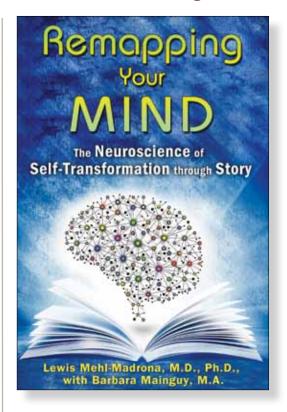
- Applies the latest neuroscience research on memory, brain mapping, and brain plasticity to the field of narrative therapy
- Details mind-mapping and narrative therapy techniques that use story to change behavior patterns in ourselves, our relationships, and our communities
- Explores how narrative therapy can help replace dysfunctional cultural stories with ones that build healthier relationships with each other and the planet

We are born into a world of stories that quickly shapes our behavior and development without our conscious awareness. By retelling our personal, family, and cultural narratives we can transform the patterns of our own lives as well as the patterns that shape our communities and the larger social worlds in which we interact.

Applying the latest neuroscience research on memory, brain mapping, and brain plasticity to the field of narrative therapy, Lewis Mehl-Madrona and Barbara Mainguy explain how the brain is specialized in the art of story-making and story-telling. They detail mind-mapping and narrative therapy techniques that use story to change behavior patterns in ourselves, our relationships, and our communities. They explore studies that reveal how memory works through story, how the brain recalls things in narrative rather than lists, and how our stories modify our physiology and facilitate health or disease. Drawing on their decades of experience in narrative therapy, the authors examine the art of helping people to change their story, providing brain-mapping practices to discover your inner storyteller and test if the stories you are living are functional or dysfunctional, healing or destructive. They explain how to create new characters and new stories, ones that excite you, help you connect with yourself, and deepen your intimate connections with others.

Detailing how shared stories and language form culture, the authors also explore how narrative therapy can help replace dysfunctional cultural stories with those that offer templates for healthier relationships with each other and the planet.

Lewis Mehl-Madrona, M.D., Ph.D., is a physician and executive director of the Coyote Institute for Studies of Change and Transformation. The author of several books, including *Narrative Medicine* and *Coyote Medicine*, he lives in Augusta, Maine. Barbara Mainguy, M.A., is a psychotherapist and education director for the Coyote Institute for Studies of Change and Transformation. She lives in Augusta, Maine.



#### August 2015

Bear & Company ISBN 978-1-59143-209-8 \$18.00 (CAN \$21.50) Paper

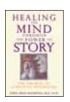
🌌 Also available as an ebook

480 pages, 6 x 9 Rights: World Psychology/Self-Help

Also by Lewis Mehl-Madrona, M.D., Ph.D.



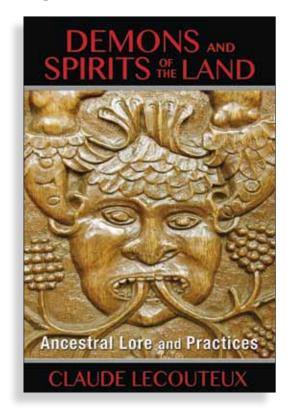
Narrative Medicine Lewis Mehl-Madrona, M.D., Ph.D. Bear & Company ISBN 978-1-59143-065-0 \$22.00 (CAN \$25.00) pb 6,000 copies sold



Healing the Mind through the Power of Story Lewis Mehl-Madrona, M.D., Ph.D. Bear & Company ISBN 978-1-59143-095-7 \$22.00 (CAN \$23.95) pb



Coyote Wisdom
Lewis Mehl-Madrona, M.D., Ph.D.
Bear & Company
ISBN 978-1-59143-029-2
\$16.00 (CAN \$23.95) pb
10,000 copies sold



#### August 2015

Inner Traditions ISBN 978-1-62055-399-2 \$16.95 (CAN \$20.50) Paper

Also available as an ebook

224 pages, 6 x 9 10 black-and-white illustrations Rights: World English Spirituality/Paganism



Author Claude Lecouteux

# Demons and Spirits of the Land

Ancestral Lore and Practices

**CLAUDE LECOUTEUX** 

An exploration of the wild spirits that once roamed the lands and inhabited the waters and the pagan rites used to gain their good will

- Explores medieval stories and folk traditions of brownies, fairies, giants, dragons, will-o'-the-wisps, and demons
- Explains the specific rites performed to negotiate with the local spirits and ensure their permission before building on new land
- · Shows how these beliefs carried through to modern times, especially in architecture

Our pagan ancestors knew that every forest has brownies and fairies, every spring its lady, and every river malevolent beings in its depths. They told tales of giants in the hills, dragons in the lakes, marshes swarming with will-o'-the-wisps, and demons and wild folk in the mountains who enjoyed causing landslides, avalanches, and floods. They both feared and respected these entities, knowing the importance of appeasing them for safe travel and a prosperous homestead.

Exploring medieval stories, folk traditions, spiritual place names, and pagan rituals of home building and site selection, Claude Lecouteux reveals the multitude of spirits and entities that once inhabited the land before modern civilization repressed them into desert solitude, impenetrable forests, and inaccessible mountains. He explains how, to our ancestors, enclosing a space was a sacred act. Specific rites had to be performed to negotiate with the local spirits and ensure proper placement and protection of a new building. These land spirits often became the household spirit, taking up residence in a new building in exchange for permission to build on their territory. Lecouteux explores Arthurian legends, folk tales, and mythology for evidence of the untamed spirits of the wilderness, such as giants, dragons, and demons, and examines the rites and ceremonies used to gain their good will.

Lecouteux reveals how, despite outright Church suppression, belief in these spirits carried through to modern times and was a primary influence on architecture, an influence still visible in today's buildings. The author also shows how our ancestors' concern for respecting nature is increasingly relevant in today's world.

Claude Lecouteux is a former professor of medieval literature and civilization at the Sorbonne. He is the author of numerous books on medieval and pagan beliefs and magic, including *The Book of Grimoires*, *The Tradition of Household Spirits*, A Lapidary of Sacred Stones, and *The Secret History of Poltergeists and Haunted Houses*. He lives in Paris.

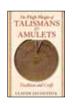
#### Also by Claude Lecouteux



The Book of Grimoires Claude Lecouteux Inner Traditions ISBN 978-1-62055-187-5 \$19.95 (CAN \$22.95) pb December 2013 release



The Tradition of Household Spirits Claude Lecouteux Inner Traditions ISBN 978-1-62055-105-9 \$16.95 (CAN \$19.50) pb



The High Magic of Talismans and Amulets Claude Lecouteux Inner Traditions ISBN 978-1-62055-279-7 \$24.95 (CAN \$29 .95) hardcover May 2014 release

# Astrology in Ancient Mesopotamia

The Science of Omens and the Knowledge of the Heavens

MICHAEL BAIGENT, coauthor of Holy Blood, Holy Grail

A detailed study of the earliest forms of astrology in Mesopotamia and their far-reaching hermetic influences from the Renaissance to the present day

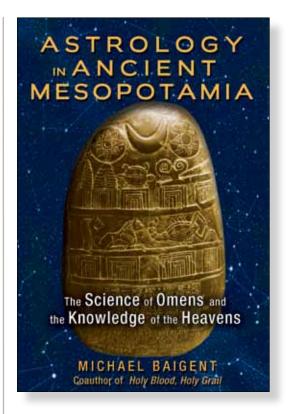
- Reveals the roots of modern astrology in the Babylonian science of omens, which was concerned not with individuals but with the state and king
- · Explores Mesopotamian mythology as it relates to the planets and to astrology
- Traces the hermetic transmission of this knowledge over the centuries from Mesopotamia to Egypt to Renaissance Italy

Among the many significant discoveries excavated from Assyrian king Ashurbanipal's royal library in Nineveh were tablets documenting the development of Mesopotamian astrology, now recognized as the earliest astrological science.

Drawing upon translations of the Nineveh library tablets as well as many other ancient sources, Michael Baigent reveals the roots of modern astrology in the Babylonian science of omens. He explains how astrology in the Babylonian and Assyrian empires was concerned not with individuals but with the king and the state. He shows that by the first dynasty of Babylon, around 1900 to 1600 BC, astrology had become a systematic discipline, the preserve of highly trained specialists intent upon interpreting omens from the movements of planets and stars. He explores Mesopotamian mythology as it relates to the planets and to astrology as well as to Mesopotamian religion, magic, and politics—for the mythology of Babylon and Assyria served the state and thus changed as the state changed. He shows how this ancient form of astrology uniquely represents both Sun and Moon as masculine entities and Saturn (Ninurta) as the principle of order imposed on chaos. He examines the connections between ancient astrology and the symbolism of Western religions, such as how the "Greek" or "Templar" cross may symbolize the Babylonian god Nabu, now known as Mercury.

Tracing the hermetic transmission of this knowledge over the centuries from Mesopotamia to Egypt to Florence, Baigent reveals how the religious and magical aspects of early Babylonian cosmological speculation played a significant role in the Renaissance, influencing prominent figures such as Cosimo de Medici, Marsilio Ficino, and Botticelli.

Michael Baigent (1948–2013) was a researcher and writer best known for his book *Holy Blood*, *Holy Grail*, coauthored with Richard Leigh and Henry Lincoln. He appeared in many documentaries on the origins of Christianity, Freemasonry, and the Grail legends. He was the editor of *Freemasonry Today* from 2001 to 2011 and the author or coauthor of 14 books, including *The Jesus Papers*, *The Dead Sea Scrolls Deception*, and *The Messianic Legacy*.



#### August 2015

Bear & Company ISBN 978-1-59143-221-0 \$18.00 (CAN \$21.50) Paper



Replaces previous edition: From the Omens of Babylon ISBN 978-0-14019-480-7 (Arkana)

272 pages, 6 x 9 Rights: World Spirituality/Esoteric

#### Of Related Interest



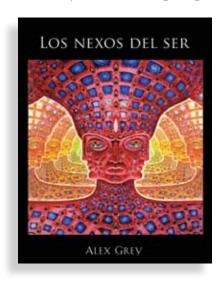
Land of the Fallen Star Gods J. S. Gordon Bear & Company ISBN 978-1-59143-164-0 \$20.00 (CAN \$22.95) pb 7,000 copies sold



The Voynich Manuscript
Gerry Kennedy and Rob Churchill
Inner Traditions
ISBN 978-1-59477-129-3
\$22.95 (CAN \$23.95) pb
7,000 copies sold

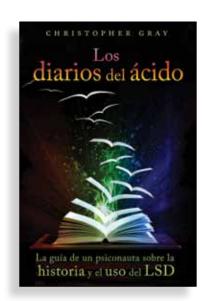


The Secrets of Ancient America Carl Lehrburger Bear & Company ISBN 978-1-59143-193-0 \$25.00 (CAN \$29.95) pb January 2015 release



#### Agosto 2015

[August 2015]
Inner Traditions en Español
ISBN 978-1-62055-391-6
\$30.00 (CAN \$35.95) Rústica
208 páginas, 10½ x 13½
A todo color
Arte/Espiritualidad



#### **Julio 2015**

[July 2015] Inner Traditions en Español ISBN 978-1-62055-466-1 \$16.95 (CAN \$20.50) Rústica 304 páginas, 6 x 9 Espiritualidad/Enteógenos

### Los nexos del ser

[Net of Being]

ALEX GREY y ALLYSON GREY

Cómo el arte visionario de Alex Grey contribuye a la evolución del acervo cultural mediante el uso de símbolos de interconexión

- Se incluyen más de 200 reproducciones de las ilustraciones de Alex Grey
- Contiene fotografías espectaculares en el marco de la colaboración de Alex Grey con el grupo musical de culto TOOL y de sus eventos de pintura en vivo en distintas partes del mundo
- Expone las reflexiones del autor acerca de la evolución de la conciencia mediante el arte, con una nueva simbología del Ser Interconectado
- Ganadora del premio Nautilus de Plata de 2013 en las categorías de fotografía y diseño

La obra *Los nexos del ser*, primer libro de ilustraciones de Alex Grey en diez años, contiene más de 200 imágenes a todo color, entre las que se incluyen pinturas nunca antes reproducidas. Este bello libro documenta el arte de la pintura en vivo del autor, la "Capilla de los espejos sagrados", y las muchas formas en que sus obras han permeado los nexos del ser, que están vivos en nuestra cultura, desde el vestuario y la joyería hasta los tatuajes y los videos musicales. La extraordinaria obra de Alex Grey abre paso a una nueva comprensión de nuestra conciencia compartida y revela la gran influencia que puede tener el arte en la evolución cultural.

### Los diarios del ácido

[The Acid Diaries]

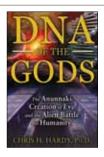
La guía de un psiconauta sobre la historia y el uso del LSD

CHRISTOPHER GRAY

Una exploración sobre las verdades personales y espirituales reveladas mediante el LSD

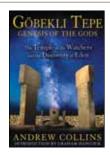
- Indica que las visiones inducidas por el LSD tejen una trama continua de un viaje a otro
- Muestra que los viajes o trances psicodélicos pasan por tres etapas: los temas personales y la conciencia prenatal, la pérdida del ego y, por último, lo sagrado
- Explora el consumo de sustancias psicodélicas a lo largo de la historia, incluidas las alucinaciones masivas comunes en la Edad Media y los primeros usos terapéuticos del LSD

Antes de llegar a los sesenta años, Christopher Gray experimentó un viaje psicodélico con una dosis de LSD de 100 microgramos. Los efectos fueron tan extraordinarios y sorprendentemente agradables, que comenzó a tomar la misma dosis de la misma forma (en la intimidad y a solas) una vez cada dos o tres semanas durante tres años. En *Los diarios del ácido*, Gray relata su sorpresa al darse cuenta de que sus visiones tejían una trama continua de una experiencia psicodélica a otra, pasando por tres etapas: la primera, que trata sobre los temas personales y la conciencia prenatal; la segunda, sobre la pérdida del ego, a menudo con toques de lo sobrenatural; y la tercera, sobre aspectos sagrados y espirituales. *Los diarios del ácido* pone de relieve el potencial del LSD desde el punto de vista del crecimiento transpersonal y el desarrollo espiritual.



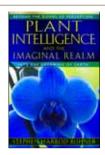
#### DNA of the Gods

The Anunnaki Creation of Eve and the Alien Battle for Humanity CHRIS H. HARDY, Ph.D. ISBN 978-1-59143-185-5 \$18.00 (CAN \$21.95) pb 264 pages, 6 x 9 Includes 8-page color insert and 27 b&w illustrations April 2014 release



### 2. Göbekli Tepe: Genesis of the Gods

The Temple of the Watchers and the Discovery of Eden ANDREW COLLINS ISBN 978-1-59143-142-8 \$24.00 (CAN \$28.95) pb 464 pages, 6.63 x 9.5 Includes 16-page color insert and 84 b&w illustrations



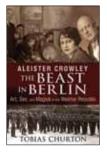
## 3. Plant Intelligence and the Imaginal Realm

Beyond the Doors of Perception into the Dreaming of Earth STEPHEN HARROD BUHNER ISBN 978-1-59143-135-0 \$26.00 (CAN \$31.50) pb 576 pages, 6 x 9 10 b&w illustrations May 2014 release



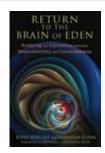
#### In the Dance of Reality

A Psychomagical Autobiography ALEJANDRO JODOROWSKY ISBN 978-1-62055-281-0 \$24.95 (CAN \$29.95) pb 424 pages, 6 x 9 Includes 8-page color insert and 29 b&w plates June 2014 release



### 5. Aleister Crowley: The Beast in Berlin

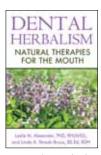
Art, Sex, and Magick in the Weimar Republic TOBIAS CHURTON ISBN 978-1-62055-256-8 \$29.95 (CAN \$35.95) hardcover 432 pages, 6 x 9 Includes 16-page color insert and 55 b&w illustrations June 2014 release



May 2014 release

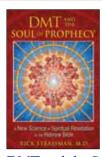
#### 6. Return to the Brain of Eden 7.

Restoring the Connection between Neurochemistry and Consciousness TONY WRIGHT and GRAHAM GYNN ISBN 978-1-62055-251-3 \$18.95 (CAN \$22.95) pb 304 pages, 6 x 9 14 b&w illustrations June 2014 release



#### Dental Herbalism

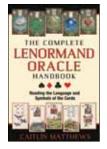
Natural Therapies for the Mouth LESLIE M. ALEXANDER, PhD, RH(AHG), and LINDA A. STRAUB-BRUCE, BS Ed, RDH ISBN 978-1-62055-195-0 \$19.95 (CAN \$23.95) pb 488 pages, 6 x 9 Includes 8-page color insert and 50 b&w illustrations July 2014 release



## 8. DMT and the Soul of Prophecy

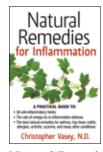
Revelation in the Hebrew Bible RICH STRASSMAN, M.D. ISBN 978-1-59477-342-6 \$19.95 (CAN \$23.95) pb 352 pages, 6 x 9 October 2014 release

A New Science of Spiritual



### 9. The Complete Lenormand Oracle Handbook

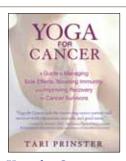
Reading the Language and Symbols of the Cards CAITLÍN MATTHEWS ISBN 978-1-62055-325-1 \$19.95 (CAN \$23.95) pb 416 pages, 6 x 9 Includes 32-page color insert and 80 b&w illustrations October 2014 release



## 10. Natural Remedies for Inflammation

CHRISTOPHER VASEY, N.D. ISBN 978-1-62055-323-7 \$14.95 (CAN \$17.95) pb 176 pages, 5.38 x 8.25 48 color illustrations

December 2014 release



#### 11. Yoga for Cancer

A Guide to Managing Side Effects, Boosting Immunity, and Improving Recovery for Cancer Survivors TARI PRINSTER

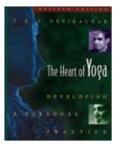
ISBN 978-1-62055-272-8 \$19.95 (CAN \$23.95) pb 256 pages, 8 x 10 67 b&w illustrations December 2014 release



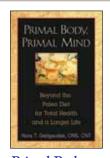
### 12. The Secrets of Ancient America

Archaeoastronomy and the Legacy of the Phoenicians, Celts, and Other Forgotten Explorers CARL LEHRBURGER

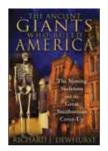
ISBN 978-1-59143-193-0 \$25.00 (CAN \$29.95) pb 528 pages, 6.63 x 9.5 Includes 16-page color insert and 320 b&w illustrations January 2015 release



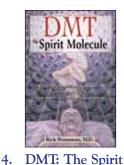
1. The Heart of Yoga
Developing a Personal
Practice
T. K. V. DESIKACHAR
ISBN 978-0-89281-764-1
\$19.95 (CAN \$28.95) pb
272 pages, 8 x 10
100 b&w photographs and
200 b&w illustrations
210,000 copies sold



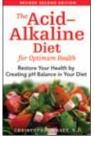
2. Primal Body,
Primal Mind
Beyond the Paleo Diet for
Total Health and a Longer Life
NORA T. GEDGAUDAS, CNS, CNT
ISBN 978-1-59477-413-3
\$19.95 (CAN \$23.50) pb
416 pages, 6 x 9
28 b&w illustrations
75,000 copies sold



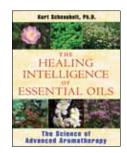
The Ancient Giants
Who Ruled America
The Missing Skeletons and the
Great Smithsonian Cover-Up
RICHARD J. DEWHURST
ISBN 978-1-59143-171-8
\$20.00 (CAN \$22.95) pb
368 pages, 6 x 9
92 b&w illustrations
15,000 copies sold



Molecule
A Doctor's Revolutionary
Research into the Biology
of Near-Death and
Mystical Experiences
RICK STRASSMAN, M.D.
ISBN 978-0-89281-927-0
\$16.95 (CAN \$24.95) pb
384 pages, 6 x 9 •14 b&w illustrations



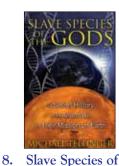
5. The Acid–Alkaline Diet for Optimum Health (Revised Second Edition) Restore Your Health by Creating pH Balance in Your Diet CHRISTOPHER VASEY, N.D. ISBN 978-1-59477-154-5 \$12.95 (CAN \$16.50) pb 208 pages. 5.38 x 8.25



The Healing Intelligence of Essential Oils
The Science of Advanced Aromatherapy
KURT SCHNAUBELT, Ph.D.
ISBN 978-1-59477-425-6
\$19.95 (CAN \$22.50) pb
240 pages, 8 x 10
Full-color throughout
20,000 copies sold

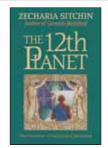


Refused to Die
The Anunnaki and the
Search for Immortality
ZECHARIA SITCHIN
ISBN 978-1-59143-177-0
\$24.00 (CAN \$27.50) hardcover
256 pages, 6 x 9
September 2013 release



128,000 copies sold

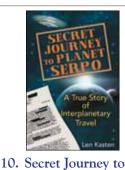
the Gods
The Secret History of the
Anunnaki and Their Mission
on Earth
MICHAEL TELLINGER
ISBN 978-1-59143-151-0
\$25.00 (CAN \$28.95) pb
576 pages, 6.63 x 9.5
104 b&w illustrations
14,000 copies sold



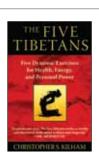
162,000 copies sold

9. The 12th Planet
(Book I)

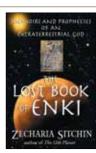
ZECHARIA SITCHIN
ISBN 978-0-939680-88-7
\$24.00 (CAN \$34.95) hardcover
384 pages, 6 x 9
31,000 copies sold



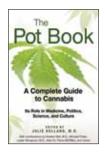
Planet Serpo
A True Story of
Interplanetary Travel
LEN KASTEN
ISBN 978-1-59143-146-6
\$18.00 (CAN \$20.95) pb
304 pages, 6 x 9
Includes 16-page color insert
and 57 b&w illustrations
12.000 copies sold



11. The Five Tibetans (New Edition)
Five Dynamic Exercises for Health, Energy, and Personal Power
CHRISTOPHER S. KILHAM
ISBN 978-1-59477-444-7
\$9.95 (CAN \$10.95) pb
96 pages, 5.38 x 8.25
18 b&w photographs
135,000 copies sold

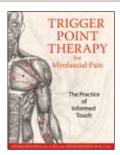


12. The Lost Book of Enki Memoirs and Prophecies of an Extraterrestrial God ZECHARIA SITCHIN ISBN 978-1-59143-037-7 \$16.00 (CAN \$23.95) pb 336 pages, 6 x 9 14 b&w illustrations 78,000 copies sold



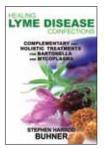
#### 13. The Pot Book

A Complete Guide to Cannabis Edited by JULIE HOLLAND, M.D. ISBN 978-1-59477-368-6 \$19.95 (CAN \$23.50) pb 576 pages, 6 x 9 7 b&w illustrations 23,000 copies sold



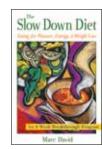
### 14. Trigger Point Therapy for Myofascial Pain

The Practice of Informed Touch DONNA FINANDO, L.Ac., L.M.T. STEVEN FINANDO, Ph.D., L.Ac. ISBN 978-1-59477-054-8 \$19.95 (CAN \$26.95) pb 256 pages, 8.38 x 10.88 147 two-color illustrations



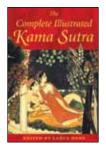
## 15. Healing Lyme Disease Coinfections

Complementary and Holistic Treatments for Bartonella and Mycoplasma STEPHEN HARROD BUHNER ISBN 978-1-62055-008-3 \$19.95 (CAN \$22.95) pb 512 pages, 6 x 9 10,000 copies sold



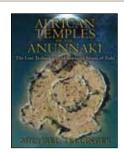
### **16.** The Slow Down Diet Eating for Pleasure, Energy,

and Weight Loss
MARC DAVID
ISBN 978-1-59477-060-9
\$14.95 (CAN \$19.95) pb
208 pages, 6 x 9
30,000 copies sold



## 17. The Complete Illustrated Kama Sutra

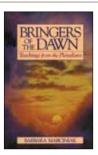
Edited by LANCE DANE ISBN 978-0-89281-138-0 \$25.00 (CAN \$36.50) hardcover 320 pages, 6.5 x 9.25 269 color illustrations 90,000 copies sold



78,000 copies sold

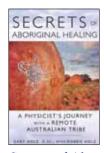
## 18. African Temples of the Anunnaki

The Lost Technologies of the Gold Mines of Enki MICHAEL TELLINGER ISBN 978-1-59143-150-3 \$25.00 (CAN \$28.95) pb 240 pages, 8 x 10 Full-color throughout May 2013 release



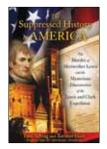
#### 19. Bringers of the Dawn

Teachings from the Pleiadians BARBARA MARCINIAK ISBN 978-0-939680-98-6 \$14.00 (CAN \$20.50) pb 288 pages, 5.5 x 8.5 292,000 copies sold



## 20. Secrets of Aboriginal Healing

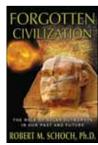
GARY HOLZ, D.Sc., with ROBBIE HOLZ ISBN 978-1-59143-175-6 \$15.00 (CAN \$17.50) pb 128 pages, 6 x 9 September 2013 release



## 21. The Suppressed History of America

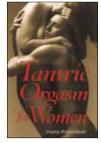
The Murder of Meriwether Lewis and the Mysterious Discoveries of the Lewis and Clark Expedition PAUL SCHRAG and XAVIANT HAZE
ISBN 978-1-59143-122-0

ISBN 978-1-59143-122-0 \$15.00 (CAN \$17.50) pb 176 pages, 6 x 9 15,000 copies sold



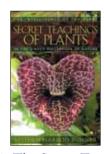
#### 22. Forgotten Civilization

The Role of Solar Outbursts in Our Past and Future ROBERT M. SCHOCH, Ph.D. ISBN 978-1-59477-497-3 \$18.95 (CAN \$21.95) pb 384 pages, 6 x 9 Includes 16-page color insert 11,000 copies sold



## 23. Tantric Orgasm for Women

DIANA RICHARDSON ISBN 978-0-89281-133-5 \$14.95 (CAN \$21.95) pb 224 pages, 6 x 9 41 b&w illustrations 26,000 copies sold



### 24. The Secret Teachings of Plants

The Intelligence of the Heart in the Direct Perception of Nature STEPHEN HARROD BUHNER ISBN 978-1-59143-035-3 \$18.95 (CAN \$23.95) pb 336 pages, 6 x 9 4 b&w illustrations 37,000 copies sold

#### Distributors

#### **United States**

Baker & Taylor (All locations)
Bookazine (Bayonne, NJ)
Brodart (Williamsport, PA)
Ingram (All locations)
Integral Yoga (Buckingham, VA)
Last Gasp (San Francisco, CA)
Lotus Light (Silverlake, WI)
New Leaf (Lithia Springs, GA)
Nutri-Books (Denver, CO)
Partners West (Renton, WA)
Quality Books (Oregon, IL)
SEBCO Books (Pembroke Park, FL)
Unique Books (St. Louis, MO)

#### Australia

Brumby Sunstate
32/37 Mortimer Road
Acacia Ridge QLD 4110
(617) 3255-5552
FAX (617) 3255-5553
Email: orders@brumbysunstate.com.au

#### Canada

Inner Traditions Canada 284 St. Clements Avenue Toronto, Ontario M4R 1H5 Canada (416) 487-7928 1-877-587-7928 (within Canada only) FAX (416) 487-7281 Email: alanz@innertraditions.com

#### United Kingdom

#### Trade

Simon & Schuster UK Ltd.
1st Floor
222 Grays Inn Road
London WC1X 8HB
United Kingdom
(44 207) 316 1900
FAX (44 207) 316 0332
For UK Orders Tel (44-141) 306-3100
Email:
Uk.sales@simonandschuster.co.uk

#### Specialty and Gift

Deep Books, Ltd.
Unit 3, Goose Green Trading Estate
47 East Dulwich Road
London SE22 9BN
United Kingdom
(44-208) 693-0234
FAX (44-208) 693-1400
Email: sales@deep-books.co.uk

#### India

Simon & Schuster India
2316, Tower-A
The Corenthum
A-41, Sector -62
Noida - 201301
India
(91) 120 4089389
Email:
rahul.srivastava@simonandschuster.co.in

## Latin America and Carribean

Lauren Weidner
Simon & Schuster International
1230 Avenue of the Americas
New York, NY 10020
(212) 698-1137
FAX (212) 698-7617
Email:
lauren.weidner@simonandschuster.com

#### New Zealand

Akasha Books Limited P.O. Box 56 Paraparaumu 5254, New Zealand (64-4) 296-1551 (0800) 252-742 (within NZ only) FAX (64-4) 298-4555 FAX (0800) 845-738 (within NZ only) Email: info@akasha.co.nz or sales@akasha.co.nz

#### South Africa

Real Books
PO. Box 1040
Auckland Park, South Africa 2006
(27-11) 403 3700
FAX (27-11) 339 3169
Email: info@realbooks.co.za

## Asia and All Other Countries

Simon & Schuster International Sales 1230 Avenue of the Americas New York, NY 10020 001-212-698-2335 FAX 001-212-698-7617 Email: purchaseorders@simonandschuster.com

#### Translation Rights, Permissions, and Subsidiary Rights

For information contact: Cynthia More, Rights Director Inner Traditions • Bear & Company Email: cynthiam@InnerTraditions.com

#### Foreign Agents

#### Karin Schindler

Rights Representative Caixa Postal 19051 04505-970 São Paulo SP, BRAZIL (55) 11-5041-9177 FAX (55) 11-5041-9077 Email: kschind@terra.com.br

#### Marcin Biegaj

Graal Literary Agency ul. Pruszkowska 29 lok. 252 02-119 Warszawa, POLAND (48) 22-895-2000 FAX (48) 22-895-2001 Email: marcin@graal.com.pl

#### Christian Schweiger

Agence Schweiger Pech Picou 46090 Vers, FRANCE (33) 964-286-880 Tel & FAX: (33) 565-313-918 Email: christian@schweiger.fr

#### Lucie Poláková

Andrew Nurnberg Associates Prague Jugoslávských partyzánů 17 160 00 Praha 6 CZECH REPUBLIC Tel & FAX: (420) 779 501 825 Email: polakova@nurnberg.cz

#### Franka Zastrow

Thomas Schlück GmbH Hinter der Worth 12 30827 Garbsen, GERMANY (49) 89-50 07 70 85 FAX (49) 89-50 07 70 89 Email: f.zastrow@schlueckagent.com

#### Stefania Fietta

Agenzia Letteraria Internazionale srl Via Valpetrosa 1, 20123 Milano, ITALY (39) 02-865445 FAX (39) 02-876222 Email: fietta@aglettinternazionale.it

#### Naomi Mizuno

Tuttle-Mori Agency, Inc.
4F, 2-17 Kandajimbo-cho
Chiyoda-ku, Tokyo, 101-0051 JAPAN
(81) 3-3230-4379
FAX (81) 3-3230-7077
Email: naomi@tuttlemori.com

#### Alexander Korzhenevski

Alexander Korzhenevski Agency 7th Parkovaya 28-100 Moscow 105264 RUSSIA Tel & FAX: (7-499) 463-4412 Email: alex.akagency@gmail.com

#### Isabel Monteagudo

International Editors' Co. S.A.
Provenca, 276, 1º
08008 Barcelona, SPAIN
(34) 93-2158812
FAX (34) 93-4873583
Email: ieco@internationaleditors.com

For agents in Argentina, Baltic States, Bulgaria, Canada, China, Croatia, Greece, Hungary, Israel, Korea, Portugal, Romania, Taiwan, Thailand, The Netherlands, and Turkey, go to http://store.innertraditions.com/ translationRights or contact Cynthia More, Rights Director.

#### Movie and Television Rights

Al Zuckerman, Writers House, Inc. 21 West 26th Street, New York, NY 10010 (212) 685-2400, FAX (212) 685-1781 Email: azuckerman@writershouse.com

#### Ordering Information

#### **US** orders

Mail: Simon & Schuster, Inc. 100 Front Street Riverside, NJ 08075

#### Email:

purchaseorders@simonandschuster.com

Fax: 800-943-9831

Customer Service: 800-223-2336 Pubnet S&S SAN: 256-6044 EDI S&S SAN: 200-2442

#### Returns

Simon & Schuster, Inc. c/o Jacobson Logistics 4406 Industrial Park Road (Bldg. 7) Camp Hill, PA 17011

Truckload shipments must call for an appointment: 800-967-3914 ext. 5318

#### Publishing Offices

Inner Traditions • Bear & Company
One Park Street
Rochester, Vermont 05767
(802) 767-3174 • FAX (802) 767-3726
info@InnerTraditions.com

#### Gift and Specialty

#### (VT, NH, MA, CT, ME, RI)

#### **Allan Vayle Enterprises**

2 Cabot Road Hudson, MA 01749 (800) 253-5567 FAX (877) 781-2751 Email: sales@allanvayle.com

#### (NJ, NY, PA)

Joe Werfelman

#### Joe Werfelman Enterprises

P.O. Box 399 Sciota, PA 18354 (570) 688-8680 FAX (570) 992-3563

Email: sunandmoonaquarian@yahoo.com

#### (IL, IN, IA, MO, WI)

Ace & Lisa Monroe

#### **Spirit Sales Ltd**

2189 N IL Route 83

PMB 296

Round Lake Beach, IL 60073 (800) 774-0301

Mobile 773-216-7033

FAX (888) 774-0099 Email: innertrad@spiritsales.com

#### (CA, NV, AZ, HI)

William Stroup

#### U.S. Reps & Magick Marketing

P.O. Box 971 Redondo Beach, CA 90277 (310) 316-6772

(800) 888-2768 (phone and fax)

Email: usreps@aol.com

# Catalog and Wholesale

#### Jessica Arsenault

Inner Traditions
P.O. Box 388
Rochester, VT 05767
(802) 767-3174 ext. 118
FAX (802) 767-3726
Email: jessa@innertraditions.com

#### **Book Trade**

#### Northeast:

ME, NH, VT, NY, CT, RI, MA, DC, PA, DE, NJ, MD

### Parson Weems Publisher Service (main office)

Causten Stehle (Manager) 55 McKinley Ave., #D214 White Plains, NY 10606 (914) 948-4259 FAX (866) 861-0337 Email: office@parsonweems.com

Christopher Kerr

Eileen Bertelli

565 Broadway, 5A Hastings-on-Hudson, NY 10706-1712 (914) 478-5751 (phone and fax)

Email: chriskerr@parsonweems.com

48 Wayayanda Road Warwick, NY 10990-3339 (845) 987-7233 Email: eileenbertelli@parsonweems.com

Linda Cannon 3811 Canterbury Road, #707 Baltimore, MD 21218-2303 (724) 513-9426 FAX (866) 583-2066

Email: lindacannon@parsonweems.com

#### Midwest:

KS, MO, KY, OH, IN, NE, IA, IL, MN, WI, MI, ND, SD

#### Wybel Marketing Group, Inc.

Terry Wybel 213 West Main Street Barrington, IL 60010 (847) 382-0384, x13 FAX: (847) 382-0385 Email: wybelt@wybel.com

Ron Prazuch 213 West Main Street Barrington, IL 60010 (847) 382-0384, x15 FAX: (847) 382-0385 Email: prazur@wybel.com

Bill McGarr 5692 Heathwood Ct. Taylor Mill, KY 41015 (859) 356-9295 FAX: (859) 356-7804 Email: wdmcgarr@aol.com

Sheri Wybel 213 West Main Street Barrington, IL 60010 (847) 382-0384, x11 FAX: (847) 382-0385 Email: wybels@wybel.com

#### Northwest:

No. CA, WA, OR, NV, MT, ID, AK, HI

#### Karel/Dutton Group

Howard Karel
Ellen Towell
3145 Geary Blvd #619
San Francisco, CA 94118
(415) 668-0829
FAX (415) 668-2463
Email: hkarel@comcast.net
Bob Harrison

Bob Harrison 10115 Greenwood Avenue N. PMB 264 Seattle, WA 98133 (206) 542-1545 FAX (206) 546-5716

Email: bharrison451@earthlink.net

Lise Solomon 1047 Stannage Ave. Albany, CA 94706 (510) 900-1088 FAX (510) 528-0254 Email: lisesolomon@sonic.net

#### Southwest:

So. CA, AZ, CO, NM, UT, WY, NV

#### Karel/Dutton Group

Dory Dutton

John Breckow
111 Pueblito Road
Corrales, NM 87048
(818) 269-4882
FAX (480) 247-5158
Email:
dory.dutton@valleyvillagemail.com

#### South:

AL, AR, FL, GA, LA, MS, NC, OK, SC, TN, TX, VA

### Southern Territory Associates (main office)

Judy Stevenson (Main Office Contact) 4508 64th Street Lubbock, TX 79414 (806) 799-9997 FAX (806) 799-9777 Email: sta77@suddenlink.net

Janet Fairchild 3929 Sadlersville Rd. Adams, TN 37010 (931) 358-9446 FAX (931) 358-5892 Email: jhfsta@aol.com

Geoff Rizzo 1393 S.E. Legacy Cove Circle Stuart, FL 34997 (772) 223-7776 FAX (772) 223-7131 Email: rizzosta@yahoo.com

Angie Smits 706 Magnolia Street Greensboro, NC 27401 (336) 574-1879 FAX (336) 275-3290 Email: hasmits@aol.com

Rayner Krause 3612 Longbow Lane Plano, TX 75023 (972) 618-1149 FAX (972) 618-1149 Email: knrkrause@aol.com

Teresa Rolfe Kravtin 120 Red Oak Trail Lagrange, GA 30240 (706) 882-9014 FAX (706) 882-4105 Email: trkravtin@charter.net

Tom Caldwell PMB 492 6221 S. Clairborne Avenue New Orleans, LA 70125 (773) 450-2695 Email: tomcaldwell79@gmail.com Change Service Requested

Prsrt Std U.S. Postage PAID Inner Traditions

#### Receive your catalog electronically!

Sign up for digital delivery at www.InnerTraditions.com/signup



# Spring/Summer 2015 Catalog Our Publishing Imprints



#### **Inner Traditions**

Works representing the spiritual, cultural, and mythic traditions of the world, focusing on inner wisdom and the perennial philosophies.



Bear & Company
Books to celebrate and
heal the Earth.



#### Bear Cub Books

Books for kids that feed the growing mind, body, and spirit.



#### Healing Arts Press

Works on alternative medicine and holistic health that combine contemporary thought and innovative research with the accumulated knowledge of the world's great healing traditions.



#### **Destiny Books**

New Age and metaphysical titles with special emphasis on self-transformation, the occult, and psychological well-being.



#### **Destiny Recordings**

CDs of exemplary music drawn from the spiritual and indigenous traditions of the world.



#### Bindu Books

Making the point for teens. Books on spirituality and self-transformation especially for young adults.



#### Park Street Press

Books that enhance our understanding of the world in which we live and that improve our quality of life, including psychology, entheogens, environmental issues, gender studies, and New Science.



## Inner Traditions en Español

Our Spanish-language publishing program includes popular titles from a variety of Inner Traditions imprints.



#### View this catalog online

For a complete view of our publishing program go to www.lnnerTraditions.com



Printed on Recycled Paper



Printed and bound in the United States